

Dr. Frank Ranelli  
Superintendent of Schools  
Deborah I. Dawson, Psy.D.  
Supervisor of K-8 Counseling and Health Services

### Health History/Record Update

Pupil's Name \_\_\_\_\_  
Last First Middle Grade (as of September)

Address \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_

Father's Name \_\_\_\_\_ Home Telephone \_\_\_\_\_ Cell # \_\_\_\_\_

Mother's Name \_\_\_\_\_ Home Telephone \_\_\_\_\_ Cell # \_\_\_\_\_

Guardian \_\_\_\_\_ Home Telephone \_\_\_\_\_ Cell # \_\_\_\_\_

The information provided in this update takes the place of any previous information. Health information will be shared with essential staff to assist in your child achieving educational goals.

HEALTH HISTORY		DATE	HEALTH HISTORY		DATE	HEALTH HISTORY		DATE
Allergy - Specify	Y N		Eczema	Y N		Injuries/Broken Bones/Stitches (List)		
			Eyeglasses/Contacts	Y N				
			Hearing Aid	Y N				
			Hearing Difficulties	Y N				
			Heart Disease	Y N				
Asthma	Y N		Hepatitis	Y N				
Autism Spectrum Disorder	Y N		Hematological Disorder	Y N		Operations (List)		
Auto Immune Disorders	Y N		Juvenile Rheumatoid Arthritis	Y N				
Chronic Otitis Media (Ear Infection)	Y N		Lyme Disease	Y N				
Congenital Disorder	Y N		Mononucleosis	Y N				
Convulsive Disorder	Y N		Neuromuscular Disorder	Y N		Hospitalizations (List)		
Diabetes	Y N		Strep Infections	Y N				
Drug Allergies - Specify	Y N		Other Illnesses - Specify	Y N				

**MEDICAL RESTRICTIONS (Attach Physician's Note)**

**CURRENT MEDICATIONS (Prescriptions, Inhaler, EpiPen, etc.)**


**List all Children in Family (Oldest to Youngest)**

Last Name/First Name	Birthdate	Last Name/First Name	Birthdate

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Any additional information can be attached to this form.



**PISCATAWAY  
TOWNSHIP SCHOOLS**

Dr. Frank Ranelli  
Superintendent of Schools

1515 Stelton Road  
Piscataway, NJ 08854  
732 572-2289 x2520  
Fax 732 572-4577  
www.piscatawayschools.org

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Dear Parents/Guardians:

Food allergies affect children in many ways, with reactions ranging from itching or a rash to hives and difficulty breathing. If you notify us of your child's food allergy, food service personnel will be alerted when your child checks out in the food line.

Please complete the form below and return it to the school nurse, who in turn will send the form to Sodexo School Services at the High School (732-981-0700 ext. 2289). **A new form must be completed each school year.** Once the form is returned, the allergy information will be entered into the computer system by Sodexo's staff. The food allergy information will be entered onto your child's health record as well. **If your child cannot drink milk and you would like to substitute juice for milk, a doctor's note is required.** Please attach the note from your child's doctor to this form when you return it to the nurse.

When your child enters his/her ID number at check out a "Dietary Notice" of food allergies will appear. This alerts food service personnel that this food item should not appear on your child's tray. If it does, food service personnel will remove the food and talk with your child.

You should be aware, however, that this system may not identify allergens that are ingredients in other foods, such as chicken nuggets or baked goods.

It is hoped that this service will assist with the health and well being of your child. However, this service is not intended to replace parental responsibility for insuring that their child makes appropriate food selections from the school cafeteria.

Sincerely,  
*Deidre Ortiz*  
Director of Pupil Services

*Jim Giannakis*  
Sodexo Food Service Manager

**Complete and Return to the Nurse at Your Child's School**

**A new form must be completed each school year.**

\* \* \* \* \*

\_\_\_\_\_  
Child's Name ID Number School Grade

\_\_\_\_ My Child has the following **food allergies** (do not include personal, religious or cultural preference):

\_\_\_\_ My child has no food allergies.

I understand that this information will be entered into the Sodexo School Services system and onto my child's health record.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date



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**PHYSICAL EXAMINATION FORM**

Pupil's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Immunizations DTP \_\_\_\_\_ DT \_\_\_\_\_ Td \_\_\_\_\_ Tdap \_\_\_\_\_

Polio \_\_\_\_\_ Meningococcal \_\_\_\_\_

MMR \_\_\_\_\_ MMR \_\_\_\_\_ Hep B \_\_\_\_\_ Heb B \_\_\_\_\_ Hep B \_\_\_\_\_

Varicella \_\_\_\_\_ HIB \_\_\_\_\_ PCV \_\_\_\_\_

Pneumococcal Conjugate \_\_\_\_\_ Influenza \_\_\_\_\_

Mantoux Tuberculin Skin Test: Date Administered \_\_\_\_\_ Date Read \_\_\_\_\_ Results \_\_\_\_\_ mm

Last Lead Test \_\_\_\_\_ Lead Test Results \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Hearing \_\_\_\_\_ Vision \_\_\_\_\_

Nutrition \_\_\_\_\_ Skin \_\_\_\_\_ Head \_\_\_\_\_ Eyes \_\_\_\_\_ Ears \_\_\_\_\_ Nose \_\_\_\_\_

Oral (Teeth/Gums) \_\_\_\_\_ Throat \_\_\_\_\_ Neck \_\_\_\_\_ Heart \_\_\_\_\_ Lungs \_\_\_\_\_

Abdomen/Hernia \_\_\_\_\_ Genitalia \_\_\_\_\_ Extremities \_\_\_\_\_ Orthopedic \_\_\_\_\_

Scoliosis \_\_\_\_\_ Remarks \_\_\_\_\_ Neurological \_\_\_\_\_ CBC \_\_\_\_\_ Urinalysis \_\_\_\_\_

History of Illness/Injury \_\_\_\_\_

Medication \_\_\_\_\_

Participation in Physical Education/Sports/Activities \_\_\_\_\_

Remarks/Impressions/Summary \_\_\_\_\_

Physician's Signature \_\_\_\_\_

Date of Exam \_\_\_\_\_



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**MEDICATION ADMINISTRATION REQUEST**

Student's Name \_\_\_\_\_

Grade \_\_\_\_\_ Date of Birth \_\_\_\_\_ Teacher/Homeroom \_\_\_\_\_

TO BE FILLED OUT BY HEALTHCARE PROVIDER:

Please administer the following medication  
to the above-named student as prescribed below:

Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Time to be Administered \_\_\_\_\_

Start Date \_\_\_\_\_ Stop Date \_\_\_\_\_

Diagnosis \_\_\_\_\_

Possible Side Effects \_\_\_\_\_

If PRN, for signs and symptoms \_\_\_\_\_

**Healthcare Provider Stamp below:**

\_\_\_\_\_  
Signature of Healthcare Provider

Date Effective \_\_\_\_\_

TO BE FILLED OUT BY PARENT/GUARDIAN:

\_\_\_\_\_ My child is to receive the prescribed medication on "half days".

\_\_\_\_\_ My child is **not** to receive the prescribed medication on "half days".

I request that the above medication be administered to my child.

\_\_\_\_\_  
Signature of Parent/Guardian Date \_\_\_\_\_

This completed form, along with the medication, must be hand delivered to the school nurse by the parent/guardian. For safety and the prevention of errors, pupils may not carry medication with them during the school day. The medication must be in the original container and labeled by the pharmacy or medical provider if it is a prescription medication.

REQUESTS ARE EFFECTIVE FOR ONE SCHOOL YEAR ONLY AND MUST BE  
RENEWED ANNUALLY