



TIPS FOR CALLIBRI HEADBAND



CHECK THE FIT OF YOUR HEADBAND

- If the headband is too loose, the sensors will not be able to connect to your scalp.
- Headbands that are too tight are uncomfortable and can pull the sensors out of place.
- Your headband should fit snugly and securely while still feeling comfortable.



MAKE SURE THE SENSORS ARE THROUGH YOUR HAIR

- Massage the sensors through your hair so they make good contact with your scalp.
- Try wearing your hair half-up or in a ponytail so that it does not impede the sensors from contacting the back of your head.



TRY USING SOME WATER

- Wet the pads that surround the sensors with water (just until they're damp). Do not use saline or other liquids.
- Use a spray bottle or dropper to wet the hair and scalp where the sensor sits. Do not use saline or other liquids.
- Try with damp hair after a bath or shower.
- Avoid getting the battery compartment/charging port wet.



CHECK TO ENSURE THE SENSORS ARE NOT OBSTRUCTED

- If you wear glasses, make sure the sensors are not touching the arms of your glasses.
- Remove the pads from around the sensors to see if that helps with scalp contact.



GET HELP FROM YOUR CARE PROVIDER

- If you are not successful, contact your care provider.
- Your care provider can view your EEG during a Live Session to see the signal in real-time to help you obtain good signal quality.