

Save *the* Date

MUSIC & *Mindfulness*

September 22nd, 2022 | 9:00am – 12:00pm

In Person | CENTRE FOR THE ARTS, Toyota Room

Virtual | EVENTBRITE, search Music and Mindfulness

See cambridgecoa.ca/events for details.



Music by:

Eric Bolton, Guitar

Tuxedo Bluegrass Boys, Band



Featuring | **Dr. Mitch Abrams**

Director of Medical Humanities, Canadian
International Exchange Program

