

Recommendations Specific for The City of Cambridge	Completed	In Progress	Not Initiated
Accessibility of service		x	
Handbook for seniors; include transportation- Age friendly regional information	X		
Central source of information for older adults is promoted + made available in a variety of formats that meet the diverse needs of the older adult population		x	
Websites, especially the City's, be re-designed with plain language, big buttons, videos, and large font		x	
Available in different formats; print; electronic; CC etc.		x	
Information needs to be easily accessed & understandable (i.e. Plain language)		x	
Face-to-face network of service providers for seniors (seniors centre)		x	
Print-based service info readily available		x	
Captioned telephones available			x
That the City of Cambridge provide more incentives to develop age friendly housing as well as more affordable housing		x	
That the City of Cambridge designate and Ombudsman/person advocate, a senior specialist to be the dedicated senior issue person for information trends + gap monitoring			x
That the City of Cambridge promote the information to older adults that is available Regionally for renovations + home adaption / safety supports	X		
Pet friendly housing			x
Must be kept affordable - i.e. Property taxes flat lined for seniors on limited pensions, or fully tax deductible			x
That the City of Cambridge designate an Ombudsperson; dedicated "older adult issue" person for info			x
That organizations, business, community projects, school boards & City of Cambridge build opportunities to connect older adults and youth. Provide learning opportunities for youth around aging...		X	
All organizations in Cambridge include older adults to plan, develop, and deliver projects; empowerment			x
Centralized Seniors Centre - dedicated to providing information for all seniors' services in the area - seniors can phone or e-mail and get the information they need		x	
More opportunity for older adults to have communication in the community		x	
Intergenerational opportunities - planned, priority for school boards + Region		X	
Separate bicycle lanes on busy roads from vehicle lanes; eliminate sloped driveway access over sidewalks so more level for walking and wheelchairs		x	
That traffic flow is better balanced for pedestrians of all abilities and drivers (i.e. Countdown pedestrian lights, traffic signals timed to accommodate drivers going the speed limit)		x	
Improve pedestrian friendly		x	
Sidewalks + roads well maintained and well lit		x	

Recommendations Specific for Waterloo Region	Completed	In Progress	Not Initiated
Accessibility of service		x	
Handbook for seniors; include transportation		x	
Central source of information for older adults is promoted + made available in a variety of formats that meet the diverse needs of the older adult population	X		
Websites, especially the City's, be re-designed with plain language, big buttons, videos, and large font		x	
Available in different formats; print; electronic; CC etc.		x	
Information needs to be easily accessed & understandable (i.e. Plain language)		x	
Face-to-face network of service providers for seniors (seniors centre)		x	
Print-based service info readily available		x	
Captioned telephones available			x
That the City of Cambridge promote the information to older adults that is available Regionally for renovations + home adaption / safety supports		x	
More housing for seniors - "affordable"		x	
Pet friendly housing			x
More subsidized housing to reduce nursing home costs			x
Must be kept affordable - i.e. Property taxes flat lined for seniors on limited pensions, or fully tax deductible			x
More supportive housing		x	
That organizations, business, community projects, school boards & City of Cambridge build opportunities to connect older adults and youth. Provide learning opportunities for youth around aging...		x	
More opportunity for older adults to have communication in the community		x	
Intergenerational opportunities - planned, priority for school boards + Region			x
That public transit be accessible, affordable (i.e. Free for adults 80+), safe (i.e. Drivers wait for passengers to be seated before driving), courteous (i.e. Priority and designated seating is available and respected) and is available in all areas of Cambridge and the Region at all times Ride a Bus program has been successful		X	
That specialized transit taxis, and <u>volunteer</u> / alternate vehicles be accessible, affordable, + <u>available</u> at all times for local and out-of-town appointments, and drivers are willing to assist passengers		x	
Information about public transit and alternate transport options are promoted in the community to the general public and targeted populations thru Ride a Bus programs	X		
Separate bicycle lanes on busy roads from vehicle lanes; eliminate sloped driveway access over sidewalks so more level for walking and wheelchairs		x	
That traffic flow is better balanced for pedestrians of all abilities and drivers (i.e. Countdown pedestrian lights, traffic signals timed to accommodate drivers going the speed limit)			x
Training of general public; awareness of the needs and challenges of other drivers/pedestrians		x	
Reduce the intimidation factor; enforcement of existing traffic laws i.e. Speeding, cellphone use, following too close		x	
Affordable for everyone by 2014			x
Sidewalks + roads well maintained and well lit		x	

Recommendations Specific for Health Sector	Completed	In Progress	Not Initiated
That there be a single point of access for health services which is facilitated by a care coordinator, + which will determine the older adult's health care needs to support them to continue living in their own home		X	
Community based physician/nurse practitioner led model of care for homebound frail older adults		X	
That older adults age in place in their community by having access to the necessary home support and health services including accessible + affordable personal care etc.; these services also for people with disabilities		X	
Affordability of <u>all</u> services			X
Access to home support & health services; accessible and affordable		X	
Educate Doctors & Hospitals & Clinics about services in community		X	
Use existing agencies, associations, etc. to network amongst selves		X	
Include all information of profit and not-for-profit service providers		X	
Caregiver support		X	
Accessibility of service		X	
That there is increased availability, access, and affordability of specialized services, including medical and non-medical services which are <u>integrated</u>		X	
Community Health / Service workers @ neighbourhood level for all catchment areas; also palliative + nursing care		X	
Central source of information for older adults is promoted + made available in a variety of formats that meet the diverse needs of the older adult population		X	
Websites, especially the City's, be re-designed with plain language, big buttons, videos, and large font		X	
Available in different formats; print; electronic; CC etc.		X	
Aging in place with supports		X	
Information needs to be easily accessed & understandable (i.e. Plain language)		X	
Face-to-face network of service providers for seniors (seniors centre)			X
Print-based service info readily available		X	
Captioned telephones available			X
WWLHIN & MOHLTC allocate more subsidized beds in RH + respite			X

Recommendations Specific for Community/Support Agencies	Completed	In Progress	Not Initiated
That there be a single point of access for health services which is facilitated by a care coordinator, + which will determine the older adult's health care needs to support them to continue living in their own home		X	
Community based physician/nurse practitioner led model of care for homebound frail older adults		X	
That older adults age in place in their community by having access to the necessary home support and health services including accessible + affordable personal care etc.; these services also for people with disabilities		X	
Affordability of <u>all</u> services			X
Access to home support & health services; accessible and affordable		X	
Educate Doctors & Hospitals & Clinics about services in community		X	
Use existing agencies, associations, etc. to network amongst selves		X	
Include all information of profit and not-for-profit service providers		X	
Caregiver support		X	
Accessibility of service		X	
That there is increased availability, access, and affordability of specialized services, including medical and non-medical services which are <u>integrated</u>		X	
Community Health / Service workers @ neighbourhood level for all catchment areas; also palliative + nursing care		X	
Central source of information for older adults is promoted + made available in a variety of formats that meet the diverse needs of the older adult population		X	
That free training is provided for older adults in computer and internet use		X	
Websites, especially the City's, be re-designed with plain language, big buttons, videos, and large font		X	
Available in different formats; print; electronic; CC etc.		X	
Aging in place with supports		X	
Information needs to be easily accessed & understandable (i.e. Plain language)		X	
Face-to-face network of service providers for seniors (seniors centre)		X	
Print-based service info readily available		X	
Captioned telephones available			X
Creative access to computers for seniors		X	
That organizations, business, community projects, school boards & City of Cambridge build opportunities to connect older adults and youth. Provide learning opportunities for youth around aging		X	
All organizations in Cambridge include older adults to plan, develop, and deliver projects; empowerment		X	
Centralized Seniors Centre - dedicated to providing information for all seniors' services in the area - seniors can phone or e-mail and get the information they need		X	
More opportunity for older adults to have communication in the community		X	
Education for seniors on ageism		X	
Intergenerational opportunities - planned, priority for school boards + Region		X	
"Roots of Empathy" model for seniors into classrooms			X
That specialized transit taxis, and <u>volunteer</u> / alternate vehicles be accessible, affordable, + <u>available</u> at all times for local and out-of-town appointments, and drivers are willing to assist passengers		X	

Training of general public; awareness of the needs and challenges of other drivers/pedestrians		x	
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