

### It's a new season!

The lake is thawed, it's a new season! New events, new opportunities, new boats and new friends. Time to get thawed out and get ready to hit the lake!





# Commodores Message

Carl Hager

Ahoy Club Members,

The following is excerpted from 'THINGS I WISH I'D KNOWN BEFORE I STARTED SAILING' by John Vigor.

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Dr. Earle Reynolds, an atomic scientist and small-boat voyager, once listed the four main essentials for successful yacht voyages as:

- A well-found ship
- A good crew
- Adequate preparation and ,maintenance, and
- Seamanship, or know-how.

But, although he didn't mention it for fear of losing it, he knew there was also a fifth essential. It's one that most of us instinctively recognize as belonging to the list: luck.

There's no doubt that some skippers and some ships seem to lucky, while others are patently unlucky. Why should this be?

Well, I believe that luck can be earned. Every time you take a seamanlike precaution you build up a reserve of luck. When you take the trouble to buy the right charts,, or check that the anchor is properly set, you're earning luck. Your store increases when you do those dirty or awkward chores such as changing the engine oil and filters on time, or servicing and greasing the seacocks.

When you're in trouble, your store of luck will see you through. Boats that don't have a reserve of luck might not fare as well.

TIP: You can use up your store of luck very quickly. Start replenishing your supply as soon as possible because the sea doesn't grant credit.

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If you know of someone who wants to learn to sail, several 'Sailing Schools' are planned for this spring and early summer. Last year they were well attended with some attendees joining the Club as a result. Attendees are adding to their luck reserve.

This past summer we enjoyed several 'Mosey Down Main Street' and 'Outdoor Explore' events. These events will be repeated this coming summer with the hope of reaching others who have an interest in sailing. Volunteers will add to their luck reserve by participating in any or all of these events. Join us.

Our summer is filled with exciting get-togethers, races, cruises, regattas, and moonlight sails. Check the calendar for your favorite events and come enjoy the fun with sailing friends at the Spring Callout, Mosey, Outdoor Explore and Open House.

Preparing yourself and your boat and participating in the Club events will add to your reserve of luck. In anticipation of the coming season of NOTHIN' BUT FUN, we hope that your 'luck bucket' is full and overflowing.

Carl Hager

Commodore, Lafayette Sailing Club



# Membership Highlights

Membership in the Lafayette Sailing club is open to anyone. Membership applications can be downloaded from the club website at www.lafayettesailingclub.com.

New applicants must obtain the signatures of two active members as sponsors before submitting an application. One way to obtain the required signatures is to visit the LSC Harbor at Lake Freeman on a weekend during a scheduled activity, e.g. races, etc..

All memberships are family memberships. There are three levels of membership with different costs and privileges. There is also a new member price at each level for a families first year of membership. All memberships include the use of club sailboats, as well as attendance at all LSC activities.

Membership with voting rights, harbor launch privileges and (1) boat storage—\$285/\$225 (first year)

Additional boat storage for any class of member is \$85/year/boat.

# **Board of Governors**

### Officers



Commodore-Carl Hager



Vice-Commodore—Jacob Bleier



Recording Secretary—Jay Beugley



Treasurer—David Klenosky

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Race - Michael Nolan

Grounds—Brendan Morreale

Social—Dianne Atkinson

Cruising-Kirk Gilbert

Communications—Michael Nolan

# Members at Large

Jim Keller

**Bruce Borror** 

Randy Carrie

Steve Bruhn



## What Your Daughter Learns When She Learns to Sail

8 important ways that sailing helps girls navigate life on and off the water By Lea Maxwell, Sailor and Scribe, March 18, 2019

When I signed up for sailing school, I had never been on a sailboat. I agreed to do it because the boy I was dating wanted me to.

#### Typical.

But I secretly dreaded it. It isn't that I don't have talents, but in my estimation none of them were in the same universe as the skills I assumed it took to make a boat go forward, much less stay upright. My mechanical aptitude, perceived dexterity, and self-assurance was severely lacking. How in the world was I going to figure this out? How was I going to avoid looking like a fool?

You already know where this is going.

I was wrong. Turns out, I did learn to sail and what's more I loved it. I married that boy and we've been sailing ever sense. Fairy tale? Not really. Just one of those life lessons that sometimes you don't know what you don't know. But more than simply moving outside my comfort zone, the whole experience gave me something I wasn't really expecting.

#### Confidence.

Sailing, more than anything else I've done as an adult, has expanded my "I can do this" belief beyond the set of things I had previously used to define my abilities and worth. It has built an "I want to try even if I struggle" mindset that wasn't there before.

It's hard not to imagine how things might have been different if I'd been armed with that knowledge all along. This is why I am certain that when you sign your daughter up for sailing lessons or sailing camp, you are giving her so much more than a fun summer outside.

The lessons learned on the water in a sailboat, no matter what your age, are transformative. When your daughter learns to sail she gains an ocean full of perspective and skills. Lifelines that will be ever in reach as she bravely navigates a world that wrongly and too often whispers pretty instead of smart, optimistic, capable, happy.

My husband wanted to get his sailing certification because he had earned his sailing merit badge as a boy scout. That experience exposed him to the possibilities that sailing offers. I wish I'd had that opportunity as a young girl. I am encouraging you to give it to your daughters.

#### 1. Teamwork and Leadership

If your child sticks with sailing, she will eventually be on a larger boat with others and they will rotate roles. The captain provides direction and the crew understands and executes their respective jobs of putting up the sails, tacking, jibing, and maneuvering. Learning how to effectively communicate as a leader and how to be a good team member are residual lessons learned on the water that can't be overstated.

#### 2. Self-reliance

As much as working as a team is a critical component of sailing, sailing camp and sailing lessons crafted for children present opportunities for solo sailing. As with any new skill, getting it right may take some time. There will be a learning curve as new skills are layered on. But as these skills grow, your daughter will learn to sail and steer her own boat. Metaphorically this is huge and once again,

confidence is at the core. The realization that through trial and error and with supported coaching you can learn something completely new builds a foundation of self-reliance.

#### 3. Mechanics

We don't think about this word much, but its literal translation is the branch of applied mathematics dealing with motion and forces producing motion. Sailing is all about mechanics. With sailing, actions create instant reactions. How moving the tiller changes direction, how sail trim can improve or diminish performance, and as larger boats come into the picture, how the gears, winches, lines, and cleats work together provides critical hands-on lessons in "figuring out how things work".

#### 4. Coping with Adversity

Sometimes there just isn't any wind, sometimes there is too much. Rain happens, things occasionally break, patience is often a necessity. Things don't always go as planned. That is sailing and that is life. Learning coping skills to work through unexpected curve-balls and cultivating the ability to adapt and thrive regardless of the circumstances is possibly my favorite lesson.

#### 5. Water Safety

I am guessing the safety of your children is at the top of your list of things that are important, and perhaps the prospect of sending your child into a body of water may cause initial panic. Don't let it. Your child will be in a life vest, or personal flotation device, the entire time. She will learn why awareness matters, she will learn water safety, she will learn what to do if she or someone else falls out of the boat. She will learn and appreciate the many safety lessons that are always part of sailing instruction so that she is well prepared and knowledgeable.

#### 6. Math and Science

Learning to sail is a sneaky classroom. You are out on the water and it is fun and exciting, so much so that it might not seem like learning. But at its core, sailing is chock full of math and science lessons. Observation of the weather, water, and wind behavior and the impact of these elements on performance is paramount to sailing. As your daughter's sailing skills grow, anchoring and navigation calculations will enter the equation as well. Sailing offers hands-on learning with a purpose.

#### 7. Balance

Being on a boat helps improve balance because the motion of the boat requires it. That probably seems obvious and it is. Figuratively, though, a different kind of balance can also be achieved. Sailing allows your daughters to engage with nature, new friends, and a new experience in a way that offers a refreshing balance to a plugged-in world where the online perception of unattainable standards dominate and electronic contact steals hours from real engagement.

#### 8. The Power of Possibility

The lesson of possibility is powerful. Where does your daughter want to sail? What parts of the world will she be able to explore? Will she sail in college? Will she take your family sailing one day? How can she use what she has learned to carve out her next step forward? Sailing offers a world of potential and possibility. And even if she only sails as a child at sailing camp, the many lessons learned won't be soon lost.

#### And of course, there is the confidence component.

For girls of all ages, learning to sail is a classroom devoted to fostering self-confidence. The kind of confidence that comes with individual achievement and shared triumphs. The kind of confidence grounded in learning a skill she will have for life.

The kind of confidence and life lessons that she can draw from to help her navigate life's beautiful, bumpy waters.

# 2019 Race Schedule

Date	Day	Event
May 4	Sat	Races
May 12	Sun	Races
May 18	Sat	Races
June 2	Sun	Races
June 9	Sun	Races
June 15	Sat	Regatta
June 16	Sun	Regatta and Welcome party
June 22	Sat	Races
June 29	Sat	Races
July 27	Sat	Mini-Regatta
July 28	Sun	Mini-Regatta
August 3	Sat	Races
August 10	Sat	Races
August 17	Sat	Regatta
August 18	Sun	Regatta and BOG picnic
August 24	Sat	Races
September 7	Sat	Races
September 14	Sat	Races
September 21	Sat	Races
September 28	Sat	Races
October 5	Sat	Races
October 12	Sat	Races



# Safe Boating Course to be Offered to LSC members

Jay Beugly, an LSC member and a Aquatic Ecology Specialist at Purdue has arranged for any LSC member to enroll, at no cost, in a safe boater course offered by the Coast Guard Auxiliary on Tuesday, April 23 at 6pm. Expect the course to take 3-4hours.

LSC members can sit in the class at no charge, but need to contact Jayson by Monday April 15th if

If you are interested in an exciting, in-depth boating safety course, check out the in classroom (seminar) version of our popular online boating course.

This beginner boating class will give you the knowledge needed to obtain a boat license or safety certification in many states. Many boat insurance companies will offer discounts on boating insurance to boaters who successfully complete *About Boating Safely*.

#### **TOPICS INCLUDE:**

Introduction to Boating - Types of power boats; sailboats; outboards; paddle boats; houseboats; different uses of boats; various power boating engines; jet drives; family boating basics.

**Boating Law** - Boat registration; boating regulation; hull identification number; required boat safety equipment; operating safely and reporting accidents; protecting the marine environment; Federal boat law; state boating laws; personal watercraft requirements.

**Boat Safety Equipment** - Personal flotation devices ("life jackets"); fire extinguishers; sound-producing devices; visual-distress signals; dock lines and rope; first aid kit; anchors and anchor lines; other boating safety equipment. About Boating Safely

**Safe Boating** - Bow riding; alcohol and drug abuse; entering, loading, and trimming a boat; fueling portable and permanent tanks; steering with a tiller and a wheel; docking, undocking and mooring; knots; filing a float plan; checking equipment, fuel, weather and tides; using charts; choosing and using an anchor; safe PWC handling; general water safety.

**Navigation** - The U.S. Aids to Navigation system; types of buoys and beacons; navigation rules (sometimes referred to as right-of-way rules); avoiding collisions; sound signals; PWC "tunnel vision."

**Boating Problems** - Hypothermia; boating accidents and rescues; man overboard recovery; capsizing; running aground; river hazards; strainers: emergency radio calls; engine problems; equipment failures; carbon monoxide (CO); other boating and PWC problems.

**Trailering, Storing and Protecting Your Boat** - Types of trailers; trailer brakes, lights, hitches, tires, and bearings; loading, balancing, and towing a trailer; towing (and backing) a trailer; boat launching and retrieving; boat storage and theft protection; launching, retrieving and storing a PWC.

**Hunting and Fishing, Water-skiing and River Boating** - Carrying hunting gear and weapons in a boat; fishing from a boat; water-skiing safety guidelines and hand signals; water-skiing with a PWC; navigating rivers, and other boating tips.

you plan to attend. Once registered, he will provide location details.

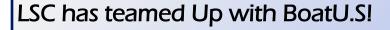
It is recommended that you purchase the book for the class, however he will have some available to use during the class if you choose.

To obtain the full Coast Guard certification you also need to take an online safe boating course offered by the Indiana DNR. This totally online course costs about \$35. You can take that course at https://www.boated.com/indiana/

Please email Jayson at Jbeugly@purdue.edu to let him know if you plan to attend the Coast Guard course on April 23rd so that he can make sure to get enough books. If you have any questions, email him as well. The deadline for registration is April 15th







BoatU.S. provides a vast range of services, information and savings to recreational boaters, including:

- Members-only discounts and Member Rewards with West Marine equipment purchases
- Discounts on fuel, overnight slips, and repairs at more than 900 marinas nationwide
- BoatU.S. will pay up to \$50 per incident On-The-Water Towing with your basic membership
- Access to high-value, low-cost group-rate boat insurance
- Full year subscription to the award-winning BoatU.S. Magazine Now you can get 50% off of annual Membership dues when you join the nation's largest association of recreational boat owners. You pay one-half of the regular BoatU.S. dues of \$30 that's just \$15.00 a year! For more information, go to http://www.boatus.com/ and be sure to mention our Cooperating Group ID number GA84516S to get the specially reduced rate.

### Social Events for 2019

Please join us for one or more of the many social events we have scheduled for

2019!

The Spring Callout and Harbor Cleanup is in April

We will be at Mosey Down Main Street in May and June, presenting the sailing club to the community.

We can always use some help at

Date	Day	Event
April 19	Friday	Spring Call-out
April 20	Saturday	Harbor Cleanup
May 11	Saturday	Mosey
June 1	Saturday	Mosey
June 8	Saturday	Outdoor Explore
June 16	Sunday	Regatta and Welcome party

this years Outdoor Explore event where we sail and give rides on Bicentennial Lake located in Lafayette.



# Sailing School(s) 2019

We will be offering two sailing schools and on-the-water experiences in 2019. Each school is composed of two evening classes followed by an afternoon on-the-water.

The first is in April, which is early in the season, but is great for anyone who expresses interest over the winter.

Let your friends, family, co-workers or neighbors know. There is no cost, and new members even qualify for a reduced first year membership fee! It's a great way to get someone started in sailing! If they have any questions or plan to attend, have them contact Mike Nolan at mnolan@purdue.edu..

Date	Day	Event
April 22	Monday, 7-9pm	Sailing School Session I
April 29	Monday, 7-9pm	Sailing School Session I
June 10	Monday, 7-9pm	Sailing School Session II
June 17	Monday, 7-9pm	Sailing School Session II



# **Questionable Sailing Definitions**

Boom - the sound that's made when it hits crew in the head on its way across the boat. For slow crew, it's called 'boom, boom.'

Calm - Sea condition characterized by the simultaneous disappearance of the wind and the last cold beverage.

Course - The direction in which a skipper wishes to steer his boat and from which the wind is blowing. Also, the language that results by not being able to.

Crew - Heavy, stationary objects used on shipboard to hold down charts, anchor cushions in place and dampen sudden movements of the boom.

Flashlight - Tubular metal container used for storing dead batteries prior to their dis-

Gybe/Jibe - A common way to get unruly guests off your boat.

Cruising - Fixing your boat in distant, exotic locations.

posal.

Bitter end - The finish of a race when you are last over the line.

Bottom paint - What you get when the cockpit seats have just been painted.

Chart - A type of map which shows exactly where you are aground.

Clew - An indication from the skipper as to what he might do next.

Deviation - Any departure from the captain's orders.

Emergency mooring lines - Old ropes too rotten to use regularly but too good to throw away.

Estimated position - A place you have marked on the chart where you are sure you are not.

Rope ladder - A ladder designed to get you into the water but not back out.

Spinnaker - A large sail used in dead calm to keep the crew busy.

Spring line - A rope purchased at the beginning of the season.

Tell-tale - A crew member who lets the guests know that the skipper gets seasick.

Pulpit - somewhere you go to pray you are going to pick up a mooring buoy.

Tabernacle - something similar to pulpit, but a different religion.

Definition of a sailboat race - Two sailboats going in the same general direction.





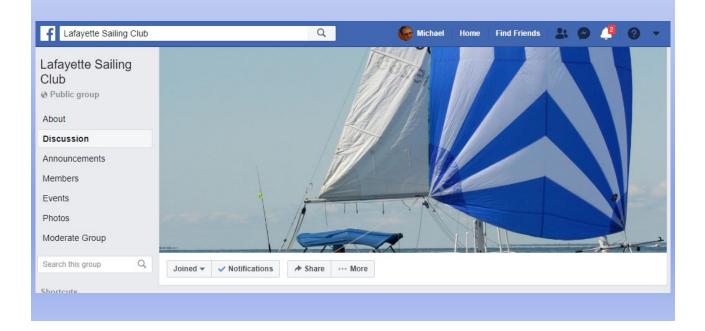
### What's on the website!

Check out the LSC website at https://lafayettesailingclub.com/

You can find all sorts of useful information and pictures there including membership registration forms as well as Lake Freeman lake levels and weather conditions.

### Find us on Facebook

The Lafayette Sailing club has a Facebook presence. We will try to post pictures, news events, and invitations to activities. It's a good way to get ourselves out in front of the community. Check us out, and contribute your pictures!!!



# Look good this sailing season!!!!

# Club logo apparel available!

LSC has partnered with Coral Reef Sailing to produce LSC logoed apparel and other items. The apparel is high quality and includes the LSC logo and name on each item. Two more lines of custom text can be added to most items if you wish. LSC receives a small percentage of each sale, so your purchases help out the club! LSC has been added to the SHIPS STORES link on Coral Reefs ships stores page, but you can directly access our page at https://www.coralreefsailing.com/index.php/club/lafayette-sailing-club.html.



Cotton Hat (Lafavette Sailing Club)

\*\*\*\* \$22.00



Unisex Mesh Polo (Lafayette Sailing Club)

\*\*\*\* \$32.00



Men's Short Sleeve Tech Shirt (Lafayette Sailing Club)

\*\*\*\* \$32.00



Men's Long Sleeve Tech Shirt (Lafayette Sailing Club)

\*\*\*\* \$35.00



S/S Adult Cotton Tee (Lafayette Sailing Club)

\*\*\*\* \$22.00



Columbia Women's Benton Springs (Lafayette Sailing Club)

\*\*\*\*

\$62.00



Columbia Men's Steens Mountain Fleece (Lafayette Sailing Club)

\*\*\*\* \$60.00



Unisex Hooded Rugby Pullover (Lafayette Sailing Club)

\*\*\*\* \$58.00











The Lafayette Sailing Club is an organization composed of individuals and families interested in sail boating and sail boarding. The club was originally formed in 1969 by a small group of Purdue University and Lafayette area individuals interested in sailboat racing.

Membership is open to anyone interested in sailing. The club maintains it's own harbor on Lake Freeman. Members may park their boats at the harbor. The club also owns three sailboats available to any member.

Membership information can be obtained at http://www.lafayettesailingclub.com

