



YOU CAN PREVENT FALLS TODAY! CALL 2-1-1!

Or visit the new fall prevention page on Michigan 2-1-1's website (<https://mi211.org>)



Get Connected. Get Help.™

STAY SAFE. STAY INDEPENDENT.

Falls are the leading cause of injury among older adults, but many can be prevented. Michigan 2-1-1 is here to help you or your loved ones stay safe at home and in the community.

✓ Education and safety planning

✓ Physical health and wellness

✓ Daily living support

✓ Home accessibility modifications

Dial 2-1-1 for 24/7 help, or visit:

<https://mi211.org/fall-prevention>

Or scan this QR code to access the new page



This project is supported by the MI Falls Coalition (<https://mifallsprevention.org>) and MI 2-1-1 in partnership with MDHHS