



2026 Rocky Mountain Golden Gloves Fact Sheet

The Golden Gloves of America, as an affiliate member of USA Boxing, has the right to make *some* exceptions to the rules and policies of USA Boxing. Please review the following key points of the *Rocky Mountain* Golden Gloves policy, some of which differ from the rules of USA Boxing.

For any questions related to competition (rules, brackets, scheduling, etc.) please reach out to our Rocky Mountain Golden Gloves Chief of Officials:

- Rick Manzaneras
 - Rman2587@yahoo.com
 - 801-557-0799

REGISTRATION & ELIGIBILITY

All entries for the Rocky Mountain Golden Gloves must be submitted via Email to:

- Ted Gurule
 - Tedd.16@hotmail.com
 - 801-915-3919

Entry deadline:

The Rocky Mountain Golden Gloves tournament is open to male and female boxers 18 years or older in both the novice and open class who reside in the Rocky Mountain Golden Gloves region. Boxers must be no younger than 18 years of age at the start of the State tournament and no older than 40 years of age at the end of the National Tournament (May 16) for non-advancing divisions or (N/A) for divisions advancing to nationals. (***Note: Boxers under the age of 18 and Master's division are eligible to participate in a local tournament. Only boxers 18-40 with a minimum of 10 bouts will be eligible to participate in the National Tournament.*)

Boxers must be registered with USA Boxing to enter and compete. Before weighing in, all boxers must present their passbook with a 2026 membership card showing a verified date of birth and a current athlete physical which is valid for the date of competition. **Photo, birth certificate or passport, and current physical must be uploaded to your member profile.** Membership card showing verified DOB and valid documents must be printed out and placed in the front of the book. Tournament registration will not be accepted unless all requirements are met.

Coaches must be registered (membership fee paid) and certified (test completed) with USA Boxing.

Current SafeSport certification and a completed and cleared background check is also required for all coaches. **Coaches will not be permitted to work a corner unless they can provide proof of current annual membership and proper certification.**

DEADLINE, REVIEW OF ENTRIES & TOURNAMENT DRAW

- ENTRY DEADLINE: **April 16, 2026** - All entries must be submitted **Via Email**
- REVIEW OF ENTRIES: **April 17, 2026**
- DEADLINE FOR CHANGES: **April 17, 2026** - can request changes or deletions (e.g., changing weight class).
- TOURNAMENT bout sheets will be posted no later than April 17th on **Facebook**,

DATES OF COMPETITION AND ADVANCEMENT TO NATIONALS

>>> **NOTE: Boxers must be prepared to compete on any date of the tournament.** <<<

Open class Elite Boxers competing in the *Rocky Mountain Golden Gloves* are eligible to qualify for the Tournament of Champions held May 10-16, 2026 in Tulsa, Oklahoma.

WEIGHT CLASSES & WEIGH-INS

The following weight classes are being contested for the Rocky Mountain Golden Gloves:

Men's Open & Novice: 110, 121, 132, 143, 154, 165, 176, 187, 198, 198+

Women's Open & Novice: 106, 112, 119, 125, 132, 143, 154, 165, 176, 176+

Boxers must declare one division and may not compete in multiple divisions or weight classes

Weigh-ins are held on event days (April 17th & 18th at 7:00am at the Fullmer Legacy Center – 10960 S. Park Rd, South Jordan, UT, and only those scheduled to box on that date are required to weigh in (there is no general weigh-in). All boxers must weigh in to be officially entered in the tournament. Boxers are not required to shave. All boxers will be allowed to weigh in twice during the designated weigh-in period. **No weight allowance in the Open Class. Novice boxers are allowed 2 lbs. Weigh-Ins shall not last more than 2 hours.** They should be conducted by the Official in Charge or designated Chief of Officials.

Boxers must declare only one division and may not compete in multiple divisions or weight classes.

All elite advancing bouts will be required to contest 3, 3-minute rounds.

Athletes who have competed in other amateur combat/striking sports (e.g., MMA, kickboxing) are required to compete in the open class and may NOT enter as novice without permission from USA Boxing. For information on how to request a waiver, see page 73 of the current USA Boxing rulebook

(Go to <https://www.usaboxing.org/usa-boxing-rulebook> for downloadable rulebook). Contact *Rocky Mountain Golden Gloves* Chief of Officials Larry Fullmer, Larrydonfullmer@gmail.com, 801-201-6723, with any questions related to this rule.

EQUIPMENT & UNIFORMS

Headgear: All Golden Gloves competition will be conducted with USA Boxing approved headgear. The headgear color does not need to coordinate with the color of the assigned corner, but wearing the color of the opponent's corner is inadvisable (i.e., avoid wearing red when you are in the blue corner, or vice versa). All open boxers must wear open-face headgear (no cheek protectors).

Gloves: All competition will be conducted with USA Boxing approved gloves which will be provided to the athletes for use during competition.

10 oz gloves will be used for boxers weighing up to 139.0 lbs

12 oz gloves will be used for boxers weighing 139.1 lbs or more

Gauze, Tape, and Hand Wraps: A maximum of one roll of gauze per hand and 6'x1" of tape. Training hand wraps are also allowable for use in competition.

Uniforms: See Appendix E on page 54 of the USA Boxing Rulebook for specifications. Note the uniform color does not need to coordinate with the color of the assigned corner but wearing the color of the opponent's corner is inadvisable (i.e., avoid wearing red when you are in the blue corner, or vice versa).

WALKOVERS, AWARDS, and SUBSTITUTIONS

- A boxer must compete at least once in the tournament to be eligible for advancement or awards.
- Boxers may be awarded a trophy, medal, etc. only if they have competed at least once during the tournament series. He or she must weigh-in and can only be awarded the championship title if they win in the ring or if their scheduled opponent has pulled out. Only in that case can a boxer win the championship by walkover.
- Each franchise director has the right to advance a substitute boxer to represent their franchise if the winner of that franchise becomes unavailable.
- If there is no competition in an open division, the boxer is eligible to advance to nationals as part of the franchise team at their own expense.

POSTING OF BOUT SHEETS

Rocky Mountain Golden Gloves bouts sheets will be posted on [Rocky Mountain Golden Gloves Facebook April 17 & 18](#)

The Official Draw shall be public and open to all coaches and boxers interested in observing. In the event the draw is not conducted in person, you must record or stream this draw process (i.e. facebook live, instagram

live, zoom, etc).