

OUR GOAL

Elevate your impact this summer by joining our Collaborative Summer Enrichment Experience — where athletics, academics, nutrition, and mental health come together to prepare the next generation of student-athletes.

Our goal is to empower rising 5th–8th grade students through mentorship, movement, and mastery—while supporting local high school sports programs with valuable resources and community partnerships.



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GAME PLAN ACADEMY

Fuel the Mind. Feed the Body. Build the Future.

**REAL FOOD
FIRST**

STEAMA
Science Technology Engineering Fine Arts Mathematics Athletics

Education Without Boundaries

ABOUT US

Game Plan Academy is a dynamic summer enrichment experience that combines athletics, academics, food, and mental health to help students perform at their highest potential—on the field, in the classroom, and in life.

Created through a powerful collaboration between I&I International, Real Food First, and STEAMA Academy, this program builds a bridge between education, health, and athletics to prepare the next generation of global leaders and community changemakers.



HOW IT WORKS

- High school athletic teams will have the opportunity to coach and mentor younger students in their sport of choice during our summer sessions.
- This hands-on experience builds leadership, teamwork, and purpose while giving athletes a chance to invest back into their communities.

Proceeds raised directly support your high school's athletic department, helping to fund equipment, travel, and program expansion.

WHY IT MATTERS

Academy isn't just a summer program—it's a pipeline for purpose. It unites schools, families, and communities around a shared mission: to educate, empower, and employ our youth through athletics, academics, and holistic wellness.

WHAT TO EXPECT

- **Coaching Leadership:** High school athletes will mentor rising 5th–8th graders, building confidence, sportsmanship, and teamwork.
- **Academics & Mental Health:** Students will engage in academic acceleration, leadership development, and emotional wellness activities that strengthen focus and resilience.
- **Food & Nutrition:** Real Food First teaches student-athletes—through math and science-based labs—how to fuel their performance and their lives through healthy eating habits and hands-on nutrition experiences.
- **Fitness & Career Development:** Every session emphasizes strength, endurance, and exposure to career pathways in sports medicine, coaching, nutrition, and entrepreneurship.

