

The **Brief Pain Inventory (BPI)** is a short, “user-friendly” self-administered, practical questionnaire that is in many languages and has been validated for cancer pain and non-cancer pain. The BPI assesses pain location, intensity, and pattern as well as patient beliefs and the impact of pain on the patient's quality of life.

Long form:

http://www.npcrc.org/files/news/briefpain_long.pdf

Short Form:

http://www.npcrc.org/files/news/briefpain_short.pdf

B. Mood										
0	1	2	3	4	5	6	7	8	9	10
Does not Interfere										Completely Interferes
C. Walking Ability										
0	1	2	3	4	5	6	7	8	9	10
Does not Interfere										Completely Interferes
D. Normal Work (includes both work outside the home and housework)										
0	1	2	3	4	5	6	7	8	9	10
Does not Interfere										Completely Interferes
E. Relations with other people										
0	1	2	3	4	5	6	7	8	9	10
Does not Interfere										Completely Interferes
F. Sleep										
0	1	2	3	4	5	6	7	8	9	10
Does not Interfere										Completely Interferes

What number best describes your **pain on average** in the past week?

0 1 2 3 4 5 6 7 8 9 10

No pain Pain as bad as you can imagine

What number best describes how, during the past week, pain has interfered with your **enjoyment of life**?

0 1 2 3 4 5 6 7 8 9 10

Does not interfere Completely interferes

What number best describes how, during the past week, pain has interfered with your **general activity**?

0 1 2 3 4 5 6 7 8 9 10

Does not interfere Completely interferes

The **PEG** tool is a functional assessment tool validated in primary care clinics to get a quick snapshot of the effect on pain on the patient's function with the advantage it is quick and easy to score and follow.

Tool:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2686775/figure/fig1/>

The **Oswestry Disability Index** is an index derived from the Oswestry Low Back Pain Questionnaire to quantify disability for low back pain. The tool can be found at <https://eprovide.mapi-trust.org/instruments/oswestry-disability-index>