

Encourage Devotion to the Sacred Heart



For centuries, Catholics have attended Mass on the first Friday of the month throughout nine consecutive months in what is called the nine first Fridays devotion. The devotion is derived from revelations made by Jesus Christ to St. Margaret Mary Alacoque (1647-1690). It involves the practice of receiving Holy Communion on nine consecutive first Fridays in reparation to “the Heart that has loved men so and is loved so little in return” – the words that Jesus is believed to have said to St. Margaret Mary.

Bishop Kevin Rhoades of Fort Wayne-South Bend, Indiana, explained that in 1925, Pope Pius XI released an encyclical instituting the Feast of Christ the King, referring “to the pious custom of consecrating oneself, families and even nations to the Sacred Heart of Jesus, as a way to recognize the kingship of Christ.” Entrusting the nation to the care and love of Jesus’ Sacred Heart on the 250th anniversary “is an opportunity to promote the beautiful devotion to the Sacred Heart among our people,” Bishop Rhoades concluded, “and also to remind everyone of our task to serve our nation by perfecting the temporal order with the spirit of the Gospel, as taught by the Second Vatican Council.”

CatholicVote President & CEO Kelsey Reinhardt is calling on Catholics to honor the Sacred Heart of Jesus by attending Mass on the First Friday of every month in 2026 — all to commemorate the United States’ 250th anniversary year. “We need peace in our hearts, our homes, and in our country. We need the love of Jesus to shine through all of us,” Reinhardt said. “What better way to renew our country and to celebrate America than for Catholics to fill the pews on first Fridays in devotion to the Sacred Heart of Jesus?”

Full story at: Catholics urged to attend First Friday Masses for country’s renewal
<https://zeale.co/news/articles/catholics-urged-to-attend-first-friday-masses-for-countrys-renewal>



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