

# Buncombe Co. Resource Guide (August 2022)

| General Assistance  | Health Assistance  | Financial Assistance  |
|---|--|---|
| <p><b>United Way 211</b><br/>Access resources statewide by calling 2-1-1 or visit <a href="http://www.NC211.org">www.NC211.org</a></p> <p><b>Buncombe Co. Health &amp; Human Services</b><br/>828-250-5500 40 Coxe Ave., Asheville<br/>Social services &amp; emergency financial help<br/><a href="http://www.epass.nc.gov">www.epass.nc.gov</a> to apply on-line for benefits &amp; services</p>   | <p><b>Buncombe Dept. of Health</b><br/>828-250-6006 40 Coxe Ave., Asheville<br/>Breast &amp; Cervical Cancer Control Program<br/>Free Breast &amp; cervical exams</p> <p><b>Blue Ridge Health</b><br/>828-692-4289 Several locations</p> <p><b>ABCCM Medical &amp; Pharmacy Ministry</b><br/>828-259-5339 155 Livingston St., Asheville</p>  | <p><b>Buncombe Co. Health &amp; Human Services</b><br/>828-250-5500<br/>40 Coxe Ave., Asheville<br/>Emergency financial assistance + a COVID financial assistance program</p> <p><b>Eblen Charities</b><br/>828-255-3066<br/>50 Westgate Pkwy., Asheville</p> <p><b>Salvation Army</b><br/>828-253-4723<br/>Center of Hope, 204 Haywood St., Asheville</p> <p><b>ABCCM 4 Locations</b><br/>828-259-5300 24 Cumberland Ave., Asheville<br/>828-259-5303 403 Weaverville Hwy., Asheville<br/>828-259-5302 10 Buck Shoals Rd., Arden<br/>828-259-5301 1914 Smokey Park Hwy., Candler</p> <p><b>St. Vincent de Paul Society</b><br/>828-775-1933 Greater Asheville Mondays 6am-11am<br/>800-862-1633 E. Asheville, Swannanoa, &amp; Black Mtn Mondays 6am-11am<br/>828-684-6098 S. Asheville &amp; part of Henderson Co.</p> <p><b>Groce United Methodist Church</b><br/>828-298-7647</p> <p><b>OnTrack Financial Education &amp; Counseling</b><br/>828-255-5166<br/>Financial counseling &amp; tax prep</p> |
| Crisis Hotlines   | <p><b>Dale Fell Community Health Center</b><br/>828-257-4745 7 McDowell St., Asheville</p> <p><b>Leicester Community Health Center</b><br/>828-253-3717 711 Leicester Hwy, Asheville</p> <p><b>Mays Care Center</b><br/>828-412-5315 225 Patton Ave., Asheville</p> <p><b>Project Access</b><br/>828-274-6989 304 Summit St., Asheville<br/>Requires physician's referral</p> <p><b>Western NC Community Health Services/Minnie Jones Health Center</b><br/>828-285-0622 257 Biltmore Ave., Asheville<br/>Health &amp; dental</p> <p><b>Buncombe Technical Community College Dental Clinic</b><br/>828-398-7255<br/>101 Genevieve Circle (1<sup>st</sup> floor), Asheville</p> <p><b>MAHEC – Dental</b><br/>828-252-4290<br/>123 Hendersonville Rd., Asheville</p> <p><b>Smile Starters – General Dentistry for Youth</b><br/>828-350-1076<br/>First tooth through age 20</p> <p><b>Council on Aging Senior Health Insurance and Information Program (SHIIP)</b><br/>828-277-8288<br/>46 Sheffield Cir., Asheville<br/>Medicare information and counseling</p> <p><b>NC Quit Line</b><br/>800-784-8669<br/>Tobacco Cessation Programs</p> <p><b>Pisgah Legal Services</b><br/>828-253-0406<br/>Assistance in signing up for health insurance through the Affordable Care Act</p> <p><b>Charles George VA Medical Center</b><br/>828-298-7911<br/>1100 Tunnel Rd., Asheville<br/>Medical, dental, pharmacy &amp; mental health for veterans</p> | <p><b>Prescription Assistance</b></p> <p><b>NC MedAssist</b><br/>866-331-1348<br/><a href="http://www.medassist.org">www.medassist.org</a></p> <p><b>FamilyWize</b><br/>844-234-3057<br/><a href="http://www.familywize.org">www.familywize.org</a></p> <p><b>NeedyMeds</b><br/>800-503-6897<br/><a href="http://www.needymeds.org">www.needymeds.org</a></p> <p><b>Coast2CoastRx</b><br/>800-931-8872<br/><a href="http://coast2coastrx.com">coast2coastrx.com</a></p> <p><b>GoodRx</b><br/>855-268-2822<br/><a href="http://www.goodrx.com">www.goodrx.com</a></p> <p><b>RxOutreach</b><br/>888-796-1234<br/><a href="http://www.rxoutreach.org">www.rxoutreach.org</a></p> <p><b>RXAssist</b><br/>877-537-5537<br/><a href="http://www.rxassist.org">www.rxassist.org</a></p> <p><b>VA Medical Center</b><br/>828-298-7911<br/>Veterans only</p>   |
| <p><b>Alcoholics Anonymous</b><br/>828-254-8539 <a href="http://www.ashevilleaa.org">www.ashevilleaa.org</a><br/>24-hr alcohol abuse hotline. Provides info on local AA meetings.</p> <p><b>Al-Anon &amp; Alateen</b><br/>800-344-2666<br/>For family members of those dealing with alcoholism</p> <p><b>Carolina Poison Control Center</b><br/>800-222-1222 24-hr poison help line</p> <p><b>Child Abuse Hotline</b> 800-4ACHILD</p> <p><b>Drug Helpline (U.S. DHHS)</b><br/>800-662-HELP<br/>24-hr treatment referral and information about mental and/or substance use disorders, prevention/recovery</p> <p><b>Mental Health Hotline 988</b></p> <p><b>Lifeline</b><br/>800-273-TALK (8255)<br/>National suicide prevention hotline</p> <p><b>Helpmate</b><br/>828-254-0516<br/>Domestic Violence &amp; Sexual Assault Hotline</p> <p><b>Veterans</b> 800-273-8255</p> <p><b>Hope 4NC Helpline</b> 855-587-3463 English &amp; Spanish</p> | <p><b>Alcoholics Anonymous</b><br/>828-254-8539 <a href="http://www.ashevilleaa.org">www.ashevilleaa.org</a><br/>24-hr alcohol abuse hotline. Provides info on local AA meetings.</p> <p><b>Al-Anon &amp; Alateen</b><br/>800-344-2666<br/>For family members of those dealing with alcoholism</p> <p><b>Carolina Poison Control Center</b><br/>800-222-1222 24-hr poison help line</p> <p><b>Child Abuse Hotline</b> 800-4ACHILD</p> <p><b>Drug Helpline (U.S. DHHS)</b><br/>800-662-HELP<br/>24-hr treatment referral and information about mental and/or substance use disorders, prevention/recovery</p> <p><b>Mental Health Hotline 988</b></p> <p><b>Lifeline</b><br/>800-273-TALK (8255)<br/>National suicide prevention hotline</p> <p><b>Helpmate</b><br/>828-254-0516<br/>Domestic Violence &amp; Sexual Assault Hotline</p> <p><b>Veterans</b> 800-273-8255</p> <p><b>Hope 4NC Helpline</b> 855-587-3463 English &amp; Spanish</p>  | <p><b>Prescription Assistance</b></p> <p><b>NC MedAssist</b><br/>866-331-1348<br/><a href="http://www.medassist.org">www.medassist.org</a></p> <p><b>FamilyWize</b><br/>844-234-3057<br/><a href="http://www.familywize.org">www.familywize.org</a></p> <p><b>NeedyMeds</b><br/>800-503-6897<br/><a href="http://www.needymeds.org">www.needymeds.org</a></p> <p><b>Coast2CoastRx</b><br/>800-931-8872<br/><a href="http://coast2coastrx.com">coast2coastrx.com</a></p> <p><b>GoodRx</b><br/>855-268-2822<br/><a href="http://www.goodrx.com">www.goodrx.com</a></p> <p><b>RxOutreach</b><br/>888-796-1234<br/><a href="http://www.rxoutreach.org">www.rxoutreach.org</a></p> <p><b>RXAssist</b><br/>877-537-5537<br/><a href="http://www.rxassist.org">www.rxassist.org</a></p> <p><b>VA Medical Center</b><br/>828-298-7911<br/>Veterans only</p>   |
| Mental Health   |  | <p><b>Legal Assistance (Civil Matters &amp; Immigration)</b></p> <p><b>Pisgah Legal Services</b><br/>828-253-0406</p> <p><b>Legal Aid of NC</b><br/>866-219-5262</p> <p><b>Catholic Charities</b><br/>828-255-0146<br/>50 Orange St., Asheville<br/>Immigration &amp; citizenship services</p>  |
| <p><b>RHA C3356 Behavioral Health Urgent Care</b><br/>828-254-2700 888-573-1006<br/>356 Biltmore Ave., Asheville<br/>mobile crisis services (provider will come to patient)<br/>24-hr mental/behavioral health needs</p> <p><b>Catholic Charities</b><br/>828-255-0146 50 Orange St., Asheville<br/>Counseling for mental health needs. Fees based on a sliding scale.</p> <p><b>All Souls Counseling Center</b><br/>828-259-3369 35 Arlington St., Asheville<br/>Counseling for mental health needs. Fees based on a sliding scale.</p> <p><b>Charles George VA Medical Center</b><br/>828-298-7911 1100 Tunnel Rd., Asheville<br/>Mental health services for veterans</p>   |  |   |

# Buncombe Co. Resource Guide (August 2022)

| Food Assistance   | Shelters   | Other Resources   |
|---|--|---|
| <p><b><u>MANNA Food Bank</u></b><br/>800-820-1109     mannafoodbank.org<br/>Assists finding closest food pantry &amp; help signing up for food stamps</p> <p><b><u>ABCCM 4 Locations</u></b><br/>828-259-5300 24 Cumberland Ave., Asheville<br/>8:30am-4:30pm Mon – Fri</p> <p>828-259-5303 403 Weaverville Hwy., Asheville<br/>10am -2pm Mon – Fri</p> <p>828-259-5302 10 Buck Shoals Rd., Arden<br/>8:30am-4:30pm Mon – Fri</p> <p>828-259-5301 Smokey Park Hwy., Candler<br/>8:30am-4:30pm Mon - Fri</p> <p><b><u>Bounty &amp; Soul Mobile Market</u></b><br/>828-419-0533 former Bi-Lo parking lot, 205 NC 9, Black Mountain<br/>Tue. 11am-12:30pm, Fri. 4pm-5:50pm</p> <p><b><u>Food Connection</u></b><br/>Saturdays 11am at 105 Whitson Ave., Swannanoa<br/>Free prepared take home meals</p> <p><b><u>Swannanoa Valley Christian Ministry</u></b><br/>828-669-9404<br/>101 N. Ridgeway Ave., Black Mountain<br/>Mon – Fri **call first</p> <p><b><u>Salvation Army</u></b><br/>828-253-4723     204 Haywood St., Asheville</p> <p><b><u>Catholic Charities</u></b><br/>828-255-0146     50 Orange St., Asheville<br/>Call in advance for Wed. pick up</p> <p><b><u>First Baptist Church</u></b><br/>828-252-4781     5 Oak St., Asheville<br/>Noon-1:30pm Thursdays</p> <p><b><u>Family of Faith Fellowship</u></b><br/>828-684-2158<br/>213 Long Shoals Rd., Arden<br/>11am-1pm Tue &amp; Thu</p> <p><b><u>Western Carolina Rescue Ministries</u></b><br/>828-254-0471     225 Patton Ave., Asheville<br/>2pm-3pm Tuesdays</p> <p><b><u>St. Vincent de Paul</u></b><br/>828-684-6098     109 Crescent Hill Dr., Arden<br/>11am-2pm Thursdays</p> <p><b><u>Foster Seventh Day Adventist</u></b><br/>828-274-2014     Hendersonville Rd., Asheville<br/>8am-10am Tuesdays</p> <p><b><u>Loving Food Resources</u></b><br/>828-255-9282<br/>Delivery to those loving with HIV/AIDS &amp; home hospice care regardless of diagnosis</p> | <p><b><u>Salvation Army</u></b><br/>828-253-4723<br/>204 Haywood St., Asheville<br/>Intake begins at 1pm</p> <p><b><u>Western Carolina Rescue Ministries</u></b><br/>828-254-0471<br/>225 Patton Ave., Asheville<br/>Overnight emergency shelter, counseling, job training, &amp; recovery programs</p> <p><b><u>Homeward Bound</u></b><br/><b><u>AHOPE Day Center</u></b> 828-252-8883<br/>19 North Ann St., Asheville<br/>8am-noon Mon through Fri<br/>Shelter to home programs<br/><b>Room In The Inn</b> 828-252-8882 (women's shelter)</p> <p><b><u>ABCCM – Veterans Restoration Quarters</u></b><br/>828-398-6622 veterans' intake line<br/>1329 Tunnel Rd., Asheville<br/>Men only</p> <p><b><u>ABCCM – Transformation Village</u></b><br/>828-398-6920<br/>Women, mothers with children</p> <p><b><u>Helpmate</u></b><br/>828-254-0516 shelter for domestic violence victims</p> <p>COVID-19 Resources</p> <p><b><u>Buncombe Co. Health &amp; Human Services</u></b><br/>828-250-5500     40 Coxe Ave., Asheville<br/>Social services &amp; emergency financial help</p> <p><b><u>Community Action Opportunities</u></b><br/>828-252-2495<br/>www.CommunityActionOpportunities.org<br/>25 Gaston St., Asheville<br/>Emergency assistance, employment, case management, weatherization, Head Start</p> <p><b><u>Disability Partners</u></b><br/>828-298-1977<br/>Assistance with rent, utilities, food, etc. to disabled people or their caregivers, who are experiencing hardship due to COVID-19</p> <p><b><u>FEMA Covid-19 Funeral Assistance</u></b><br/>844-684-6333<br/>COVID-19 must be on death certificate</p> | <p><b><u>Vocational Rehabilitation</u></b><br/>828-670-3377<br/>8 Barbeta Dr., Asheville<br/>Services &amp; training programs for those with disabilities</p> <p><b><u>Mountain Mobility</u></b><br/>828-250-6750 option 5 to determine eligibility<br/>Community transportation system</p> <p><b><u>NCWorks Career Center</u></b><br/>828-251-6200<br/>48 Grove St., Asheville<br/>job hunting<br/>www.NCWorks.gov</p> <p><b><u>Free Wi-Fi (wireless internet hotspots)</u></b><br/>Buncombe Co. libraries have free Wi-Fi outside 24/7<br/>Network: LibraryGuest<br/>Password: readmore</p> <p><b><u>Free or Reduced Cost Internet</u></b><br/>Website: GetInternet.gov</p> <p><b><u>Big Brothers Big Sisters of Western NC</u></b><br/>828-253-1470<br/>50 South French Broad #213, Asheville<br/>Mentoring programs for children</p> <p><b><u>Boys &amp; Girls Clubs of Buncombe Co.</u></b><br/>After school &amp; summer programs for children<br/>818-255-0266<br/><br/>Main campus &amp; teen center<br/>750 Haywood Rd., Asheville<br/><br/>Johnson Elementary site<br/>230 Johnston Blvd., Asheville</p> <p><b><u>Buncombe Co. Partnership for Children</u></b><br/>828-285-9333<br/>2229 Riverside Dr., Asheville<br/>Childcare resources, Pre-K, family resources</p> <p><b><u>Council on Aging of Buncombe Co.</u></b><br/>828-277-8288<br/>46 Sheffield Circle, Asheville<br/>Caregiver support, Medicare information, referrals, transportation, wellness</p> <p><b><u>Assurance Wireless</u></b><br/>888-321-5880<br/>Free call phones for low-income clients</p> |



Resource list compiled by the St. Vincent De Paul Society of St. Margaret Mary Catholic Church in Swannanoa.

\*\*\* Call ahead for agency hours and to find out if there are any changes.