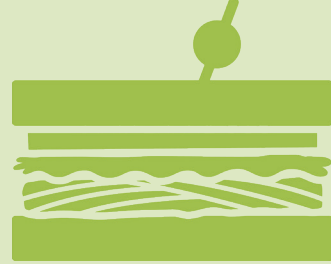


Build Your Own Deli Sandwich



Choose a Deli Sandwich

| | | |
|--|--|---|
| \$10 each | \$8 each | \$11 each |
| Genoa Salami Mortadella Bologna Turkey Ham | Egg Salad Liverwurst Grilled Cheese BLT Hummus | Roast Beef Roasted Turkey Breast Tuna Salad Pastrami Chicken Salad Chicken Breast Prosciutto Corned Beef |

When Available from our Kitchen —

| | |
|-------------------|-------------------|
| Meatball Sub \$12 | Veggie \$10 |
| Tofu \$11 | Chicken Parm \$13 |

Fresh Local & Specialty Cold Cuts Available Daily—Ask for our Selection

Add Cheese

| | | |
|--|--|---|
| Add \$1 | | Add \$1.75 |
| American Swiss Provolone Havarti Muenster Cheddar | Pepper Jack Asiago Chipotle Gouda Hickory Smoked Gruyere | Fresh Mozzarella Boursin Brie Smoked Cheddar |

Add Deluxe Extras

| | | |
|-------------------------|------------------------|---|
| Add \$1 each | | Add \$2 each |
| Fresh Peppers Apples | Hummus Micro-greens | Bacon Avocado Roasted Red Peppers |

Choose your favorite freshly baked bread

Multi-grain, Rye, Sourdough, Baguette, Whole Wheat, Scali Roll, Syrian, Gluten-Free Wrap or Wrap

Add \$.50 for a Bagel

Add \$1 for Focaccia, Croissant, Ciabatta Roll, Pretzel Roll or Thick-sliced Honey Oat Bread, Rosemary Ciabatta, Telera Roll

Add 3 extras at no additional charge

| | | |
|--|---|--|
| Lettuce Tomato Spinach Cucumber Carrots Red Onion | Pickles Hot Pepper Relish Sprouts Jalapeno Peppers Assorted Mayos Black Olives | Mustards Horseradish Sauce Various Dressings |
|--|---|--|

Build Your Own Bowl



Made to order with ingredients you choose. Just follow the easy steps below!

1. Select a Bowl

| | |
|-----------------------------|------|
| Spicy Shredded Chicken..... | \$12 |
| Mixed Veggies..... | \$10 |
| Marinated Tenderloin..... | \$15 |

2. Pick a Base

| | | |
|--------------|--------------------|--------------|
| Jasmine Rice | Tri-colored Quinoa | Mixed Greens |
| Soba Noodles | Farro | |

3. Choose the Sides

| | | |
|------------------|-----------------------|------------------|
| Black Beans | Yellow or Red Peppers | Cucumber |
| Shredded Carrots | Hummus | Edamame |
| Pineapple | Shredded Cabbage | Spinach |
| Cherry Tomatoes | Black Olives | Red Onion |
| Green Onions | Green Apple | Shredded Lettuce |

4. Add Your Topping

| | | |
|----------------------|-----------------------|----------------------|
| Cilantro | Pumpkin Seeds | Avocado \$1.50 |
| Toasted Sesame Seeds | Sliced Almonds \$1.50 | Feta Cheese \$1.50 |
| Pico de Gallo | Walnut Pieces \$1.50 | Shredded Jack \$1.50 |

5. Finish with a Sauce

| | | |
|-------------------------|-------------------------|-------------------------|
| Vinegar Sriracha | Apple Cider Vinaigrette | Lime Sesame Vinaigrette |
| Lemon Olive Oil & Basil | Spicy Thai Dressing | Aioli |



Pemberton Farms

MARKETPLACE

Phone: 617-491-2244 • Fax: 617-491-0055

www.pembertonmarketplace.com

2225 Massachusetts Avenue, Cambridge, MA 02140
(Between Porter Square and Rte. 16)

All prices subject to change



Deli Menu

Fresh Baked Goods **NEW**

Grab & Go and Salads

Specialty Sandwiches

Breakfast Specials

Grilled Panini Sandwiches

Vegetarian Sandwiches

Beverages & Desserts

Fresh Coffee

Call us with orders and/or questions:

Phone: 617-491-2244

Fax: 617-491-0055

www.pembertonfarms.com

Open Everyday 7 a.m. to 9 p.m.

Pemberton Farms

MARKETPLACE

2225 Massachusetts Avenue, Cambridge, MA 02140
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Breakfast Specials

- AM Cure** Grilled flank steak, egg, pepper jack cheese, chimichurri, your choice of bagel \$9
- The BCE** Smoked bacon, egg, cheddar cheese, your choice of bagel \$8
- The Swiss** Honey maple ham, egg, swiss cheese, croissant..... \$9
- The English Morning** Sausage or veggie patty, egg, smoked gouda cheese, english muffin \$8
- Healthy Sunrise** Egg, spinach, feta cheese, roasted red peppers, garlic sun-dried tomato mayo, on your choice of wrap \$8
- Egg-o-cado** Egg, cheddar cheese, avocado, tomato, your choice of bagel.. \$9
- Breakfast Burrito** Egg, jack cheese, black beans, avocado, peppers, onions, pico de gallo, sour cream \$8
- The Wake-Up Call** Bacon, egg, brie cheese, spinach, english muffin..... \$8
- Smoked Salmon** Smoked salmon, cream cheese, red onion, tomato, capers, your choice of bagel..... \$9

Substitute a croissant on any breakfast sandwich for \$1 extra.

Ask about more breakfast options including assorted pastries, muffins and bagels with cream cheese.

Signature Bowls

- Soba Bowl** (vegan) Soba, edamame, shredded carrots, cilantro, purple cabbage, red onions, scallions, sesame seed, rice wine vinegar, sriracha. \$10
- Mediterranean Bowl** Farro, feta cheese, cucumber, cherry tomatoes, red onions, black olives, hummus, basil, lemon juice, olive oil..... \$10
- Thai Chicken Bowl** (*gluten free*) Spicy shredded chicken, quinoa, or jasmine rice, shredded carrots, sliced almonds, green onions, avocado, purple cabbage, micro-greens, cilantro, spicy thai dressing. \$12
- Tex-Mex Tenderloin Steak Bowl** (*gluten free*) Marinated tenderloin steak, jack cheese, black beans, pico de gallo, avocado, shredded lettuce, cilantro, lime, jasmine rice..... \$15
- Quinoa Bowl** (*gluten free*) Quinoa, kale, red onion, pumpkin seeds, black beans, tomatoes, avocado, cilantro, lime, apple cider vinaigrette dressing..... \$10

Salads/Wraps.....

- Garden Salad** (*Vegan*) Mixed greens, tomatoes, cucumbers, shredded carrots, herb vinaigrette dressing \$8
- Caesar Salad** Romaine lettuce, shaved parmesan cheese, lemon, garlic croutons, caesar dressing \$9
- Greek Salad** Mixed greens, crumbled feta cheese, tomatoes, cucumbers, shredded carrots, kalamata olives, pepperoncini, greek vinaigrette dressing..... \$10
- Caprese Salad** Green leaf lettuce, fresh mozzarella cheese, tomatoes, basil leaves, roasted red peppers, olive oil, balsamic vinegar \$10
- Spinach Salad** Baby spinach, goat cheese, sliced almonds, dried cranberries, pears, poppy seed dressing..... \$10
- Tahini Temptation** (*Vegan*) Romaine lettuce, falafel, tabouli, tomato, cucumbers, red onions, lemon tahini dressing..... \$11
- The Natural** (*Vegan*) Green leaf lettuce, hummus, sunflower seeds, avocado, sprouts, tomato, cucumber, roasted red peppers, herb vinaigrette dressing \$11

Salad/Wraps Add-Ons.....

- Grilled chicken, roasted turkey breast, prosciutto, tuna salad, chicken salad \$4
- Grilled salmon, grilled flank steak..... \$6

Specialty Sandwiches

- Pretzel Chicken Club** Ever Roast Chicken, bacon, cheddar cheese, lettuce, tomato, green apple, garlic mayo, dijon mustard, pretzel roll \$13
- The Mayflower** Roasted turkey breast, sage stuffing, cranberry relish, lettuce, mayo, sourdough bread..... \$11
- The Wellington** Roast beef, boursin cheese, lettuce, tomato, horseradish cream, telera roll..... \$11



Specialty Sandwiches, continued

- The Turkey Avocado** Cracked pepper turkey, brie cheese, avocado, sprouts, lettuce, tomato, multi-grain bread \$12
- Mass Ave Sub** Mortadella, rosemary ham, salami, pepper jack cheese, onions, lettuce, hot pepper relish, pickles, tomato, olive oil, balsamic vinegar, ciabatta bread \$13
- The Burgundy** Rosemary ham, swiss cheese, lettuce, tomato, dijon mustard, ciabatta bread..... \$11
- The Tuscan** Fresh mozzarella cheese, roasted red peppers, tomatoes, basil leaves, olive oil, balsamic vinegar, herb focaccia bread..... \$11
- The Harvard Club** Jerk chicken, bacon, pepper jack cheese, spinach, tomato, garlic sun-dried tomato mayo, whole wheat bread. Spicy!..... \$12
- The Cali** Grilled chicken breast, brie cheese, spinach, avocado, fig spread, garlic mayo, toasted sourdough bread \$13
- The Sicilian** Hot capicola, salami, pepperoni, provolone cheese, roasted red peppers, tomato, onion, hot pepper relish, garlic mayo, olive oil, balsamic vinegar, scali roll \$12
- The Davis** Micro greens, grilled haloumi cheese, avocado, tomato, shredded carrots, radish, tzatziki, toasted honey oat bread..... \$11

Grilled Panini Sandwiches

- Spicy Cuban** Smoked ham, pulled pork, swiss cheese, pickles, chipotle mayo, mustard, ciabatta bread \$12
- The Vermonter** Roasted turkey, bacon, maple smoked cheddar cheese, red onion, tomato, green apple, garlic sun-dried tomato mayo, honey oat bread..... \$15
- Reuben** Lean corned beef, swiss cheese, sauerkraut, russian dressing, marble rye bread \$12
- Pesto Grilled Chicken or Turkey** (*contains tree nuts*) Grilled chicken breast or roasted turkey breast, fresh mozzarella cheese, tomato, red onion, roasted red peppers, spinach, pesto, ciabatta bread \$13
- Chicken Club** Grilled chicken breast, bacon, cheddar cheese, tomato, dijon mustard or chipotle mayo, telera roll..... \$13
- The Veggie** Fried eggplant, fresh mozzarella cheese, tomato, roasted red peppers, pesto, ciabatta bread \$13
- Tuna Melt** Tuna salad, american or provolone cheese, tomatoes, sourdough bread \$12
- The Flank** Grilled flank steak, cheddar cheese, caramelized peppers and onions, worcestershire mayo, ciabatta bread \$14