Welcome to Carmand

Forensic Mental Health & Learning
Disability Accommodation
including Specialised
Psychotherapeutic services for
adults.



Contact Information

For answers to any questions you have about a referral to our services, contact us at:

admin@carmand.co.uk

To learn more about our services and what makes us different, visit our website:

www.carmand.co.uk

Carmand

& LEARNING DISABILITY
ACCOMODATION





About Us

CARMAND is a unique service that provides homely and complete rehabilitation pathways for clients with Mental health problems and or learning disabilities with complex needs. We provide a gateway and offer a smooth and structured transition from a range of services back into the community. We specialise in forensic backgrounds.

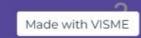


CARMAND has 4 current registered care homes which have the below eligibility criteria:

- · 18 and over Years old.
- Learning disability (IQ Range 50-80).
- History of mental health problems.
- Social interaction/Personality deficits.
- Forensic History.

Carmand

is able to provide all male accommodation, and also all female accommodation (Subject to placement availability)



Accommodation at Carmand

CARMAND offers structured supported accommodation that is modern and reassuringly

homely. We currently have a total of 19 supported accommodation places.

These are strategically spread amongst 4 different properties which are 4 to 5 bedroom houses within North East Lincolnshire.

CARMAND is proud to be able to offer good quality supported accommodation based around a family type living model to ensure that the

clients feel at home and at ease in their new homes. We take pride in creating

a homely environment through out all of our homes.

CARMAND encourage and support the maintenance and development of daily living skills, with modern facilities equipped to meet the needs of the Clients.



CARMAND properties are strategically located within well established bus routes around Cleethorpes and Grimsby and local to close amenities.

Move on plan - support staff will help devise a personalised move on plan (for accommodation) for the client so they have a target/ goal to work towards. Move on accommodation can be provided throughout the service and the overall aim and objective is to work with the individual until they are able to live as independently as possible also supporting the client to build life skills in order to maintain independence.

CARMAND believes that the client should feel at home and all clients are involved with all decisions that are made in relation to their own individual satellite property including choosing their own bedroom decor, plants in the garden, pictures on the walls and all furnishings that meet the relevant safety standards.

Services at Carmand

CARMAND takes pride in supporting our clients to achieve their maximum potential and to become independent and equipped with the necessary skills to reside long-term in a community environment.

CARMAND helps to improve clients own daily living skills, social skills, educational and or work development as identified through the "needs assessment" process. CARMAND identifies areas were the client needs extra support, through their needs assessment, and provides any extra support that is needed.

CARMAND will co-operate and liaise accordingly with other external agencies and following the Care Programme Approach to ensure a high quality of support is being provided. When appropriate CARMAND will also work, plan, share and collate information with other relevant external agencies.



Psychological Services At Carmand

Comprehensive Psychological support is provided as part of the integrated service.

Specialist Psychological Services are able to provide the following as part of CARMAND'S standards:

Psychometrics

Risk assessments

Dialectical behaviour therapy

Cognitive behaviour therapy

Schema focused therapy

Anger management programmes

Social skills training

Assertiveness skills training

Self-Injurious behaviour coping strategies

Behaviour Modification Programmes

Learning disability assessments

Specialised tailored programmes are available.

Activities at Carmand

Carmand provide a provide a structured activity timetable that is person centred and follows a holistic approach for all of our clients to support them to remain active and build and engage in social activities.

Personalised activity timetables are compiled; staff encourage all of the clients to take part in all of their timetabled activities.

Some of our activities include -

- · Arts and crafts
- Gardening activities
 - Music activities
- External trips to facilities including zoo's, theme parks and cafe's.
- Support to attend external social environments including Foresight, Local community centres and voluntary placements or paid jobs.



What Other Services Are Available At Carmand

Incorporated into CARMAND'S integrated services are:

Psychological assessment and support

Intervention

Evaluation

Mental health monitoring

Specialised programmes where appropriate

Person centred approach

Stake holder meetings

Support and supervise independent living skills

Risk assessments

Sourcing paid and or voluntary employment

We provide all of our Clients with the opportunities to achieve their full potential and maximise their independence.

Referrals

To Carmand

We accept
referrals 24hrs a day, 365 days a year
from all in-patient services,
Commissioners,
Social Services, social care providers,
residential homes, community
settings
etc.

carmand is more than happy to discuss any potential referrals with commissioners, PCT/CCG, AMHP's, and community mental health/learning disability CPN's.

This of course is provided free of charge alongside all pre-admission assessments, arrangements, contracts and visits.



Meet The Team At Carmand

Dr Olufemi Oluwatayo

A visiting Consultant Forensic Psychiatrist with a particular expertise in the assessment and management of individuals with complex mental health presentations.

Dr Olufemi Oluwatayo has dedicated all his professional life to ensuring that the individuals he is involved in supporting receive an appropriate, safe, personalised psychiatric service that optimises their opportunities for recovery and reintegration into their local community.

Carol Faniyi

A Registered Forensic

Psychologist Practitioner who is experienced in psychometric assessments, delivering a wide range of programmes and individually tailored psychotherapeutic intervention programmes.

Carol worked in a Low Secure Hospital environment with learning disability offenders. Previous to this Carol also worked for the NHS in London in a Medium Secure unit with adult offenders with personality disorders and mental health problems and in older adult mental health.

Our team also comprises of -

- · Registered Manager Karl Smith
- · Deputy Manager Lavinia Grigg
- · Senior Rehabilitation Support Workers
- · Rehabilitation Support Workers
- · Clerical Staff
- · Maintenance Team



Fees At Carmand

carmand adopts a person centred approach and believes in specialising support, tailored to meet the individual needs of the clients who are using our services.

We take a flexible approach to pricing and are pleased to negotiate packages based on the client's level of assessed need for both structured support and required interventions.

All psychological support,
assessments,
recommendations, interventions,
and evaluations are included in our
price
structure as part of our integrated
service.

Approval for funding by the appropriate Authority is essential prior to admission taking place.

Discharge planning starts at the point of admission and is continually assessed throughout the individual's care pathway.

Contact Us

HEAD OFFICE ADDRESS:

CARMAND LIMITED Purecare Solutions Crosland Road Willows Estate Grimsby DN37 9DS 01472 884579

Our Homes

Opal House
22 Humberston Avenue
New Waltham
Grimsby
DN36 4SP
01472 905993

Our Homes

Amber House 154 Grimsby Road, Humberston Grimsby DN36 4AQ 01472 500448

Topaz House 226 Grimsby Road, Cleethorpes Grimsby DN35 7EY 01472 237476

Emerald House
Grange Farm House, Waltham Road
Barnoldby-Le-Beck, Grimsby
DN37 0AR
01472 459285

Telephone Numbers:

Head Office - 01472 884579 Referrals - 07558835287 Karl Smith - 07558835287 Lavinia Grigg - 07388837555 Carol Faniyi - 07868777021

Email Addresses Head office
Admin@carmand.co.uk
Karl Smith
Karl.piddington-smith@carmand.co..uk
Carol Faniyi
Carol.faniyi@nhs.net
Lavinia Grigg
Laviniagrigg.carmand@outlook.com