

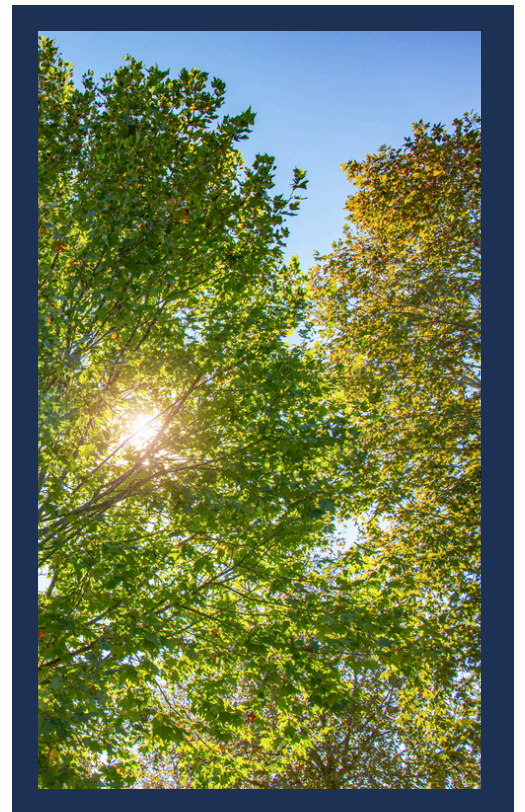


The Board would like to extend its sincere thanks to Karen Abrahams following her recent resignation from the Garlington Board.

Karen has stepped down from her position to focus on growing her business. While we are naturally sorry to see her leave the Board, we fully support her decision and wish her every success in this exciting new venture.

During her time on the Board, Karen contributed generously through her commitment, dedication and willingness to serve the estate. Her thoughtful input and steady support have been greatly appreciated by both her fellow Board members and the management team.

On behalf of the Board and the residents of Garlington, we thank Karen for the time, energy and care she invested during her tenure and wish her every success for the future.



From the GM's Desk

Winter has arrived in the Midlands, bringing crisp mornings, frosty lawns, glowing fireplaces and hearty meals shared around the table.

In this edition, we take a closer look at our estate apiaries and the important role they play in supporting pollination and the natural environment around us. We also spend some time getting to know resident Hannah Broad and celebrating her remarkable achievements. For those who enjoy spending time in the garden, we share practical advice on caring for mature gardens and ensuring they continue to flourish for years to come.

I would encourage residents to consider entering this year's Gardens of Garlington competition. Whether your garden is newly established or has been nurtured over many years, the competition offers a wonderful opportunity to celebrate the care, patience and enjoyment that gardening brings.

We are also delighted to launch a project that we are particularly excited about, the Garlington Recipe Book. Every home has its favourite recipes, whether they are dishes passed down through generations, meals that have become family traditions, or recipes that simply bring family and friends together around the table. We would love to capture some of these favourites and create a collection that reflects the many tastes, traditions and stories found across the estate. I encourage every household to submit one or two recipes and help us create something that can be enjoyed for years to come.

As the days grow shorter and the evenings draw in, I hope this season offers an opportunity to slow down, spend time with those you care about, and enjoy all that winter in the Midlands has to offer.

Malcolm Carlyle



ESTATE LIFE

Movies Under the Stars

Our Movies Under the Stars evening on 21 March was a wonderful night enjoyed by residents of all ages.

While the weather had other plans for us, a little rain certainly wasn't going to stop the show. A clear marquee was transformed into our own outdoor cinema, with twinkling fairy lights overhead creating the stars and adding to the atmosphere of the evening.

Residents arrived with blankets, cushions and camping chairs in hand, ready to settle in for a screening of *The Greatest Showman*. The front rows quickly filled with families spreading blankets across the grass, while others settled comfortably into their favourite camping chairs to enjoy the movie. The smell of freshly popped popcorn drifted through the marquee and residents tucked into burgers and tacos, creating all the ingredients for a relaxed and memorable evening. As the movie played and the music filled the marquee, there was plenty of singing along, laughter and a shared appreciation for a film that leaves you feeling just a little happier than when it began.

A special thank you to everyone who joined us. It was one of those evenings that reminded us how enjoyable the simple things can be – good food, a great movie and a chance to spend a few hours together. And for those who missed it, keep an eye on future estate communications. Movies Under the Stars will certainly be returning, and judging by the feedback from this year's event, it is one you won't want to miss.





Family Day

Our annual Family Day once again proved to be one of the highlights of the year, bringing residents together for a fun-filled day.

The giant inflatables were an instant attraction, with children gathering nearby as they were being erected, keen to be first in line when the fun began. Once everything was in place, the inflatables were filled with laughter, energy and enthusiastic young residents making the most of every moment.

While the children kept busy, residents spent the afternoon browsing the variety of stalls, catching up with friends and family, and enjoying the relaxed atmosphere. Graham Hudson provided the perfect backdrop on the piano, while later in the afternoon Afritude added to the festivities with their easy-going music and entertainment.

No Family Day would be complete without good food, and Curehouse, Nova Coffees and The Bistro ensured there was plenty on offer throughout the afternoon. From refreshments and treats to delicious meals, there was something for everyone to enjoy.

One of the most enjoyable parts of the day was seeing our young entrepreneurs in action. Their stalls were filled with creativity, enthusiasm and plenty of entrepreneurial spirit as they put into practice the valuable business skills that this initiative encourages. It was wonderful to see the confidence, effort and pride with which they showcased their products and interacted with customers.

Thank you to everyone who attended and to all those who contributed to making the day such a memorable success. We are already looking forward to next year's Family Day.



**"Winter is the time for comfort,
for good food and warmth, for
the touch of a friendly hand
and for a talk beside the fire."**

– Edith Sitwell

Capturing Garlington Through the Lens

Earlier this year, residents were invited to submit their favourite photographs of life on the estate as part of our Garlington Photography Competition. The response was exceptional, with entries capturing everything from misty sunrises and autumn landscapes to wildlife encounters and the smaller details that are so often overlooked.

The photographs not only showcased the beauty of Garlington throughout the seasons but also highlighted the talent and keen eye of many of our residents – and judging the competition was no easy task. Each image offered a unique perspective of the estate, making the final decision incredibly difficult.

Congratulations to our winners:

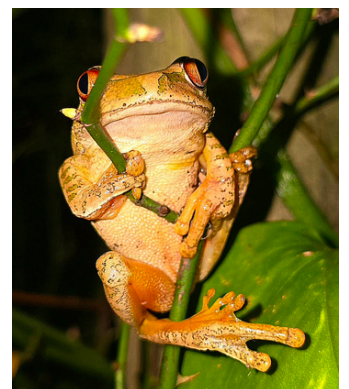
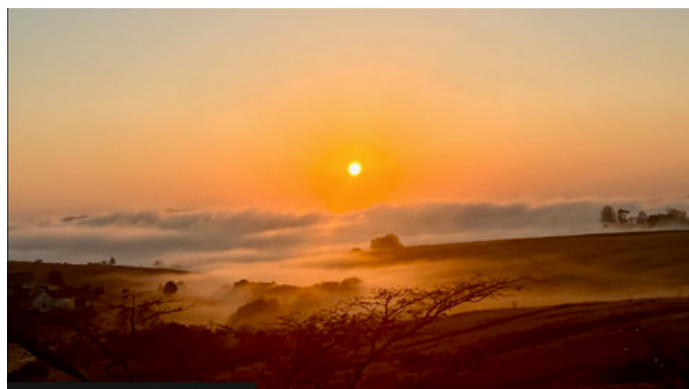
1st Place: Valerie Fowler – Reedbuck Peering Through the Grass

2nd Place: Mervyn McMurtry – Dawn Over Garlington

3rd Place: Karen Breytenbach – Macro Image of a Frog

We are delighted to share a selection of the photographs submitted as part of the competition and would like to thank every resident who took the time to enter. Residents are encouraged to continue sending their photographs through to Michelle throughout the year. Whether it is a spectacular sunrise, a favourite view, a wildlife sighting, a garden in bloom or simply a special moment captured while out on a walk, we would love to receive it.

It is a privilege for us to feature resident photographs across our social media platforms, website, newsletters and other estate publications. Through them, we are able to share the beauty of Garlington through the eyes of the residents who notice and appreciate it every day.



A WARM WELCOME

This quarter, we are delighted to welcome the Thatcher, Bainbridge, Muller, Musgrave and Shaw families to Garlington.

Some families are already settled into their new homes, while others are still becoming acquainted with all the estate has to offer. We are also excited to see a new home beginning to take shape, adding another chapter to the ongoing story of Garlington. We hope every family will enjoy the many simple pleasures of life on the estate – from the changing seasons and beautiful surroundings to the friendships and memories that develop over time.

We wish you every happiness and look forward to getting to know you in the months and years ahead.

Learning New Skills

Residents may have noticed a little extra excitement around the estate recently as members of our Security and Estate Management teams took part in a morning of snake awareness and handling training with renowned snake conservationist and educator, Nick Evans.

Living in the Midlands means sharing our environment with a wide variety of wildlife, and from time to time that includes snakes. While sightings are relatively uncommon, they are a natural part of life in our beautiful surroundings.

During the training session, Nick provided staff with a fascinating insight into the snakes found in our region, helping them to better understand their behaviour, identify different species and, most importantly, learn how to respond safely when a snake is encountered. The practical component of the training equipped our Security Supervisors and Estate Management team with the skills and confidence to safely remove and relocate snakes when required.

As a result, residents who encounter a snake on their property or elsewhere on the estate can contact Security for assistance, knowing that our team has received specialised training in how to manage these situations safely and responsibly.

The session was both informative and engaging, and forms part of our ongoing commitment to equipping staff with the knowledge and skills needed to support residents and care for the estate environment.

We extend our sincere thanks to Nick Evans for sharing his expertise and helping our team gain a greater understanding and appreciation of these often misunderstood creatures.





A Sweet New Addition to Garlington Estate



On 14 April, Garlington welcomed a sweet new addition to the estate with the introduction of our first apiaries. Although the hives have only been in place for a short time, they mark the beginning of an exciting project that will benefit both the estate and the wider environment for years to come.

Honeybees play a vital role in the natural world. As they move between flowers collecting nectar and pollen, they help many plants, trees and crops reproduce through pollination. Their work supports healthy gardens, flowering plants and biodiversity, making them some of nature's most important workers.



For an estate where gardens, open spaces and the surrounding countryside form such an important part of daily life, the arrival of the apiaries is a natural fit. The bees will contribute to the health and vitality of the landscape around us, helping many of the plants and trees that make Garlington such a beautiful place throughout the seasons. Perhaps the most exciting part of the project is that residents can look forward to our very first harvest of Garlington Honey later this year.

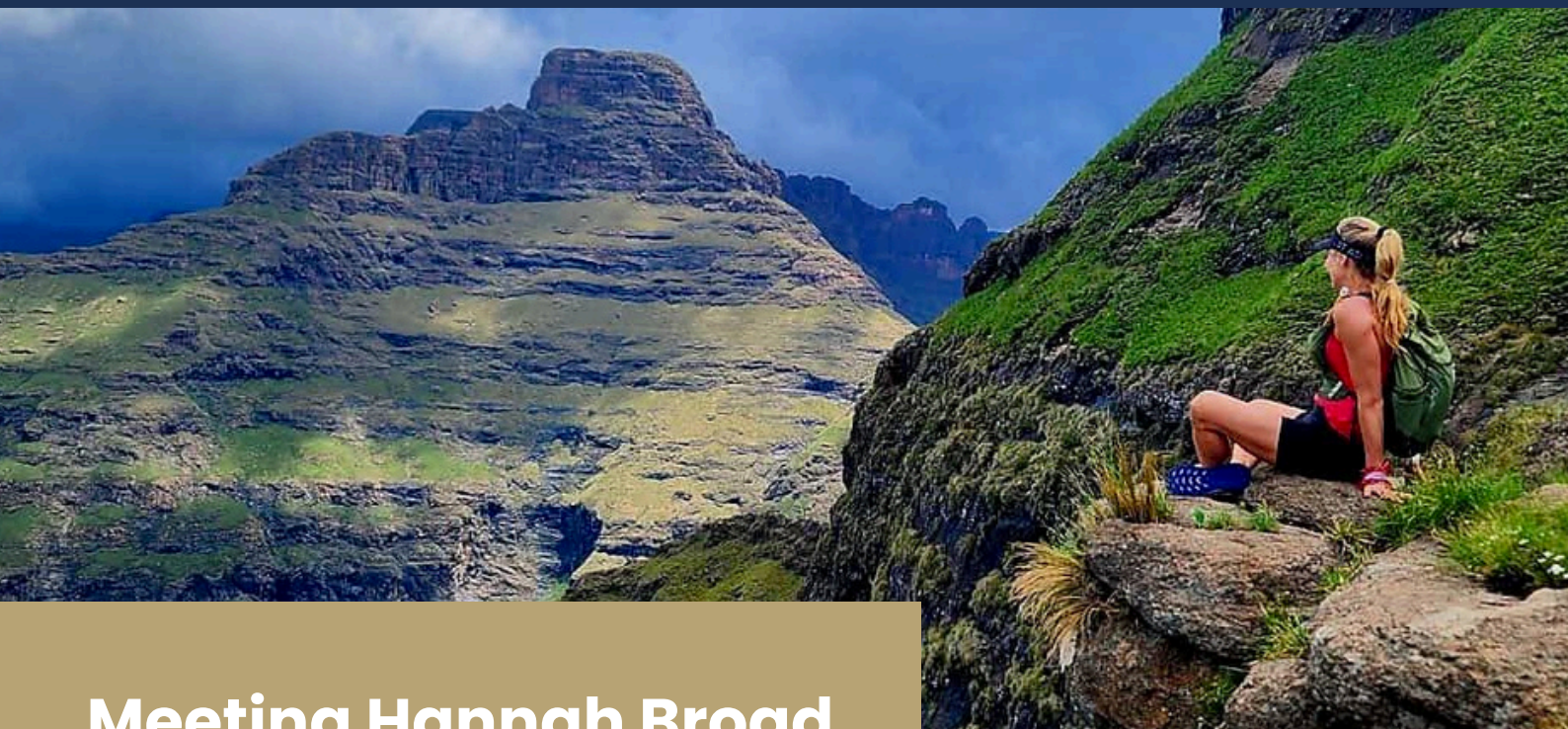
There is something rather special about producing honey right here on the estate. Gathered from nectar collected from our gardens, flowering trees and the surrounding countryside, it will be a product that is uniquely Garlington – a reflection of the landscape we enjoy every day and a reminder of the simple pleasures that come with life in the Midlands.

While the first hives have only recently been established, this is just the beginning. We hope to expand the apiaries over time by introducing additional hives as the project develops, allowing the bee population to grow and further support pollination across the estate.

The apiaries will also create opportunities for our younger residents to learn more about the fascinating world of bees. In the months ahead, we hope to host educational workshops where children can discover how a hive functions, how honey is produced and why bees are so important to the environment around us.

Projects such as these add another dimension to life at Garlington. They encourage an appreciation for the natural world, create opportunities for learning and provide experiences that can be shared across generations. We look forward to following the progress of the hives and, of course, celebrating the first harvest of Garlington Honey later this year.





Meeting Hannah Broad

If you've spent any time on the roads, trails or hills surrounding Garlington, chances are you've crossed paths with Hannah Broad.

A resident of Garlington Estate and an accomplished endurance athlete, Hannah recently added another remarkable achievement to an already impressive list when she claimed 1st Place in the Women's Category and 1st Place Mixed Team at this year's Sani2C Adventure.

What makes the achievement even more extraordinary is that Hannah never set out to win the race.

"It was only supposed to be a training ride," she laughs.

Partnering with experienced endurance athlete Marty Hall, the pair covered 260 kilometres and more than 5,000 metres of climbing over three days. While Hannah describes the experience as incredible, it was not without its challenges. Two hard falls on the second day tested both her confidence and determination, but by the end of the race they had fought their way back to the front of the field.

Yet, for Hannah, endurance sport has never really been about podium finishes.



Having spent much of her life competing at a high level in equestrian sport, including representing Australia in international show jumping and winning the FEI World Cup Dressage Challenge at Advanced Level, she has always been drawn to challenge, adventure and discovering what lies beyond her comfort zone.

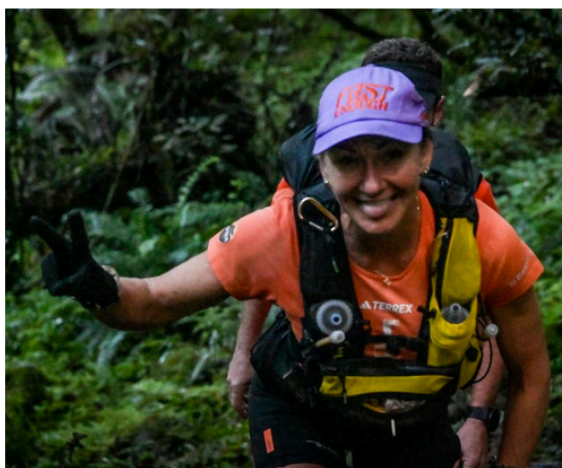
More recently, that journey has led her into the world of ultra-endurance running and adventure racing. Among her many achievements are podium finishes at events such as Magoebaskloof, Karkloof, the Otter Trail Run and Hobbit 90km. She has also completed the Amazon Jungle Run, widely regarded as one of the toughest ultra-endurance races in the world. Covering 230 kilometres through dense jungle terrain while carrying an eight-kilogram pack, she finished fourth woman in a race where nearly half the field failed to reach the finish line.

Ask Hannah what keeps drawing her back to these events and the answer is not what one might expect.

"So much of what makes these adventures unforgettable is the people alongside you and absorbing the beauty the world has to offer," she says.

"The camaraderie that forms when you're deep in shared suffering but surrounded by the most unbelievable splendour of nature is duality at its best. That's a thread that runs through all of it and never gets old."

It is a perspective that speaks volumes about the way she approaches life. While many people focus on the finish line, Hannah seems equally captivated by the friendships formed, the places explored and the experiences gathered along the way.



Some of her most vivid memories come from standing deep within the Amazon rainforest, surrounded by untouched wilderness and views stretching endlessly into the distance. Others involve navigating through darkness, exhaustion and uncertainty during the Hobbit 90km race, when she and her fellow runners found themselves lost, injured and facing freezing conditions with no option but to keep moving forward. Whether beautiful or brutal, she embraces the experience in its entirety.

For all her international adventures, Hannah remains deeply appreciative of her life in the Midlands. "Out of everywhere I could choose to be, I chose here," she says.

She describes the KZN Midlands as a dream training ground for endurance athletes, with world-class running and cycling routes right on our doorstep. Garlington's location, combined with the beauty of the surrounding countryside, provides the perfect environment for someone who spends much of her life outdoors.

Hannah is equally grateful for the people who have supported her along the way. She speaks warmly of the wider Hilton endurance community and the remarkable individuals who have crossed her path over the years.

Her long-time coach, James Kelly, has guided her through many of her sporting pursuits and adventures over the past decade. She credits the JNB Squirrels Ultra Running group with teaching her about the long, demanding days that ultimately led her to take on challenges such as the Amazon Jungle Run. More recently, cyclist and coach Frances Swanepoel from Absolute Motion has helped her develop strength and confidence on the bike, playing an important role in her preparation over the past several months.

For Hannah, endurance sport may be an individual pursuit, but it is built on friendships, encouragement and the support of people who understand both the challenges and rewards of the journey.



At home, she values the security and peace of mind that Garlington provides for her family. "Raising three girls within the sheltered, protected environment of the estate has been an absolute privilege."

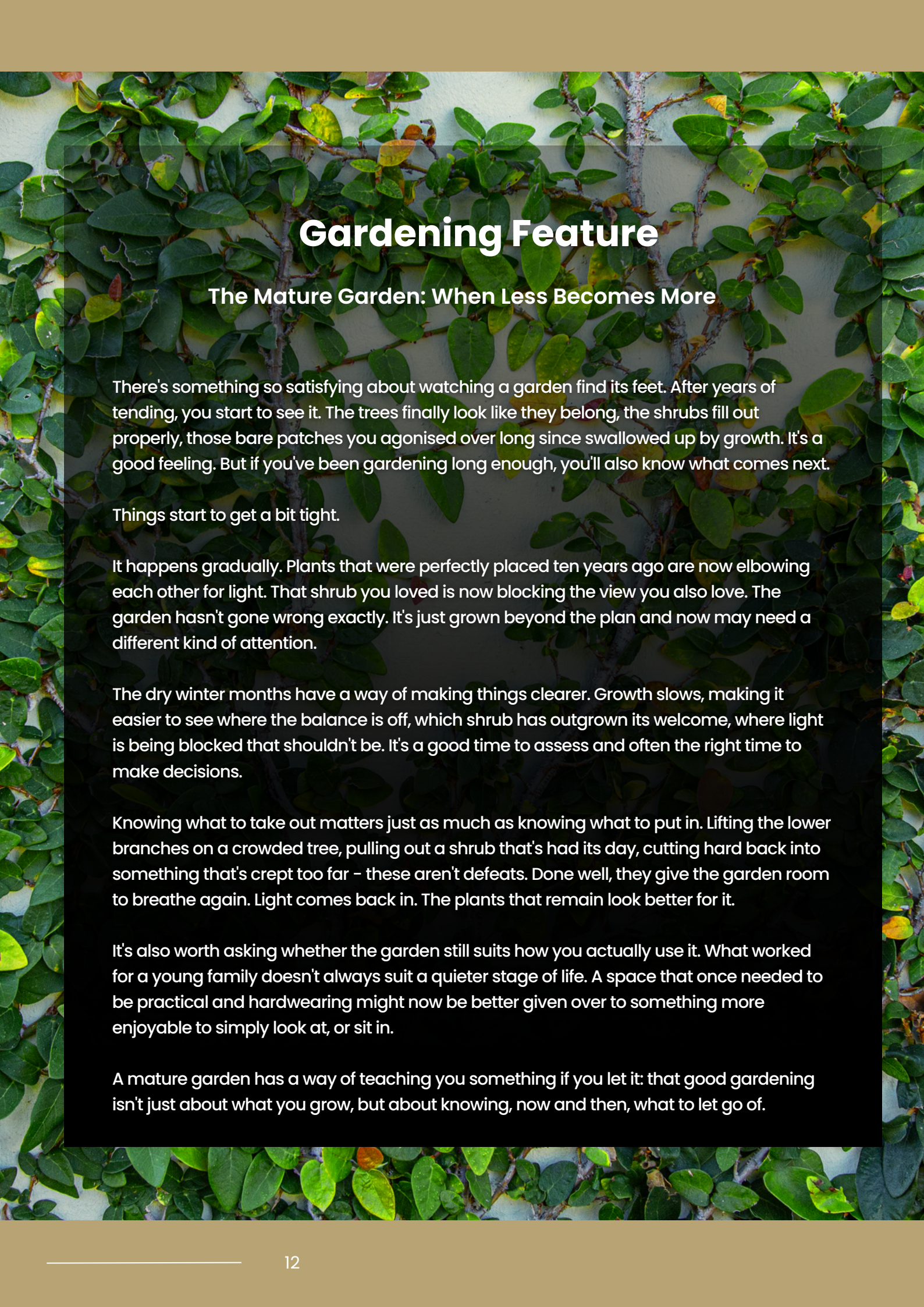
When asked what success means to her, Hannah's answer is refreshingly simple: "Success is trying. That's it, just giving it a go. There is no such thing as failure."

Perhaps the philosophy that best captures Hannah's outlook comes from a quote by the 13th-century poet Rumi, one that she returns to often: "There is a force within which gives you life. Seek that."

It seems fitting for someone who continually seeks out new adventures, embraces challenges that many would shy away from, and approaches life with curiosity, courage and an unwavering willingness to try.

With the Andorra Epic waiting for her later this year, there is little doubt that Hannah's next adventure is already on the horizon. We look forward to following her journey and cheering her on from Garlington.





Gardening Feature

The Mature Garden: When Less Becomes More

There's something so satisfying about watching a garden find its feet. After years of tending, you start to see it. The trees finally look like they belong, the shrubs fill out properly, those bare patches you agonised over long since swallowed up by growth. It's a good feeling. But if you've been gardening long enough, you'll also know what comes next.

Things start to get a bit tight.

It happens gradually. Plants that were perfectly placed ten years ago are now elbowing each other for light. That shrub you loved is now blocking the view you also love. The garden hasn't gone wrong exactly. It's just grown beyond the plan and now may need a different kind of attention.

The dry winter months have a way of making things clearer. Growth slows, making it easier to see where the balance is off, which shrub has outgrown its welcome, where light is being blocked that shouldn't be. It's a good time to assess and often the right time to make decisions.

Knowing what to take out matters just as much as knowing what to put in. Lifting the lower branches on a crowded tree, pulling out a shrub that's had its day, cutting hard back into something that's crept too far – these aren't defeats. Done well, they give the garden room to breathe again. Light comes back in. The plants that remain look better for it.

It's also worth asking whether the garden still suits how you actually use it. What worked for a young family doesn't always suit a quieter stage of life. A space that once needed to be practical and hardwearing might now be better given over to something more enjoyable to simply look at, or sit in.

A mature garden has a way of teaching you something if you let it: that good gardening isn't just about what you grow, but about knowing, now and then, what to let go of.



GARDENS OF GARLINGTON

2026

A GROWING TRADITION

A Friendly Reminder

With spring just around the corner, now is the perfect time to enter this year's Gardens of Garlington Competition.

Whether your garden is large or small, newly established or the result of many years of care and attention, we encourage all residents to take part. The competition is not only about celebrating beautiful gardens, but also the creativity, enjoyment and dedication that gardening brings.

Entries are welcomed across four categories:

- Large Gardens
- Medium Gardens
- Small Gardens
- Special Feature Gardens, including Indigenous Gardens

Judging will take place over the weekend of 26 and 27 September 2026.

As an added benefit, all entrants will receive 10% Cashback Rewards on purchases made at any Blackwood's store from the date of registration until 30 September 2026.

Most importantly, the Gardens of Garlington is simply meant to be fun — an opportunity to share your garden, gather inspiration from fellow residents and celebrate the spaces that contribute so much to the beauty of our estate.

To enter, simply complete the online application form:
[GARDENS OF GARLINGTON ENTRY FORM](#)

After all, every garden tells a story.



Help Us Create the Garlington Recipe Book

Every family has those recipes.

The ones written on a well-used recipe card tucked into a kitchen drawer. The dish that appears at every Christmas lunch. The soup that everyone requests on a cold winter's evening. The cake that never lasts more than a few minutes at a family gathering.

Over time, these recipes become part of family life, shared around countless tables and woven into some of our fondest memories.

It is with this in mind that we are delighted to announce the creation of the very first **Garlington Estate Recipe Book**.



The recipe book will be a collection of favourite recipes contributed by residents of Garlington. Some may be long-standing family favourites, while others may be modern classics, secret braai recipes, delicious desserts, comforting winter meals, preserves, baked treats or dishes that have earned a permanent place at your table. Our hope is to create something that reflects the many tastes and traditions found across the estate, a collection that residents can enjoy now and treasure in the years ahead.

We invite every household to contribute one or two recipes for inclusion.

Along with your recipe, we encourage you to share a short note about why it is special to you. Perhaps it reminds you of a particular person, a special occasion, a memorable holiday or simply a dish that everyone asks you to make.



To submit your recipe, please email Michelle with:

- The name of the recipe
- Ingredients and method
- A short story or memory connected to the recipe (Optional)
- Your name and surname

Whether it is a treasured family favourite, a reliable weeknight meal or the dish you are best known for amongst family and friends, we hope you will consider sharing it with us.

We look forward to discovering the dishes and memories that fill the kitchens and dining tables of Garlington and creating a recipe book that reflects the people who make this estate so special.

FROM THE KITCHEN

Bistro Chef Alex Poltera shares a Slow Pot Pie that celebrates Winter flavours and locally sourced ingredients.

Slow-Cooked Beef & Red Wine Pot Pie

SERVES 6-8

INGREDIENTS

For the filling:

- 1.2 kg beef chuck, cut into cubes
- 2 tbsp olive oil
- 2 onions, finely chopped
- 2 carrots, diced
- 2 celery stalks, diced
- 2 cloves garlic, crushed
- 2 tbsp tomato paste
- 250 ml red wine
- 500 ml beef stock
- 2 bay leaves
- 2 sprigs fresh rosemary
- 1 tbsp Worcestershire sauce
- Salt and freshly ground black pepper

For the pastry:

- 1 sheet ready-made puff pastry
- 1 egg, beaten



Method:

1. Heat the olive oil in a large pot and brown the beef in batches. Remove and set aside.
2. Add the onions, carrots and celery to the pot and cook until softened. Stir in the garlic and tomato paste and cook for a further minute.
3. Return the beef to the pot. Add the red wine and allow it to reduce slightly before pouring in the beef stock.
4. Add the bay leaves, rosemary and Worcestershire sauce. Season well and bring to a gentle simmer.
5. Cover and cook on low heat for approximately 2½ to 3 hours, or until the beef is tender and the sauce has thickened.
6. Allow the filling to cool slightly before transferring it to a pie dish. Remove the bay leaves and rosemary sprigs.
7. Cover with puff pastry, trim the edges and brush with beaten egg.
8. Bake at 200°C for 25-30 minutes until the pastry is golden and crisp.

To serve:

Serve with creamy mashed potatoes, buttered green beans or simply enjoy on its own beside a crackling fire on a cold Midlands evening.

Good food has a way of bringing people together, and few dishes do it better than a pie shared around a winter table