



LEADERSHIP COACHING

Magnetic Moon
COACHING

EMMA NEWELL

I help committed leaders, who want more success, to discover a leadership style with more impact and purpose with less burnout

1 THE BENEFITS OF COACHING

- **Enhances self-awareness:** Helping leaders recognise their strengths, weaknesses and blind spots to improve decision-making and emotional intelligence.
- **Develops key leadership skills:** Fosters essential abilities such as communication, strategic thinking, conflict resolution, and team management to lead effectively.
- **Drives personal and organisational growth:** Empowers leaders to set clear goals, overcome obstacles and create a positive impact within their teams and organisations.

2 WHAT YOU CAN EXPECT

- **A highly personalised approach:** Each session is tailored to you. We'll agree your priority prior to each session.
- **Blended learning experiences:** I use a combination of structured masterclasses, after call assignments, visualisation exercises, reflective questions, reframing of limiting core beliefs and book recommendations.

3 ABOUT ME



20 YEARS COACHING EXPERIENCE

I am an authentic trusted ILM 7 and NLP coach and retreat leader who combines my vast skills from my own 20-year career in People & Culture



STRATEGIC LEADERSHIP BACKGROUND

With experience as an HR Director and Non-Executive Director, I bring a unique advantage of having advanced through leadership roles bringing real-life experience



PRACTICAL AND TRANSFORMATIVE STYLE

My coaching is practical and includes masterclass techniques, while also uncovering limiting core beliefs to facilitate deeper personal and professional growth