



NORTHERN PRINCE GEORGE'S COUNTY YEAR-END REVIEW JULY 2024-JUNE 2025



Dementia Friendly America (DFA) Northern Prince George's County continued to lead the way in caregiver support, dementia education, early detection, and community empowerment. Through partnerships, webinars, support groups, screenings, creative programming, and heartfelt outreach, we served our mission with purpose and pride.

"Together, we built more than programs—we built connection, dignity, and hope. Every memory café, screening, and act of care is a reminder that no one walks this journey alone."



Memory Screening

A memory screening is a brief evaluation tool that evaluates memory and other thinking skills. The Brief Alzheimer's Screening (BAS) consists of five questions and/or tasks designed to test memory, language skills, thinking ability, and other intellectual functions. It can indicate whether an additional check up by a qualified healthcare professional is needed.

DFA provided memory screenings for 7 sites in Northern Prince George's county. A total of 135 people were screened - 15 scored below the threshold.

Site	Total Screened:	Scored Below 24:
Evelyn Cole	25	4
John E. Howard	4	0
Langley Park	18	0
Laurel-Beltsville	12	1
Gwendolyn Britt	4	0
Metropolitan Baptist Church	15	0
Bowie Senior Resource Fair	57	10
Total:	135	15 (11.1%)

Identifying early signs of cognitive impairment can lead to better health outcomes...

What impact did DFA have over the past year?

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StrongerMemory Program
Powerful Tools for Caregivers



Schedule your memory screening for your senior apartment building, faith based group or next health event located in Northern Prince George's county!

Katherine Farzin
(240) 542-2019
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Dementia
Friendly
America®

The Virtual Memory Café provides a stigma-free environment for those with early-stage Alzheimer's disease, mild cognitive impairment or other forms of dementia and their spouses, partners and caregivers.

Virtual & In Person Memory Café



Virtually on the 2nd & 4th
Wednesdays, 1:30-2:30pm

Please contact Sharon Johnson,
240-542-2029
or sjohnson@greenbeltmd.gov for
more information.

Virtual & In-person Caregiver Support Group

We provide a judgement free environment where caregivers, family and friends of loved ones with chronic health conditions come to:

- Exchange practical information on caregiving problems and possible solutions
- Talk through challenges and ways of coping
- Share feelings, needs and concerns Learn about resources and support services available in your community

**20
caregivers
participated
this year!**



Powerful Tools for Caregivers is a class that gives you the skills to take care of yourself while caring for someone else. By taking care of your own health and well-being, you become a better caregiver. Two classes were taught by Sharon Johnson and Christal Batey. A total of 23 caregivers participated. To further outreach, a leader training trained 7 individuals to become class leaders.

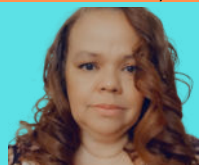
Dementia Friendly America – Northern Prince George's County Sector is offers an innovative program for older adults through a partnership with **Goodwin House Incorporated (GHI)**. The program, **StrongerMemory**, is designed to help older adults alleviate symptoms of mild cognitive impairment (MCI) and early-stage dementia. StrongerMemory consists of simple activities practiced daily to engage the working memory and trigger brain activity in the prefrontal cortex.



Please contact Katherine Farzin,
240-542-2019
or kfarzn@greenbeltmd.gov for more
information.

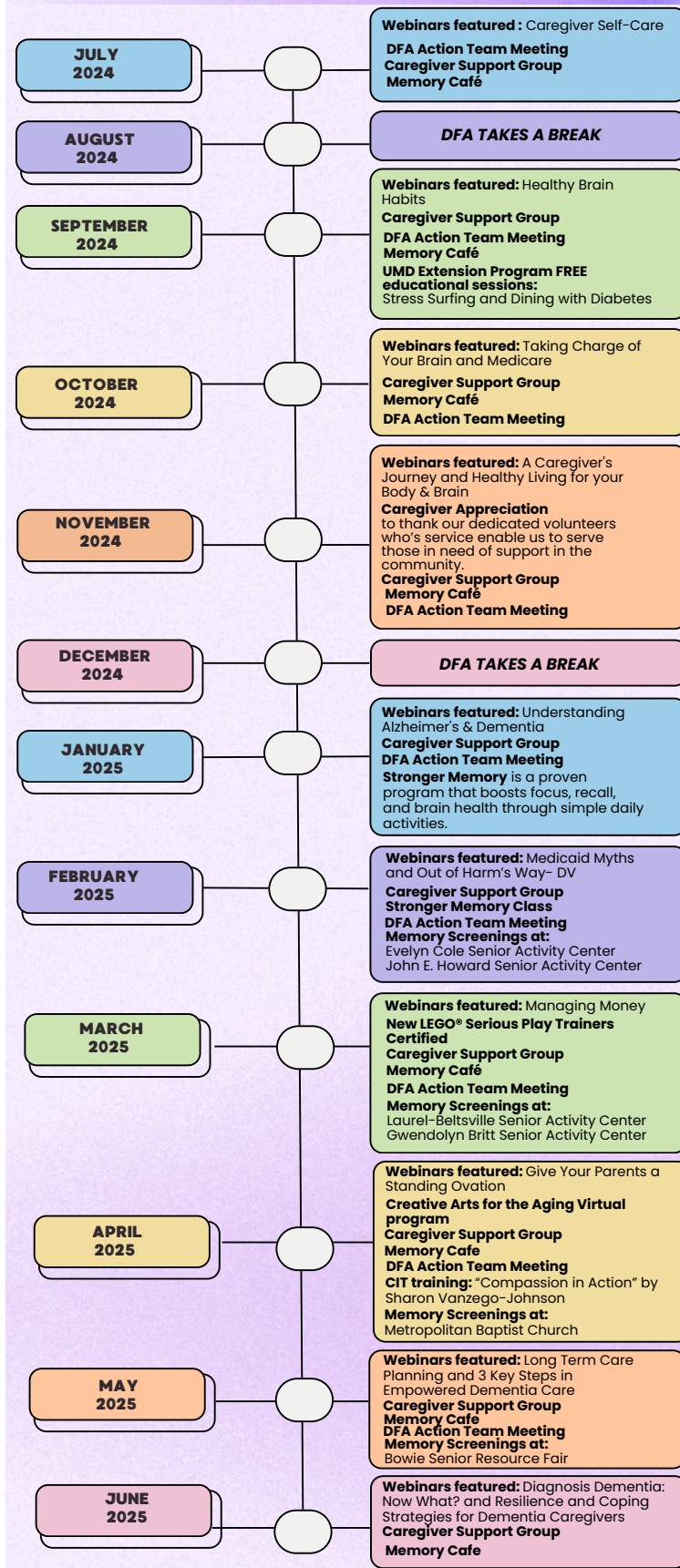
Aging Solo is a nationally awarded program designed to help older adults take charge of their future—especially those without a primary caregiver. Through guided reflection, you'll create a personalized plan for your care, housing, and support network. After completing the class, participants are invited to join the Aging Solo Working Group, a monthly in-person gathering that includes expert speakers, peer discussions, and local resource visits to help you turn your plan into action and age with confidence and community.

Aging Solo Class & Aging Solo Working Group



Please contact Christal Batey,
240-542-2012
or cbatey@greenbeltmd.gov for more
information.





DFA Newsletter Highlights



Lego Serious Play

LEGO® Serious Play is a hands-on tool that helps caregivers, families, and professionals explore ideas, share experiences, and build deeper connections. Five wonderful individuals were recently trained to lead our LEGO® Serious Play® series, bringing creativity, connection, and insight to every session.

Volunteer Appreciation Paint & Sip

To celebrate and thank our incredible volunteers, we hosted a relaxing Paint & Sip event filled with creativity, laughter, and connection. Guests enjoyed guided painting, light refreshments, and great company as a small token of our appreciation for the time, care, and heart they give to our community.



Memory Cafe-Greenbelt

The Greenbelt Memory Café is a warm, welcoming space where individuals with memory loss and their care takers can connect, socialize, and enjoy music, movement, and creativity in a supportive environment.

Bowie Expansion: New Memory Café Site

We're thrilled to welcome the Bowie Senior Activity Center as the newest site for our expanding Memory Café program. This growth brings meaningful connection, caregiver support, and memory screenings to more residents across Prince George's County.



New action team member!

Please join us in welcoming Jessica Garrison to our DFA Action Team! With over 16 years of experience in skilled nursing, Jessica is a board-certified occupational therapist and currently serves as Regional Director of Rehab Clinical Development at FutureCare. We're excited to have her expertise and passion on board!



Caregiver Appreciation

A well-deserved thank you to all our amazing caregivers! We celebrated your compassion and dedication with a day of relaxation—featuring massages, facials, nail care, and more. You are truly appreciated!



Top Educational Webinars Viewed

1. Understanding Alzheimer's & Dementia
2. A Caregiver's Journey: My Three Lessons
3. Healthy Brain Habits
4. Healthy Living for your Brain & Body

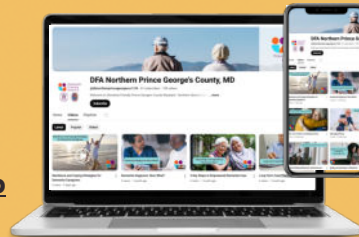
Our goal is to provide video resources for caregivers, family and friends of those living with dementia. *We have a library of over 100 videos and have filmed 18 videos this year!*

Disclaimer: The DFA Northern Prince George's County, MD YouTube channel is made available by funding from Prince George's County Government and the Department of Family Services. All published material(s) are for educational purposes only and to give viewers general information and understanding of available programs and services – not to provide specific advice or sell product(s). By watching and using the educational videos, you understand that there is no client-provider relationship between you and those affiliated with DFA Northern Prince George's County, MD and Prince George's County government. Information provided should not be a substitute for licensed professional advice.

SUBSCRIBE TO OUR YOUTUBE CHANNEL

Explore our YouTube channel for educational webinars, caregiver tips, community highlights, and engaging programs that support those living with dementia and their families. Don't miss out—subscribe today to stay connected and informed!

<http://tinyurl.com/mt5kt7jb>



A Dementia Friend is someone who, through viewing a series of online videos or attending a live interactive session, learns about what it's like to live with dementia and then turns that understanding into action.

18 Dementia Friends joined this year.



Another wonderful year! Cheers to many more!

from Dementia Friendly America Northern Sector Action Team

On the left (Bottom to top): Kofi Impraim, Gloria Gaddy, Joyce Bailey, Christal Batey, Wanda Brooks and Katrina Holmes **On the right (Bottom to top):** Miriam Rendon-Ponce, Katherine Farzin, Sharon Vanzego-Johnson, Carey Hithon.

