



# Dementia Friendly America



Prince George's County Northern Sector

## FEBRUARY 2024 DFA WEBINARS

### Living Well at Home as You Age

➤ *Thursday, February 1st at 7pm*

Join **Jennifer Fink**, a storyteller and podcast host who shares personal experiences about resilience, empathy, and Alzheimer's caregiving, to a discussion on "Aging Well at Home" to explore advanced technologies that promote seniors' health and well-being by ensuring safety, independence, and quality of life at home.

Registration Link:

<https://attendee.gotowebinar.com/register/4181859871020437851>



### Spiritual Care

➤ *Thursday, February 8th at 7pm*

Join **Patty Barnett Mouton**, who has served as Vice President for Outreach & Advocacy at Alzheimer's Orange County since 2005, for an open discussion on Spiritual Care of People with Dementia, including information on specially adapted services we offer in collaboration with many denominations and houses of worship in our area.

Registration Link:

<https://attendee.gotowebinar.com/register/3890428816695823960>



For more information, please contact

Brendy Garcia at [bgarcia@greenbeltmd.gov](mailto:bgarcia@greenbeltmd.gov) or call (240) 424-0302

# SAVE THE DATE: MEMORY SCREENINGS



## JOIN US FOR OUR UPCOMING MEMORY SCREENINGS AT THE FOLLOWING LOCATIONS:

**Monday, February 5 , 10am-12pm**

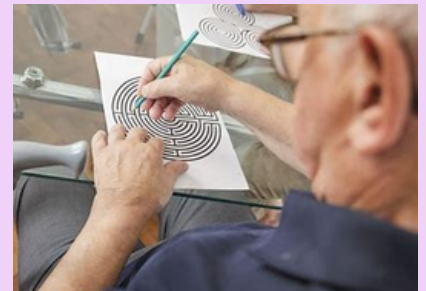
Langley Park Senior Activity Center  
1500 Merrimac Drive, Hyattsville, MD 20783

**Contact:** [Brenda.Harris@pgparks.com](mailto:Brenda.Harris@pgparks.com)

**Monday, February 12 , 10am-12pm**

Attick Towers  
9014 Rhode Island Ave, College Park, MD 20740

**Contact:** [Cdavis@haccp.agency](mailto:Cdavis@haccp.agency)



**More Information**

**Katherine Farzin**

[Kfarzin@greenbeltmd.gov](mailto:Kfarzin@greenbeltmd.gov)  
Office: (240) 542-2019

❗ Please keep in mind that the screenings are not a diagnosis, but rather a baseline of where you are.



**Dementia  
Friendly  
America**

# Aging Solo-Next Steps Working Group



The Greenbelt Assistance in Living Program will be forming a working group for *past Aging Solo Program participants*. We will work on making progress in several of the areas that the Aging Solo Series discussed. Participants must be willing to make progress in their aging solo journey to participate in this working group.

## YOU MUST COMPLETE THE AGING SOLO CLASS TO PARTICIPATE

Thursdays, March 14 - August 8, 2024

From: 1:00 - 2:30 am in person

For more information call 240-424-0302

### Free Caregiver Support Groups

Feeling isolated? Looking to connect with others? We are here to help.



- In Person on the 2nd Wednesdays, 6-7pm
- Virtually on the 3rd Wednesdays, 2-3pm

### Free Memory Cafe

The Virtual Memory Café provides a stigma-free environment for those with early-stage Alzheimer's disease, mild cognitive impairment or other forms of dementia and their spouses, partners and caregivers.

- In-Person on the 1st Wednesdays, 1:30-2:30pm
- Virtually on the 2nd and 4th Wednesdays, 1:30-2:30pm

**In person Support Groups and Memory Cafe located in:**  
Greenbelt Community Center  
15 Crescent Rd, Ground Floor East, Greenbelt, MD 20770

**If interested, please contact**  
Sharon Johnson, 240-542-2029  
OR [sjohnson@greenbeltmd.gov](mailto:sjohnson@greenbeltmd.gov)