

## List of Packing Recommendations:

Sleeping Bag or Sheets/ Blanket/Pillows

2 Towels (1 for swimming/1 for showers)

Bathing suit/Sunscreen/FlipFlops

Basketball Sneakers/Tennis Shoes

Personal Hygiene Items (Soap, Shampoo, Towels etc.)

Pajamas

Socks & Underwear

Gym Shorts

T- shirts

Sweatshirts/Jackets/Pants

Nice outfit for dance (nice shorts/sundresses if prefer)

Money for snack bar

Medication (if have any and make sure you notify Camp Directors of this)

Note: Be aware that your child will need to leave their phone in the dorm during practices and games. In case of emergency, your child can use their phone with permission from staff or use videophone in the gym.