	Our Vision	To create a world of peace, compassion, and understanding by helping individuals realize their true nature through Self-Realisation, promoting inner peace, love, and unity.			
	Beliefs & Values	<ol> <li>Self-Realisation as the Pathway: Inner peace and global harmony can be achieved by helping individuals experience their true nature through Self-Realisation practices.</li> <li>Ripple Effect of Transformation: As individuals realize their inner nature, their peaceful, compassionate presence positively impacts families, communities, and society at large.</li> <li>Universal Accessibility: The teachings and practices of Self-Realisation should be accessible to all individuals, regardless of background, to foster inclusivity and diversity.</li> <li>Human Potential for Goodness: Every human being has the innate potential for love, kindness, and wisdom, which can be cultivated through inner work.</li> </ol>			
	Inputs	Trained teachers, facilitators, and spiritual leaders.	Knowledge and experience  Dedicated premises	Volunteers  Partnerships with aligned organizations	Resources for digital content creation (video production, social media platforms, website).
	Our Activities	Education and Training: Conduct workshops, seminars, book clubs/ study groups and retreats focused on Self-Realisation.  Outreach: Collaborate with schools, universities, and other institutions to introduce Self-Realisation practices to diverse groups.  Content Creation: Develop and distribute accessible printed and online content (videos, articles, podcasts and books) to increase accessibility of teachings.  Community Building: Establish thriving spiritual centre where practitioners can gather, learn, and support one another.  Selfless service/Seva Opportunities: Facilitate volunteer activities to cultivate selfless practices and strengthen community cohesion.  Support Networks: Mentor program to create workshop leaders and support systems to help individuals integrate practices into daily life.  Research and Evaluation: Continuously gather data on participant experiences and program impact to refine and adapt activities.			
THE PERSON NAMED IN COLUMN	Outputs	Three practice based workshops conducted per week.  One topic specific seminar with guest speaker conducted per month.  One retreat, open to all, offered per month on Self-Realisation.  One topic specific online seminar with guest speaker conducted per week.  One book club/study group conducted bi-monthly, guests speakers invited.  Published materials (books, articles, podcasts, videos) on Self-Realisation and related teachings. Available to buy in the centre or available online.  Developed training programs for children and young people and the local council.  Enhanced community engagement through volunteer initiatives, demonstrated by participation rates, completed projects, collaborative events, and personal and collective transformations within the community.			
	Outcomess	Increased number of individuals having access to teachings of Self-Realisation. Increased awareness and knowledge of "mind" leading to increased mental wellbeing Reduction in stress, loneliness, and interpersonal conflicts in communities touched by these teachings. Enhanced collaboration among like-minded organizations for a holistic approach to global well-being. Individuals report increased inner peace, self-awareness, and mental resilience after participating in programs. Growing interest and attendance at teachings, workshops, and retreats. Individuals report increased inspiration and direction in life. Strengthened community cohesion and increased cultivation of selfless, heart-centred practices, leading to deeper personal growth and a more compassionate, interconnected society.			
	Impact	A peaceful, compassionate world where individuals empowered through the teachings of Self-Realisation foster inner harmony, strengthen their communities, and contribute to global unity.			