



# Gylden Magick

Find us on Facebook:

<https://www.facebook.com/groups/gyldenpaganfellowship/>

## August 2020

PRACTICAL MAGICK & UNIVERSAL ENERGY FOR EVERYDAY LIFE

## Editor's notes

by Gylden Fellowship

Welcome to **GYLDEN MAGICK** – the spiritual magazine from Gylden Fellowship that spans both traditional and newer pagan beliefs and practice.

The **Gylden Community** is one of the most extensive pagan libraries in southern England. Its website, [www.gyldenfellowship.co.uk](http://www.gyldenfellowship.co.uk), is growing too – the regular sabbat blogs reach 2000-4000 people each time and we welcome new members constantly.

On Facebook, the **Gylden River LRC** (Learning Resources Centre) is a social learning hub with optional study units in key areas of magick.

**Gylden Fellowship** will continue as a pagan support mechanism, as and when the covid-19 rules permit, i.e. visiting groups, Interfaith work,

hayres, calendars, helping our moot friends with rituals or meetings, etc.

As with the August 2019 issue, **our focus for the summer is on the creative side** – the picture above was painted by one of the Gylden Fellowship admins.

All of our contributors come from the Gylden area, providing a mix of poetry and stories, as well a selection of art showcases too.

We've also included wonderful photos of nature, taken during lockdown, Lughnasadh prayers, spells and a two-year cumulative index of our regular features.

Past editions of **GYLDEN MAGICK** can be accessed on our website and on Facebook too.

And the regular format will return in our **September 2020** issue.

Dates for your diaries – don't forget **7-8 August** for the **Festival of Hathor**, **13-15 August** for the **Festival of Diana** and **24 August** for the **Festival of Luna**.

Anything else? Oh yes, the title – we never forget that our faith is based upon Nature and that our strength comes from earth magick, regardless of the diversity of pagan pathways.

Many of our annual festivals are based upon the light, eg the solstices and the equinoxes, as significant to us today as to our ancestors.

For more info, why not join **Gylden River LRC** or **Gylden Fellowship** groups on Facebook today and catch up on our news for August?

# Contents: August 2020

Lughnasadh prayers by Gylden Fellowship	Page 3
From the Grimoire: Using the moon for strength by Nick the Witch	Page 4
Poetry: By the Ocean by Vali Trinity	Page 5
Art 1: pictures from Obsidian the Cat (Andrea Jane Legg)	Pages 6-7
Folklore: The Ghost that walked in daylight by the Storyteller	Page 8
Environment: Nature in lockdown by Andrew Merritt Photography	Pages 9-10
Art 2: pictures from Lions Den Designs	Pages 11-12
Poetry: A Vole's Blessing by Nicola Ison	Page 13
Art 3: pictures from Bernadette Flynn	Pages 14-15
Folklore: The Green children by the Storyteller	Page 16
From the Grimoire: Family protection spell by Nick the Witch	Page 17
Cumulative indexes and contributors for Gylden Magick features	Pages 18-19
Gylden contact info	Page 20



# Lughnasadh prayers

By Gylden Fellowship

Lughnasadh is the grain harvest that provides the basic food that will sustain us through the winter. It is important to recognise that this grain is also the seed that becomes next year's harvest – the seed lives on and completes the cycle. This year, the festival fell on 1 August.

The festival allows us the opportunity to give thanks to the Goddess for her abundance and for our personal harvests. As the sun's energy begins to wane, we acknowledge what we have learned during our periods of growth this year and reflect on our achievements. We can start to think about how this progress can move forward as seeds for next year.

In Saxon times, the work of gathering in the grain harvest was hard and, afterwards, the community came together to celebrate by baking new loaves from the new grain, feasting and revelry.

**For the sun we mourn**

**As he shall wane.**

**The crops remain.**

**Through kern and corn,**

**The harvest born,**

**Shall life return.**

**Our Mother Earth**

**Now brings birth**

**The life poured forth**

**In light and warmth.**

**(Rae Beth, 1982)**

**Our Lord and Lady you shall provide,**

**Long after all has withered and died.**

**Though you have given us life from these lands,**

**What we know are the works of our hands.**

**We shall remember, just like the corn,**

**That we ever live, die and are reborn.**

# From the Grimoire: using the moon for strength

By Nick the Witch

Note: my deities involve Brighid and Cernunnos and eagle magick, but do include your own goddess and spirit guide in the spell.

1. To be performed shortly after moonrise on a full moon.
  2. Outside is best, but it can be done indoors.
  3. Create the altar needed = your icon or statuette, broomstick or staff, candle, etc.
  4. Cleanse yourself, stand with arms across chest, feet together, facing the full moon.
  5. *"Goddess of the Moon, Brighid to my belief, you are universal and forever – in the darkest night, you give light and love to us. I ask you, blessed One, to grant me some of your presence and energies within my heart."*
  6. Move your feet apart, raise arms and welcome the moonlight into you.
  7. *"Help me on this night of the full moon of <month> by granting your power for a little time to my heart for healing. It is your universal strength, wisdom and clear sight that perceives my purpose this night and aids my call."*
  8. *"I feel your presence in me – Brighid, the Lady of Nature, the Lady of the Moon and the Stars. Together, we are the rocks and soil, the rushing waters of rivers and streams, the blazing fires and the constant zephyrs – we are also the eagles that soar on the winds and see the lands below our wings. I feel your presence and we are together."*
  9. Take a moment to feel her presence and visualise the eagle's/ moon's view of forests, rivers, mountains and bonfires in the steads. And breathe deeply to infuse the moonlight into the forest of the soul, lowering the arms.
- "Brighid, I thank you for granting me your love tonight – we are empowered."*



# Poetry: By the Ocean

By Vali Trinity

Listening to the tides,  
Offering her sighs,  
Singing of soft surrender.

Moving with the moon,  
Coursing through the sky,  
Seagulls' plaintive cries.

Blissful Tranquillity,  
Being in the Now,  
Springtime kisses the Tao.

Sitting after breakfast,  
Face turned to the sun,  
Rejoice the work is done.

Grateful as ever,  
For the gift of life,  
Letting go of any strife.

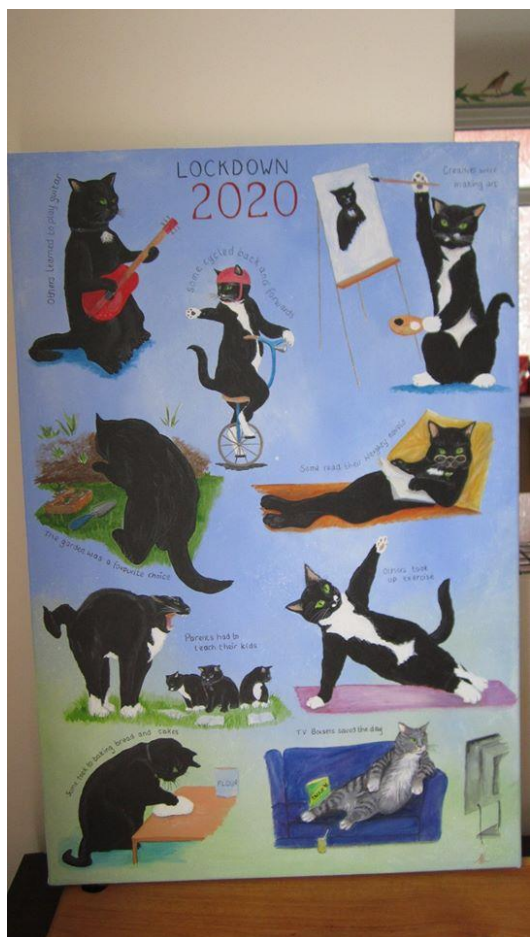
Taken from the book, **Poetry in the Vali** – for more details, contact [hapivaliz@gmail.com](mailto:hapivaliz@gmail.com)

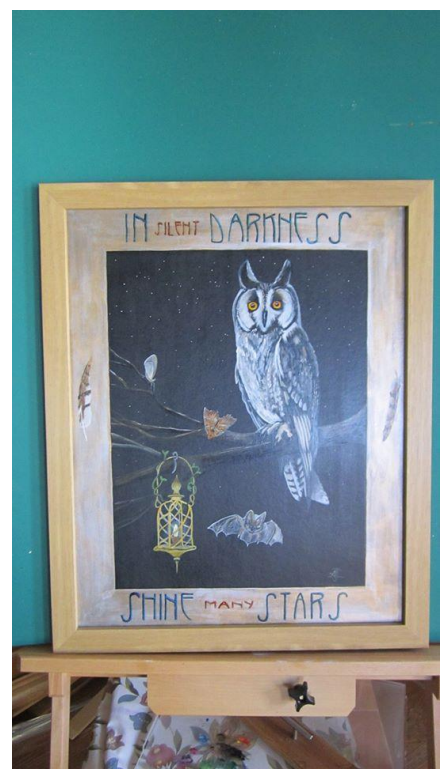
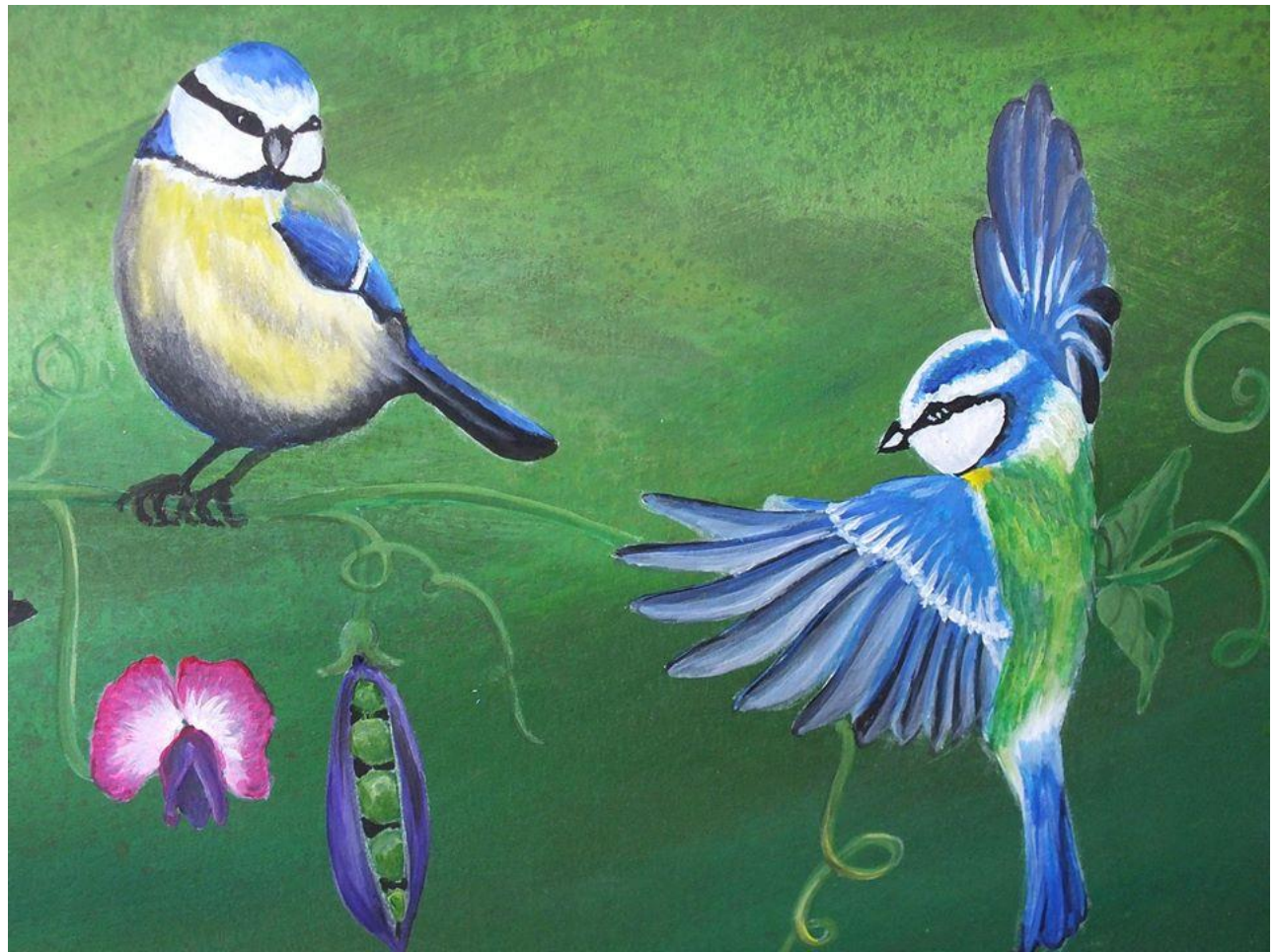


Gylden  
Magick  
August 2020

# Art 1 by Andrea Jane Legg (Obsidian the Cat)

Contact: [obsidianthecat@virginmedia.com](mailto:obsidianthecat@virginmedia.com)





# The Ghost that walked in daylight

By the Storyteller

*Here's an unusual ghost story from Dorset. Reported in the **Gentleman's Magazine** of 1774, it's the story of a ghost that appeared in broad daylight and was seen by a lot of people.*



On Saturday, 27 June 1728, the boys who attended St Mary's Church in Beaminster for their education were let out of their lessons around noon. Some 12 or so boys went to play ball outside the church and four of them went back in to look for old pens. While in there, there was a loud clattering noise; they ran outside to tell their friends and decided that someone was trying to frighten them.

They went back inside, but no-one was there and a similar noise was heard. They ran round the church and also heard the sounds of someone preaching and people singing. The boys gave up and went back to play. After a while, one went inside for a book and he saw a coffin in the schoolroom. He called to his friends – five of them saw the coffin and then they saw the figure of John Daniel, a boy who had died 7 weeks earlier. One of the witnesses was John's half-brother.

All the witnesses were questioned by the local magistrate, Colonel Broadrepp, particularly one boy who had not known John Daniel in real life, but who gave an exact description, including clothes. People who had buried John Daniel were able to verify the clothing – the boy's body had been found in an obscure field, some 300 yards from his home. He had been buried without an inquest as many villagers knew that the boy had suffered from fits.

After the appearance of the ghost, John Daniel's body was exhumed and the coroner decided that the boy had actually been strangled – partly because the bones of the neck were disjunct and partly because burial witnesses said that the corpse had black bruises on the neck. Despite the finding of murder, no murderer or motive was ever discovered, but the ghost has not been seen since.



## Nature in lockdown: photos by Andrew Merritt Photography Ltd

Contact: <http://andrewmerritt.zenfolio.com>





## Art 2 by Lions Den Designs

Contact: [www.lionsdendesigns.co.uk](http://www.lionsdendesigns.co.uk)





# Poetry: A Vole's Blessing

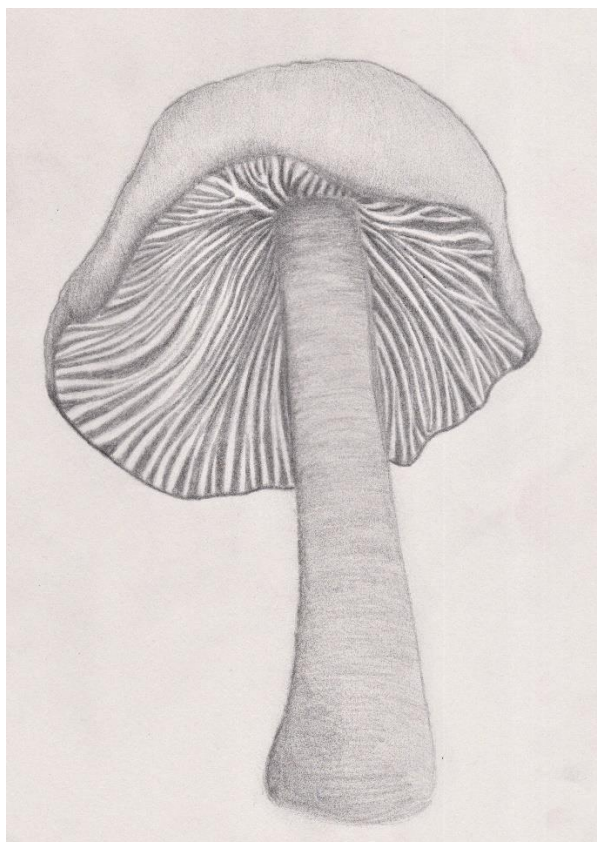
By Nicola Ison

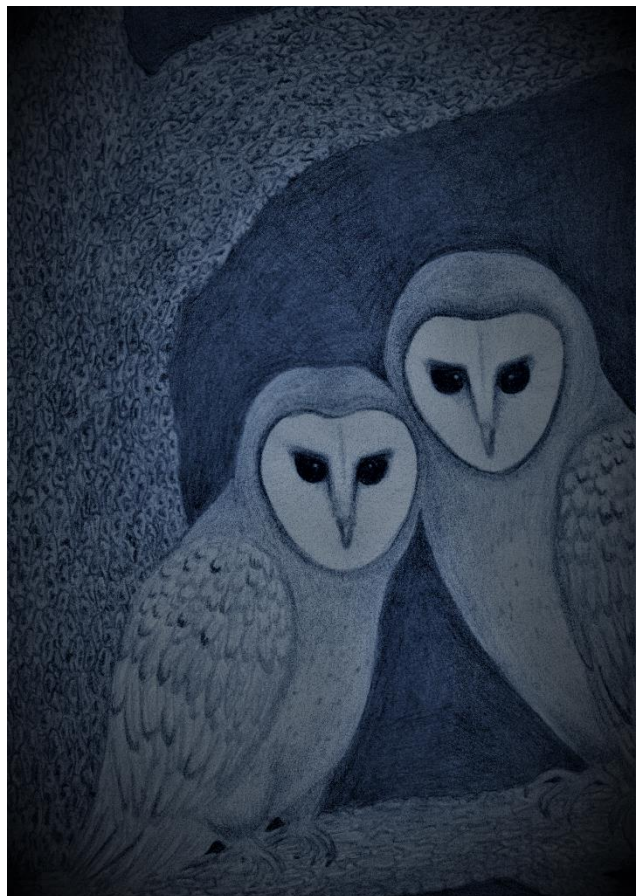
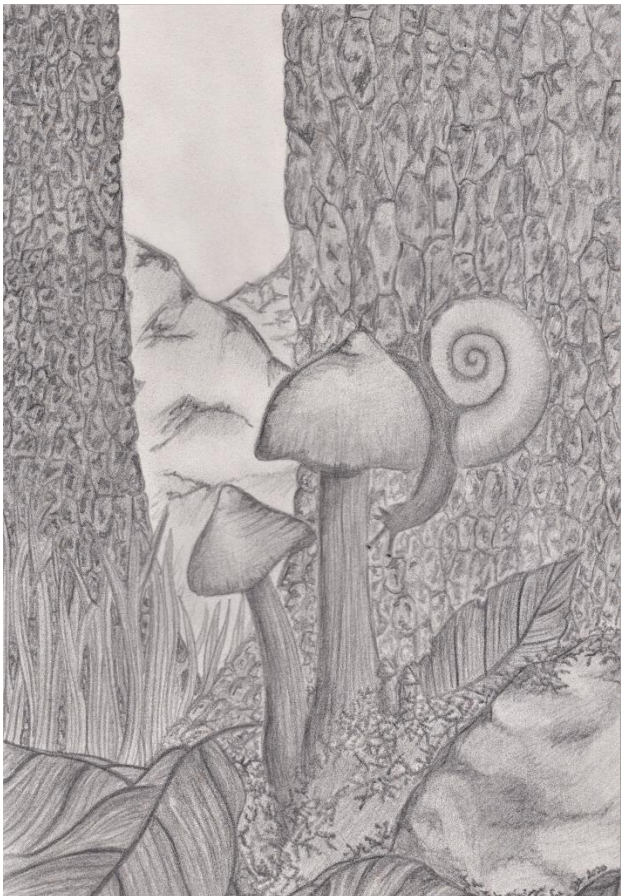
Scuttering and skittering in the weeds,  
Through plants, behind sheds and in the reeds.  
Life's hard with gardeners digging our habitats,  
Or owls, weasels, foxes and terrible cats.  
Especially those horrid cats with great big claws,  
And long, long teeth or teasing, cruel paws.  
I try to escape, but two cats are too much,  
Running this way and that, but the felines are such  
Good hunters, you know and they just want to play,  
But scratching and biting is the end of my way.  
And now, I'm cornered and can't get away,  
But listen...who's this – someone to save the day?  
They put down an old sheet so I can hide below,  
And they chase off the cats – I'm safe, I know.  
My saviour has acted through LOVE just for me,  
And vole rearranged spells the same, happily.



## Art 3 by Bernadette Flynn

Contact: [bernadette.flynn.author@gmail.com](mailto:bernadette.flynn.author@gmail.com)





# The Green Children

By the Storyteller

*Here is a rendition of a medieval tale from the twelfth century (about 1187, in the reign of Henry II, originally from the Abbot of Coggeshall) and based in East Anglia. Two similar stories exist, one in Suffolk and the other in Norfolk, with only a few miles between the two places. This tale is set in Woolpit - the village name is believed to originate from Wolfpittes, where the last wolf in England is said to have died in the twelfth century after being trapped in a wolf pit. If you visit Woolpit today, the village sign features two green children and a wolf.*

What happened was that a boy and his sister were said to have been found at the mouth of the old wolf pits. Both had green-tinged skin, wearing strange clothes of unfamiliar materials. When first discovered, both were extremely frightened and no one could understand their speech. They were taken to the nearby manor of Sir Richard de Calne.

Neither child would eat normal food, although it seemed that they were both starving. When some beanstalks were brought into the house, they made gestures to have them brought to them and tried to open the stalks to get at the beans. They were shown how to open the pods and ate beans and nothing else for a long time.

The boy remained depressed all the while and soon succumbed to illness and died. The girl remained in good health, eventually beginning to eat other food and losing her green colouring. She was baptised and lived in the service of the knight.

When she had learned how to speak English, she told the story of how they had come to be at the entrance to the pits. She said they had come from a land, called Martin's Land, where there is no sun, but twilight all the time. She and her brother were following their flocks, when they chanced upon a cavern. They entered this cavern and heard the sound of bells and were so enchanted by the sweet music, that they stayed exploring until they came to the cavern's entrance. They passed through and into the bright sunlight of our world. Both were blinded for a while and rooted to the spot by the sudden change in atmosphere and temperature, but were caught by the villagers and brought to the hall.





# From the Grimoire: family protection spell

By Nick the Witch

You will need: *Nine summer leaves, a plate, a small candle and some salt*

1. Sit somewhere quiet (no phone messages or e-mails) and light a small candle.
2. Focus on the positive feelings to be sent to your family or another person/their family during this season.
3. Start by stacking the leaves on the plate, one on top of the other, sprinkling salt in between each one. As you do this, chant:

*"Summer leaves we ask of thee,  
Full blessings of safe family.  
With salt to make our wishes pure,  
Harming none, no less, no more.  
So mote it be!"*

4. When you have finished your stack, place it somewhere where you can see it.
5. Boost the spell regularly by repeating your words and focusing on your intended recipients.
6. When you reach the autumn equinox (Alban Elfed/ Mabon), bury the leaves in the ground to be recycled by the earth with thanks.



# Gylden Magick indexes and contributors

Here we are then – **GYLDEN MAGICK** started in **September 2018**, as a magazine/ digest for the Gylden area – with a difference – more information-type articles and less of the news/ gossip (and no ads) that take up so much space in other publications. But, we (that's the admin team) want the magazine to evolve with new series and features, which is what you'll see from **September 2020**. Whenever the covid-19 restrictions are eased and pagan events resume, we'll re-start our monthly calendars. However, the tables below provide a handy quick-reference to the monthly features – all the past issues of **GYLDEN MAGICK** can be found either on our website or Facebook group.

Gylden Magick	Monthly crystals	Monthly herbs	Monthly altar tools
September 2018	Aventurine	Yarrow	
October 2018	Black tourmaline	Mugwort	
November 2018	Sunstone	Nettles	
December 2018	Blue lace agate	Slippery elm	
January 2019	Celestite	Comfrey	Incense
February 2019	Red jasper	Roman chamomile	Athame
March 2019	Blue jade	Lavender	Chalice
April 2019	Malachite	Plantain herb	Cauldron
May 2019	Citrine	Cowslip	Pentacle
June 2019	Labradorite	Lemon balm	Statuettes and icons
July 2019	Amazonite	Mullein	Crystal balls
September 2019	Rainbow bismuth	Dill	Colours
October 2019	Green calcite	Hibiscus	Produce
November 2019	Topaz	Rosemary	Broom
December 2019	Selenite	Bayberry	Stang
January 2020	Chrysoprase	Vervain	
February 2020	Fluorite	Violets	
March 2020	Jet	Japanese knotweed	
April 2020	Amethyst	Borage	
May 2020	Lapis lazuli	Alkanet	
June 2020	Onyx	Mint	
July 2020	Moonstone	Allium cepa	

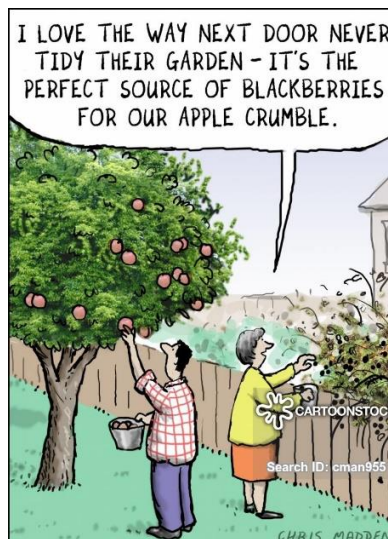
Gylden Magick	Monthly spells	Meditations	Monthly recipes
September 2018	Peace & harmony		Mushroom soup
October 2018	Candle protection		Samhain muffins
November 2018	Improve a friendship		Tomato & chickpea soup
December 2018	A winter wish		Vegan Yule gravy
January 2019	Good fortune	Trees	Mushroom hot-pot
February 2019	Look for love	Fountain	Choco-chip biscuits
March 2019	Friendship on the rocks	Root chakra	Ostara cakes
April 2019	Charging a pendulum	Forest of the soul	Lavender drinks
May 2019	Daisy magick	Starseeds	Vegan Beltaine meal
June 2019	Lose that anger	A summer's walk	Litha beans & peppers
July 2019	Protective circles	On the beach	Vegan ice lollies

September 2019	Mabon magick		Orange rocks
October 2019	Samhain spells		Autumn mushrooms
November 2019	November magick		Winter stew
December 2019	Magick for Yule		Yule ginger biscuits
		<b>Spirit guides</b>	
January 2020	Candle magick	Place of meeting	Finnan Haddie
February 2020	Imbolg magick	Wolf	Milk jelly
March 2020	Ostara magick	Owl	Victorian egg bites
April 2020	Beltaine magick	Dragonfly	Roast salmon & borage
May 2020	Psychic protection	Bat	Cheese & mushrooms
June 2020	Litha magick	Crow	Orange salad
July 2020		Rabbit	Colcannon & onions

As we approach our third anniversary, all of us at **Gylden Fellowship** would like to say special thanks to our **guest authors** from the start.

- |   |                |                   |                       |               |                           |
|---|----------------|-------------------|-----------------------|---------------|---------------------------|
| John Rivers                               | Vali Trinity   | Rebecca Granshaw  | Maxine Cilia          | Tracy Ferris  | Basingstoke Pagan Circle  |
| Chris Prior                               | Emily Porth    | Horndean PLG      | Diane Yates           | Spriggan Mist | Richard Murray            |
| Wayne Davis                               | Paul Pearson   | Chris Davenport   | Sarah Tilsley         | Kate May      | Rowan & Thorn Druid Grove |
| Julia Pissano                             | Simon Hyde     | Lisa Baskerville  | Paula Restall         | Mike Dennis   | Andrea Legg-Smith         |
| Sam O'Neil                                | Arietta Bryant | Avellina Balestri | Jonathan Lyceum       | Argento       | Barbara Collins           |
| Ruth Wilkinson/ Violet Flame              | Bob Knott      |                   | Jane Davis            | Anne Butler   | Clare Coombes             |
| Andrew Merritt Photography                | Paul Oakwolf   | Coombes           | Dawnie Tottle         |               | Seasons of Albion Moot    |
| Rose Egan                                 | Mark Sharpen   | Beth Amos         | Tara Bernadette Egan  |               | Matthew Phelps            |
| Sue George                                | Adam Lewis     | Fay Brotherhood   | Lions Den Designs     |               | Bernadette Flynn          |
| Soma ARah, The Pleiadian Starseed Channel |                |                   | Sussex Wildlife Trust |               | Moon Rituals, Portsmouth  |

And we look forward to welcoming a slew of new contributors from September 2020.



*For past issues of Gylden Magick magazine, please contact us:*

Our Twitter and email addresses: @GyldenFellowship

Our website: [www.gyldenfellowship.co.uk](http://www.gyldenfellowship.co.uk)

On Facebook: <https://www.facebook.com/groups/gyldenpaganfellowship/>

