



Acting One
 Phoenix College / Phoenix College Prep
 Fall 2021
 Instructor: Sarah Sullivan

	Date	#	Content	Assignments Due
Week 1 - Community Building / Imagination				
Monday	Aug 23	1	•	
Tuesday	Aug 24	2	<i>Welcome, Introductions, Community Building</i> <ul style="list-style-type: none"> • Introductions • Big Wind Blows • Review Syllabus • Agreements 	
Wednesday	Aug 25	3	<ul style="list-style-type: none"> • Check In • Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal • Importance of Check in and Warm Ups • Story Circle - what makes great acting? 	
Thursday	Aug 25	4	<ul style="list-style-type: none"> • Check In • Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal • Collaboration Cultural Mapping 	DUE: Quiz # 1 - Syllabus (10 points)
Week 2 - Community Building / Imagination Part 2				
Monday	Aug 30	5	<ul style="list-style-type: none"> • Check In • Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal • Discuss readings • Where I'm From Poems - write 	READ: Does theatre matter? You asked Google - here's the answer

				(The Guardian) How Theater for Young People Could Save the World (Huff Post) Why Acting Is So Much More Than It Appears To Be (Backstage)
Tuesday	Aug 31	6	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● Review Warm Up Assignment and Sign Up ● Where I'm From Poems - share 	
Wednesday	Sept 1	7	<p>Check In</p> <ul style="list-style-type: none"> ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● Games <ul style="list-style-type: none"> ○ Grouping ○ Walk and Notice ○ Walk / Stop ○ Machine 	
Thursday	Sept 2	8	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● Body, Voice, Imagination - The Actor's Instrument ● What is CRP (preview of next week) 	DUE: Reflection #1 - What do you hope to get out of this class? (10 points)
Week 3 - Critical Response Process				
Monday			No Class - Labor Day	
Tuesday	Sept 7	9	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal 	READ: Liz Lerman's Critical Response

			<ul style="list-style-type: none"> ● CRP demo with cookies 	Process
Wednesday	Sept 8	10	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● CRP Demo with Zine (Sofia) 	
Thursday	Sept 9	11	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● Mini CRP Practice <ul style="list-style-type: none"> ○ 5 minutes - write or draw something around this prompt - what's something you're looking forward to this year ○ Get into small groups - each person gets a chance to share, to facilitate, and to participate in the shortened CRP 	DUE: Quiz # 2 - CRP terminology (10 points)
Week 4 - Introduction to Body and Voice				
Monday	Sept 13	12	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (1) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Discussion - observations from the reading - then discussion on: <ul style="list-style-type: none"> ○ how does the body impact acting? What are things you notice? 	Laban movement analysis - Wikipedia

Tuesday	Sept 14	13	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (2) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Cover the Space / Laban Movement Analysis ● Complete the Image 	
Wednesday	Sept 15	14	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (3) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Discussion - how does the voice impact acting? What are things you notice? ● Game: Sound Machine 	READ: Why voice matters in drama - Describing voice - GCSE Drama Revision
Thursday	Sept 16	15	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (4) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Headline Exercise 	DUE: Reflection #2 - What did you learn / notice about your body? (10 points, included in quiz) Quiz # 3 Body and Voice Terminology (10 points)
Week 5 - Character Studies / Activating Imagination				
Monday	Sept 20	16	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (5) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Character Development 	READ: 3 Ways to Build a Character (Backstage)

			Pantomime	
Tuesday	Sept 21	17	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (6) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Steps to Creating a Character Worksheet 	
Wednesday	Sept 22	18	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (7) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Doorway Exercise 	DUE: Personal Assessment of Physical and Vocal Characteristics (25 points)
Thursday	Sept 23	19	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (8) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Character interactions 	DUE: Reflection # 3 What are the important things to know before playing a character? (10 points)
Week 6 - Improvisation (Short Form)				
Monday	Sept 27	20	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (9) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Improvisation Basics / Rules of Improv 	READ: Tina Fey's Rules of Improvisation That Will Change Your Life and Reduce Belly Fat*
Tuesday	Sept 28	21	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #A (10) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback 	

			<ul style="list-style-type: none"> • 3 Line Improv 	
Wednesday	Sept 29	22	No Class Half Day	
Thursday	Sept 30		No Class Half Day	DUE: Quiz #4 Acting and Improv Vocabulary (10 points)
Week 7 - Improvisation (Short Form)				
Monday	Oct 4	24	<ul style="list-style-type: none"> • Check In • Student Warm Up Round #A (11) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback • Entrances and Exits 	
Tuesday	Oct 5	25	<ul style="list-style-type: none"> • Student Warm Up Round #A (12) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback • Improv Game Workshop <ul style="list-style-type: none"> ○ Create a Place ○ Infomercial ○ People Place Problem 	
Wednesday	Oct 6	26	<ul style="list-style-type: none"> • Student Warm Up Round #A (13) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback • Improv Game Workshop <ul style="list-style-type: none"> ○ Yes, Lets! ○ Party Quirks • One Topic, Four Scenes 	DUE: Reflection #4 Reflect on the "yes and" rule and why it's so important in improv (10 points)
Thursday	Oct 7		No Class - Fall Break	
Week 8 - Open Scenes / Scene Study				
Monday	Oct 11		No Class - Fall Break	
Tuesday	Oct 12	27	<ul style="list-style-type: none"> • Check In 	READ:

			<ul style="list-style-type: none"> ● Student Warm Up Round #A (14) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Stage Directions Workshop ● Open Scenes - introduction / share first round 	Script Analysis (Cleveland Playhouse)
Wednesday	Oct 13	28	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ● Review expectations and sign up for second round of warm ups ● Open Scenes - work with partner on scene study 	
Thursday	Oct 14	29	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ● Open Scenes - Share Second Round 	DUE: Quiz # 5 Stage Directions (10 points) Scene Study / Open Scene Performance (50 points)
Week 9 - Play Reading and Analysis				
Monday	Oct 18	30	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (1) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● <i>somebody's children</i> read and discuss 	READ: How to Approach Script Analysis (for Actors) (Backstage)
Tuesday	Oct 19	31	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round 	

			<ul style="list-style-type: none"> #B (2) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● <i>somebody's children</i> read and discuss 	
Wednesday	Oct 20	32	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (3) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● <i>somebody's children</i> read and discuss 	
Thursday	Oct 21	33	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (4) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● <i>somebody's children</i> read and discuss 	DUE: Reflection # 5 Reflect on <i>somebody's children</i> and what you took away from this script (10 points)
Week 10 - Monologue selection and analysis				
Monday	Oct 25	34	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (5) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Reflect on the play, the characters, and how you would approach as an actor ● Work time - monologue selection 	
Tuesday	Oct 26	35	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (6) <ul style="list-style-type: none"> ○ Physical Warm Up 	DUE: <i>somebody's children</i> Monologue selected

			<ul style="list-style-type: none"> ○ Vocal Warm Up ○ Feedback ● Monologue performance sign up ● Work time in small groups - character analysis 	(no point value)
Wednesday	Oct 27	36	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (7) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Work time in small groups - character analysis and memorizing 	
Thursday	Oct 28	37	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (8) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Small groups - share and feedback 	DUE: Quiz #6 Script analysis terminology
Week 11 - Monologue presentation and feedback				
Monday	Nov 1	38	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (9) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Monologue work time 	
Tuesday	Nov 2	39	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (10) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Monologue work time 	DUE: Character analysis (all) (50 points)
Wednesday	Nov 3	40	<ul style="list-style-type: none"> ● Check In 	DUE:

			<ul style="list-style-type: none"> ● Student Warm Up Round #B (11) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● 	Monologue performance (4 students) (100 points)
Thursday	Nov 4	41	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (12) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ○ Feedback ● Monologue Share and Feedback (2) ● Time for catch up or group reflection 	<p>DUE: Monologue performance (4 students) (100 points)</p> <p>DUE: Reflection #6 - talk about the experience of sharing your monologue. How did it go? What did you learn? (10 points)</p>
Week 12 - Monologue Selection Process				
Monday	Nov 8	42	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (13) <ul style="list-style-type: none"> ○ Physical Warm Up ○ Vocal Warm Up ● Feedback ● Monologue Share and Feedback (3) ● Time for catch up or group reflection 	<p>DUE: Monologue performance (4 students) (100 points)</p>
Tuesday	Nov 9	43	<ul style="list-style-type: none"> ● Check In ● Student Warm Up Round #B (14) <ul style="list-style-type: none"> ○ Physical ○ Vocal ○ Feedback ● Monologue Share and Feedback (1) ● 	

Wednesday	Nov 10	44	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● 	DUE: Quiz # 7 - Resources for Finding Monologues (10 points)
Thursday	Nov 11		No Class - Veteran's Day	
Week 13 - Improvisation Part 2 (Long Form)				
Monday	Nov 15	45	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● Discussion <ul style="list-style-type: none"> ○ Where to find monologues ○ What to look for in a monologue ● Different types of monologues to have in your repertoire ● Monologue research & selection time 	
Tuesday	Nov 16	46	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ● What is long form improv ● Extended 3 line ● Circle Drama 	
Wednesday	Nov 17	47	<ul style="list-style-type: none"> ● No Class - attending Silent Sky performance on Friday 	
Thursday	Nov 18	48	<ul style="list-style-type: none"> ● No Class - attending performance on Friday 	
Friday	Nov 19		Attending Silent Sky	Special Event
Week 14 - Improvisation Part 2 (Long Form)				
Monday	Nov 22	49	<ul style="list-style-type: none"> ● Check In ● Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal 	DUE: Reflection #7 - Silent Sky (10 points)

			<ul style="list-style-type: none"> • Silent Sky reflection - assignment work time • Monologue check in • Sign up for final monologue performances • Circle Drama 2 	
Tuesday	Nov 23	50	<ul style="list-style-type: none"> • Check In • Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal • Two Revelations • Monologue check in and work time 	
Wednesday	Nov 24	51	<ul style="list-style-type: none"> • Check In • Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal • Work time on monologues / space to ask questions and get feedback 	Due: Quiz # 8 - what is the difference between short form\ and long form improv? (10 points)
Thursday	Nov 25		No Class - Thanksgiving	
Week 15 - Audition Workshop (Generals) with Final Monologue Share				
Monday	Nov 29	52	<ul style="list-style-type: none"> • Check In • Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal • Monologue work time 	
Tuesday	Nov 30	53	<ul style="list-style-type: none"> • Audition Generals Workshop (4 monologues) 	DUE: Monologue Performance with character analysis (6 students) (100 points for monologue, 50 points for character analysis)
Wednesday	Dec 1	54	<ul style="list-style-type: none"> • Audition Generals Workshop (4 monologues) 	DUE: Monologue Performance with character

				analysis (6 students) (100 points for monologue, 50 points for character analysis)
Thursday	Dec 2	55	<ul style="list-style-type: none"> • Audition Generals Workshop (4 monologues) 	DUE: Monologue Performance with character analysis (6 students) (100 points for monologue, 50 points for character analysis) DUE: Reflection # 8 What makes a “good” audition (10 points)
Week 16 - Audition Workshop Part 2 (Callbacks) and Final Reflection				
Monday	Dec 6	56	<ul style="list-style-type: none"> • Check In • Instructor Led Warm Up <ul style="list-style-type: none"> ○ Physical ○ Vocal ○ Game • Discussion: How to Prep for a Callback 	
Tuesday	Dec 7	57	<ul style="list-style-type: none"> • Callback Workshop Day <ul style="list-style-type: none"> ○ Imagine you’ve been called back for a role in a play - you receive sides in advance 	
Wednesday	Dec 8		<ul style="list-style-type: none"> • No Class - Testing Day 	
Thursday	Dec 9	59	<ul style="list-style-type: none"> • Final Class CRP • Games by request 	DUE: Final Reflection Paper (50 points)