



**Rising Youth Theatre Power Sharing and Youth Engagement Workshop**

April 9, 2024  
 12:30pm arrival  
 1pm-3pm workshop

**Objectives:**

- Know why power sharing leads to a deeper understanding and baseline of trust between youth and adults
- Learn frameworks for power sharing and collaboration with young people
- Understand and articulate strategies to effectively practice power sharing with young people
  - ◆ Big shifts
  - ◆ Immediate strategies

**Materials:**

- Projection screen/computer
- Mics
- Word cloud (polleverywhere.com)
- Reflection zine (printed card with sections for each writing prompt that fold into a little zine the participants can take with them)
- Big sticky paper and markers
- Paper and markers for individual asset maps
- **send presentation slides via email**

**Conditions/Access:**

- 50 people
- Some full group presentation and some small group
- Consciousness of different learning styles- visual/presentation, dialogue, try it out, quiet reflection
- Title x delegate training, clinicians and clinical support staff and champions cohort

**Facilitators:**

Big group facilitators  
 Facilitators at each table (or one for every two tables)

Big room space holder: Sarah  
 Tables: Morgan, Jaden, Xanthia, Tai, Trini

**Process:**

Time	Activity	Location	Notes
12:30pm	Lunch		

10 minutes before start	<p>Music and Opening the Space</p> <p>→ <a href="#">RYT highlights slideshow on screen</a></p>	Big group	SARAH
5 minutes	<p>Welcome and Intro to the structure for the session</p> <p>→ Grounding exercise- getting ready to talk about power</p> <p>→ Share goals for the session</p> <p>→ We want you to leave with tools, ideas, and imagination</p> <p>→ Introduce reflection zine</p>	Big group	MORGAN and TRINI
10 minutes	<p>Check in Question at tables</p> <p>→ Name, pronouns</p> <p>→ Introduce word cloud</p> <p>→ Word cloud questions:</p> <ul style="list-style-type: none"> <li>◆ In what context do you work with young people?</li> <li>◆ What is one word that comes to mind when you think about how you currently collaborate with young people in your work?</li> </ul>	Tables	<p>SARAH</p> <p>Facilitators at tables record words into a big word cloud, which populates on the projection screen as people are checking in</p>
10 minutes	<p>Introduction to Youth/Adult collaboration at Rising Youth Theatre</p> <p><a href="#">Slideshow</a></p> <p>→ How do we define youth/adult collaboration</p> <p>→ Why do we work this way?</p> <p>Guiding through our frameworks and tools that open up our capacity for collaboration with young people that is mutual, respectful, ethical, and works to shift power</p> <p>Relationship is core to everything</p> <p>→ Everything that follows in this session is a framework or a tool for being in relationship</p>	Big group	<p>TRINI and XANTHIA</p> <p>Framework</p>
10 minutes	<p><b>Asset vs. Deficit Framing</b></p> <p>Introduction to asset vs. deficit framework</p> <p>→ What is asset framing and deficit</p>	Big group	TRINI and XANTHIA

	<ul style="list-style-type: none"> <li>framing?</li> <li>→ What does working from an asset-based framework mean?</li> </ul>		Framework
10 minutes	<p><b>The Ladder of Youth Participation</b></p> <ul style="list-style-type: none"> <li>→ Explain <a href="#">Hart's Ladder of Participation</a></li> <li>→ Share some examples of what each rung of the ladder looks like</li> </ul>	Big group	<p>TAI and MORGAN</p> <p>Tool: use the ladder with your youth collaborators</p>
5 minutes	<p><b>Writing: Reflection Zine</b></p> <ul style="list-style-type: none"> <li>→ Where are you currently operating on the ladder of youth participation most of the time? What are the conditions that lead to operating on this rung for you?</li> <li>→ 1-2 people share back at their tables</li> </ul>	Tables	<p>SARAH- music</p> <p>Reflection zine</p>
15 minutes	<p><b>Power Mapping</b></p> <ul style="list-style-type: none"> <li>→ Understanding power in the place where you work with young people</li> <li>→ Share power map example and origins</li> <li>→ At tables, power map one volunteer's workplace/institution (or, work generally- think "hospital" or "school")</li> <li>→ Be sure to include young people in the power map</li> </ul> <p><b>Understanding power with versus power over</b></p> <ul style="list-style-type: none"> <li>→ In this power map, where do you see power over happening?</li> <li>→ <b>Where are there opportunities to practice power with?</b> <ul style="list-style-type: none"> <li>◆ Quick popcorn of share-out</li> </ul> </li> </ul>	<p>Intro in big group</p> <p>Power maps in small groups</p>	<p>XANTHIA and MORGAN</p> <p>Tool: how to power map</p>
15 minutes	<p><b>Power Sharing</b></p> <ul style="list-style-type: none"> <li>→ Introduction to Power Sharing and how/why we practice it at Rising Youth Theatre</li> <li>→ <a href="#">Top Ten Tools For Power Sharing</a></li> <li>→ Work at tables: <ul style="list-style-type: none"> <li>◆ Pairs read through the</li> </ul> </li> </ul>		<p>TAI and TRINI</p> <p>Tool: power sharing</p> <p>Facilitators at</p>

	<p>power sharing top 10 list</p> <p>→ Add to the poll everywhere 1 offering of what power sharing does or could look like in your work</p> <p>Table facilitators:</p> <p>→ Cross talk- what is resonating or sparking for you hearing the list?</p>		tables record offerings and/or sparks and it populates into a big list that is projected
5 minutes	<p><b>Writing: Reflection Zine</b></p> <p>→ What is resonating with you about all this info?</p> <p>→ What is something that is scary or makes you feel nervous?</p> <p>→ What are you looking forward to?</p>	Tables	Reflection zine
15 minutes	<p><b>Asset mapping</b></p> <ul style="list-style-type: none"> <li>● Given what you've just learned, build an asset map around your skills, tools, and knowledges that you might bring to a collaboration with young people <ul style="list-style-type: none"> <li>○ What do you bring to the table?</li> <li>○ Where do you want to grow?</li> <li>○ How might you use your assets to grow?</li> </ul> </li> </ul>	Tables	Tool: asset mapping exercise that you can do with young people and yourself
5 minutes	<p><b>Writing: Reflection Zine</b></p> <p>→ What is one commitment to youth/adult collab that you can make?</p> <ul style="list-style-type: none"> <li>◆ Big</li> <li>◆ Small</li> </ul> <p>→ A few popcorn share-backs with whole group</p>	Tables	SARAH- hold sharebacks
5 minutes	<p><b>Closing</b></p> <p>→ Thank you for coming</p> <p>→ Take your zine with you and turn it into action</p> <p>→ Remember the other folks in this room who can become your co-conspirators and imagination partners</p> <p>→ Find us on the internet</p>		JADEN and XANTHIA