



Thank you for your continued support—I truly appreciate the relationship we've built and the trust you've placed in me over time. It means a lot that you've allowed me to be part of your wellness journey.

I wanted to share an update with you.

I will be gradually transitioning away from providing massage services as I begin moving toward a new chapter—retirement.

As part of this shift, my schedule will be reduced, availability will become more limited, and mobile appointments will be limited as well.

Services and add-ons have already been streamlined, and some offerings are no longer available.

I also want to make sure you have time to plan ahead—any gift cards, prepaid sessions, or package balances must be used by October 1, 2026, as extensions will not be available.

It has truly meant a lot to be part of your wellness routine, and I'm grateful for the trust you've placed in me. I look forward to continuing to work with you during this transition and supporting your care along the way.

If you have any questions or need help scheduling, feel free to reach out anytime.

Warmly,

Shae

