

Pre-Procedure Instructions



Do not pick/tweeze/wax/tint/dry/perform electrolysis at least 14 days before your appointment.

Do not tan at least 14 days prior or have a sunburned face. Otherwise, the pigment will heal very ashy.

Do not have any type of facial/peel/laser treatment on your face for at least two weeks.

Do not have Botox two weeks prior to your eyebrow appointment.

Do not drink alcohol 24 - 48 hours before the procedure. One glass of wine is fine, as long as you don't have more than that.

Do not consume caffeine before your procedure (yes, no coffee before your appointment). You can have it right after if you can't live a day without coffee

Do not take Aspirin or Ibuprofen for pain relief 24 hours prior to your appointment (this thins the blood).

Do not take Fish Oil or Vitamin E two weeks prior (they are natural blood thinners).

Instructions Continued...



Discontinue Vitamin A/Retinol products one month before treatment, both creams, and supplements.

If you took antibiotics or steroids, you have to wait a minimum of 30 days after you stop taking it before your procedure.

If you take a prescription for anxiety or depression medication daily, don't skip it the day of your appointment.

Come to your appointment with your eyebrows filled in the way you usually do them (just as a reference). It doesn't have to be perfect, measurements will be done at the appointment.

If you are on your menstrual cycle, you might be more sensitive and treatment may be more uncomfortable for you. Schedule your appointment a week before or after your period.

Eat before your appointment so you'll feel more relaxed.

See you for your perfect treatment!

Rina

Rina Rivera, Owner
Browology RX

