



# The Place Within

A Nonprofit Counseling Center

## Information for Client

### Confidentiality

What is revealed in this setting is protected by professional and ethical standards. All material is confidential and is not released without your consent except in circumstances of specific court order, suspected child or elder abuse, or threatened homicide or suicide.

### HIPAA and Confidentiality

As a convenience for you, some counselors maintain communication with you through electronic means. This might include text, email, or other. Please remember that although we do our part to protect your confidentiality, it is not as secure when using such methods. We recommend you only disclose information electronically that you are unconcerned about.

\_\_\_\_\_ Please initial here if you understand the potential risk and would still like to make use of electronic communication if/when your counselor is available.

### Our Counselors

Counseling is provided by individuals who are in training to become licensed therapists. Board licensing requires years of supervised experience post masters degree. Supervision is provided by Gary Henderson (MFC #7053) and Krysta Dancy (MFC #48506) on a weekly basis. During supervision, your information may be discussed between counselors and supervisors to better facilitate your care and the learning process for each supervisee. Consumers can get information regarding licensure complaints by calling the BBS at 916-574-7720

### Fees and Payment

Your fee is based on a sliding fee scale which will be determined at the beginning of your treatment. Payment will be due at the end of each session unless otherwise arranged.

### Cancellations

Cancellations must be made 24 hours in advance. Failure to give 24 hours notice will incur full session fee.

### Your Session

Your session is a 50 minute hour.

### Emergency

In case of emergency please call 911.

### Your Counseling Process

Counseling is a joint process between counselor and client. You have a right to engage, ask questions, and give input into your counseling process. The pace of change depends on many factors including degree of struggle presented and motivation. Like most human experiences, counseling is nonlinear. It is normal to feel intense emotions as you work for change. Every outcome is as unique as the individual. Your counselor seeks to apply years of learning and experience to your specific needs, history and goals.

\_\_\_\_\_  
Signature of client or guardian (for minors)

\_\_\_\_\_  
Print name

Date \_\_\_\_\_