



*Soul Food – From the Pan to the Plate*

*The Enemy (Inner Me) – Week of October 16, 2018*

*Study Guide*

*The Bible's Exhortations on Thoughts and Heart Posture:*

- Proverbs 4:23
- Luke 6:45
- 2 Corinthians 10:5
- Philippians 4:6-8
- Mark 7:20-22
- Philippians 2:2-8
- Romans 8:5-7

*To study each scripture in multiple translations of the Bible click [here](#).*