

5K Run - LIVE EVENT

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	BRANDON DALE		M: 1	RUNNER	379	00:18:43.34	06:01	10.0mph	:
2	COLTON CONNELL	NORTHOME, MN	M: 2	RUNNER	256	00:19:03.66	06:08	9.8mph	:
3	MATT MISSLIN	JAMESTOWN, ND	M: 3	RUNNER	271	00:19:11.85	06:10	9.7mph	:
4	MICAH STOUTD		M: 4	RUNNER	394	00:20:23.00	06:33	9.1mph	:
5	LEIF HANSON (DOWNTOWN DENTAL)	JAMESTOWN, ND	M: 5	RUNNER	198	00:20:43.42	06:40	9.0mph	:
6	BROCK TRUAX		M: 6	RUNNER	365	00:20:57.01	06:44	8.9mph	:
7	BRYCE HAAKENSEN		M: 7	RUNNER	366	00:21:01.14	06:45	8.9mph	:
8	WILLIAM HAISCH (DAKOTA SPIRIT)	JAMESTOWN, ND	M: 8	RUNNER	229	00:21:02.76	06:46	8.9mph	:
9	KADE SCHUMACHER	JAMESTOWN, ND	M: 9	RUNNER	298	00:21:13.15	06:49	8.8mph	:
10	ZAYDEN ROEMMICH	SPIRITWOOD, ND	M: 10	RUNNER	219	00:21:15.95	06:50	8.8mph	:
11	KYLE SCHUMACHER	YPSILANTI, ND	M: 11	RUNNER	258	00:21:32.34	06:55	8.7mph	:
12	LINDSEY KNUDSEN	MARION, ND	F: 1	RUNNER	295	00:21:40.44	06:58	8.6mph	:
13	BRADY ANDERSON (DOWNTOWN DENTAL)	JAMESTOWN, ND	M: 12	RUNNER	216	00:21:45.24	07:00	8.6mph	:
14	HEATH HEUPEL		M: 13	RUNNER	326	00:21:51.45	07:02	8.5mph	:
15	CASYN METZGER		M: 14	RUNNER	384	00:22:00.51	07:05	8.5mph	:
16	KADENCE SPICKLER		F: 2	RUNNER	369	00:23:35.07	07:35	7.9mph	:
17	SETH KJELLBERG (K2S ENGINEERING)	YPSILANTI, ND	M: 15	RUNNER	211	00:24:07.94	07:46	7.7mph	:
18	COLLIN MCDONALD	JAMESTOWN, ND	M: 16	RUNNER	267	00:24:32.62	07:53	7.6mph	:
19	CODY HENNE (K2S ENGINEERING)	JAMESTOWN, ND	M: 17	RUNNER	213	00:24:33.54	07:54	7.6mph	:
20	JENNY RAU	JAMESTOWN, ND	F: 3	RUNNER	220	00:24:55.99	08:01	7.5mph	:
21	CHRISTINE HALPIN	JAMESTOWN, ND	F: 4	RUNNER	308	00:25:09.00	08:05	7.4mph	:
22	ROSE HERNANDEZ (CAVENDISH)	JAMESTOWN, ND	F: 5	RUNNER	237	00:25:16.72	08:08	7.4mph	:
23	HEZEKIAH VANDERKOOI		M: 18	RUNNER	375	00:25:24.96	08:10	7.3mph	:
24	ALEX LOOYSEN (LOOYSEN I CARE)	JAMESTOWN, ND	M: 19	RUNNER	276	00:25:30.89	08:12	7.3mph	:
25	PIETER HARSTEN		M: 20	RUNNER	372	00:25:46.21	08:17	7.2mph	:
26	TRUMAN HAUT	JAMESTOWN, ND	M: 21	RUNNER	282	00:25:54.40	08:20	7.2mph	:
27	HOLLY KANGAS		F: 6	RUNNER	1	00:25:54.97	08:20	7.2mph	:
28	ANTHONY CRUZ (CAVENDISH)	JAMESTOWN, ND	M: 22	RUNNER	236	00:26:08.56	08:24	7.1mph	:
29	CHANTEL RICHARD		F: 7	RUNNER	374	00:26:14.54	08:26	7.1mph	:
30	BRIAN MARKEGARD		M: 23	RUNNER	360	00:26:15.97	08:27	7.1mph	:
31	MICHAEL ANTEAU		M: 24	RUNNER	387	00:26:24.23	08:29	7.1mph	:
32	LEVI ROEMMICH	SPIRITWOOD, ND	M: 25	RUNNER	218	00:26:41.60	08:35	7.0mph	:
33	TANNER SMITH (COLLINS)	JAMESTOWN, ND	M: 26	RUNNER	241	00:26:45.58	08:36	7.0mph	:
34	ANDREW ZINK (TEAM KIA)	VOLTAIRE, ND	M: 27	RUNNER	247	00:26:49.68	08:38	6.9mph	:
35	ALYSSA HAAKENSEN		F: 8	RUNNER	367	00:26:57.52	08:40	6.9mph	:
36	QUAID SPICKLER		M: 28	RUNNER	370	00:26:57.79	08:40	6.9mph	:
37	DALE ACKLAND	JAMESTOWN, ND	M: 29	RUNNER	190	00:27:07.61	08:43	6.9mph	:
38	SCOTT BARGLOF	FARGO, ND	M: 30	RUNNER	309	00:27:23.82	08:49	6.8mph	:
39	ALEX BREITBACH		M: 31	RUNNER	3	00:27:24.90	08:49	6.8mph	:
40	JOYELL TRIPP	JAMESTOWN, ND	F: 9	RUNNER	303	00:27:28.12	08:50	6.8mph	:
41	EMMA TRAPP	VALLEY CITY, ND	F: 10	RUNNER	296	00:27:38.92	08:53	6.7mph	:
42	JACEN EISSINGER	COOPERSTOWN, ND	M: 32	RUNNER	304	00:27:39.18	08:54	6.7mph	:
43	CAMDYN KAPPENMAN	VALLEY CITY, ND	F: 11	RUNNER	294	00:27:40.00	08:54	6.7mph	:
44	STELLA BELZER		F: 12	RUNNER	8	00:28:10.07	09:03	6.6mph	:
45	BERNADETTE BELZER		F: 13	RUNNER	9	00:28:10.12	09:03	6.6mph	:
46	ELLIE KRUEGER	JAMESTOWN, ND	F: 14	RUNNER	305	00:28:10.80	09:04	6.6mph	:
47	DUSTY JOHNSTON	SCRANTON, ND	M: 33	RUNNER	176	00:28:15.35	09:05	6.6mph	:
48	KAHRI KOLLMAN	KENSAL, ND	F: 15	RUNNER	291	00:28:16.89	09:06	6.6mph	:
49	MIA KAISER		F: 16	RUNNER	381	00:28:19.16	09:06	6.6mph	:
50	CLAIRE MARKER		F: 17	RUNNER	373	00:28:19.27	09:06	6.6mph	:
51	JAMEN WINDISH	JAMESTOWN, ND	M: 34	RUNNER	253	00:28:21.00	09:07	6.6mph	:
52	NICOLE PRATT		F: 18	RUNNER	7	00:28:23.71	09:08	6.6mph	:
53	KARI RUECKERT	BURNSVILLE, MN	F: 19	RUNNER	188	00:28:24.23	09:08	6.6mph	:
54	KYLEE THEIS		F: 20	RUNNER	322	00:29:01.07	09:20	6.4mph	:
55	JOSIE KOLLMAN	KENSAL, ND	F: 21	RUNNER	292	00:29:01.49	09:20	6.4mph	:

5K Run - LIVE EVENT

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
56	RYLEIGH MARTIN	JAMESTOWN, ND	F: 22	RUNNER	260	00:29:06.93	09:22	6.4mph	:
57	ALAINA BOSCHE	MEDINA, ND	F: 23	RUNNER	261	00:29:07.35	09:22	6.4mph	:
58	MADDY ALLEN	CLEVELANDCLEVEL AND, ND	F: 24	RUNNER	199	00:29:21.82	09:27	6.3mph	:
59	KARA BOSCHE	MEDINA, ND	F: 25	RUNNER	244	00:29:25.04	09:28	6.3mph	:
60	MARIA KELLAM	MOORHEAD, MN	F: 26	RUNNER	231	00:29:27.14	09:28	6.3mph	:
61	TONIA KJELLBERG (K2S ENGINEERING)	YPSILANTI, ND	F: 27	RUNNER	215	00:29:30.87	09:29	6.3mph	:
62	CEDAR RUSSELL (CAVENDISH)	JAMESTOWN, ND	F: 28	RUNNER	288	00:29:44.82	09:34	6.3mph	:
63	NATE WILLER	JAMESTOWN, ND	M: 35	RUNNER	186	00:29:45.53	09:34	6.3mph	:
64	LUKE BERNTSON	NORTHOME, MN	M: 36	RUNNER	257	00:29:55.96	09:38	6.2mph	:
65	HEATHER SEVERANCE	DICKEY, ND	F: 29	RUNNER	177	00:30:04.42	09:40	6.2mph	:
66	ASHLEY WOLFF (K2S ENGINEERING)	JAMESTOWN, ND	F: 30	RUNNER	212	00:30:27.52	09:48	6.1mph	:
67	BRYCE THEIS		M: 37	RUNNER	364	00:30:29.99	09:49	6.1mph	:
68	SHYLOH DEWITZ (TEAM KIA)	VOLTAIRE, ND	F: 31	RUNNER	245	00:30:30.03	09:49	6.1mph	:
69	BROOKE DIETRICH		F: 32	RUNNER	6	00:30:30.57	09:49	6.1mph	:
70	SHAYLA MARTIN (UNISON)	JAMESTOWN, ND	F: 33	RUNNER	193	00:30:42.83	09:53	6.1mph	:
71	SOREN BOOM		F: 34	RUNNER	325	00:30:49.43	09:55	6.0mph	:
72	LEXIE SHELTON (TEAM POSSUM)	FARGO, ND	F: 35	RUNNER	181	00:30:50.41	09:55	6.0mph	:
73	TARYN BOOM		F: 36	RUNNER	324	00:30:50.41	09:55	6.0mph	:
74	AUDRA SHELTON (TEAM POSSUM)	FARGO, ND	F: 37	RUNNER	180	00:30:50.45	09:55	6.0mph	:
75	ANTON GOSS (COLLINS)	JAMESTOWN, ND	M: 38	RUNNER	351	00:30:57.31	09:57	6.0mph	:
76	SOPHIE RODES		F: 38	RUNNER	2	00:31:00.05	09:58	6.0mph	:
77	EMILY SPICKLER		F: 39	RUNNER	371	00:31:07.83	10:01	6.0mph	:
78	BETH KOLLMAN	KENSAL, ND	F: 40	RUNNER	290	00:31:08.07	10:01	6.0mph	:
79	ANDRES AGUDELO	JAMESTOWN, ND	M: 39	RUNNER	285	00:31:14.29	10:03	6.0mph	:
80	JAMIE RIZZO		F: 41	RUNNER	392	00:31:20.71	10:05	5.9mph	:
81	JOE RIZZO		M: 40	RUNNER	390	00:31:21.06	10:05	5.9mph	:
82	KEITH SCHUMACHER	JAMESTOWN, ND	M: 41	RUNNER	297	00:31:23.59	10:06	5.9mph	:
83	DAVID STRAUSS	BISMARCK, ND	M: 42	RUNNER	243	00:31:31.13	10:08	5.9mph	:
84	FIONA SCHAACK (COLLINS)	JAMESTOWN, ND	F: 42	RUNNER	238	00:31:38.48	10:11	5.9mph	:
85	STEPHANIE JENSEN		F: 43	RUNNER	398	00:31:39.38	10:11	5.9mph	:
86	LISA WAGNER	JAMESTOWN, ND	F: 44	RUNNER	197	00:31:39.49	10:11	5.9mph	:
87	JAELEE TRIPP	JAMESTOWN, ND	F: 45	RUNNER	302	00:31:50.87	10:15	5.9mph	:
88	JEIMMY RUIZ		F: 46	RUNNER	57	00:31:54.14	10:16	5.8mph	:
89	LAUREN MARKEGARD		F: 47	RUNNER	361	00:32:02.75	10:18	5.8mph	:
90	LANCE KJELLBERG (K2S ENGINEERING)	YPSILANTI, ND	M: 43	RUNNER	214	00:32:12.75	10:22	5.8mph	:
91	SIERRA IRMEN		F: 48	RUNNER	376	00:32:15.60	10:23	5.8mph	:
92	AYLEXYS WALCH (CONCORDIA LUTHERAN CHU)	JAMESTOWN, ND	F: 49	RUNNER	222	00:32:28.85	10:27	5.7mph	:
93	BETHANY GUERRIERI		F: 50	RUNNER	15	00:32:47.10	10:33	5.7mph	:
94	MASON BLISS	JAMESTOWN, ND	M: 44	RUNNER	352	00:32:51.19	10:34	5.7mph	:
95	JACK HEICHEL (COLLINS)	JAMESTOWN, ND	M: 45	RUNNER	240	00:33:01.03	10:37	5.6mph	:
96	KATIE ANDERSON	JAMESTOWN, ND	F: 51	RUNNER	187	00:33:13.73	10:41	5.6mph	:
97	MADDIE GIESLER	EDGELEY, ND	F: 52	RUNNER	233	00:33:19.06	10:43	5.6mph	:
98	JILLIAN WENNER	JAMESTOWN, ND	F: 53	RUNNER	284	00:33:36.28	10:48	5.5mph	:
99	TENZLEY SKAUG (TEAM KIA)	VOLTAIRE, ND	F: 54	RUNNER	248	00:33:37.92	10:49	5.5mph	:
100	NICK ERICKSON	JAMESTOWN, ND	M: 46	RUNNER	268	00:33:43.72	10:51	5.5mph	:
101	TREY WORRELL		M: 47	RUNNER	377	00:33:58.14	10:56	5.5mph	:
102	BRYSON TRIPP	JAMESTOWN, ND	M: 48	RUNNER	281	00:33:58.99	10:56	5.5mph	:
103	ZOE BJERKE	VALLEY CITY, ND	F: 55	RUNNER	250	00:34:11.81	11:00	5.5mph	:
104	MADISON CAMPBELL (COLLINS)	JAMESTOWN, ND	F: 56	RUNNER	239	00:34:12.48	11:00	5.4mph	:
105	CADEN MICHAELSON	JAMESTOWN, ND	M: 49	RUNNER	252	00:34:13.53	11:00	5.4mph	:
106	LUCY FALK		F: 57	RUNNER	363	00:34:14.46	11:01	5.4mph	:
107	MARI ANDERSON	JAMESTOWN, ND	F: 58	RUNNER	225	00:34:14.64	11:01	5.4mph	:

5K Run - LIVE EVENT

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
108	GRADY KENTCH	JAMESTOWN, ND	M: 50	RUNNER	270	00:34:15.34	11:01	5.4mph	:
109	MADISON MALEY	JAMESTOWN, ND	F: 59	RUNNER	269	00:34:15.50	11:01	5.4mph	:
110	KELSEY SCHULZ	VALLEY CITY, ND	F: 60	RUNNER	266	00:34:16.55	11:01	5.4mph	:
111	ETHAN JOB		M: 51	RUNNER	14	00:34:21.36	11:03	5.4mph	:
112	ANNIE WILCOX	JAMESTOWN, ND	F: 61	RUNNER	289	00:34:38.32	11:08	5.4mph	:
113	JESLYN TRIPP	JAMESTOWN, ND	F: 62	RUNNER	300	00:34:52.97	11:13	5.3mph	:
114	ETTA PERKINS (JPMC)	JAMESTOWN, ND	F: 63	RUNNER	274	00:34:54.49	11:14	5.3mph	:
115	KYLER PERKINS (JPMC)	JAMESTOWN, ND	M: 52	RUNNER	275	00:34:56.27	11:14	5.3mph	:
116	JESSICA SAWYER		F: 64	RUNNER	319	00:34:59.11	11:15	5.3mph	:
117	WINONA SCHWOLS	JAMESTOWN, ND	F: 65	RUNNER	203	00:35:02.29	11:16	5.3mph	:
118	AUNIKA MOSER	JAMESTOWN, ND	F: 66	RUNNER	272	00:35:05.43	11:17	5.3mph	:
119	BRAXTON PERKINS (JPMC)	JAMESTOWN, ND	M: 53	RUNNER	273	00:35:05.74	11:17	5.3mph	:
120	JON GUSSIAAS	CARRINGTON, ND	M: 54	RUNNER	207	00:35:07.99	11:18	5.3mph	:
121	CASSANDRA MONK	JAMESTOWN, ND	F: 67	RUNNER	204	00:35:11.29	11:19	5.3mph	:
122	HARMONY HENNINGS (JPMC)	JAMESTOWNJAMES TOWN, ND	F: 68	RUNNER	306	00:35:12.13	11:19	5.3mph	:
123	RON TRUAX		M: 55	RUNNER	368	00:35:14.96	11:20	5.3mph	:
124	REBECCA GUSSIAAS	JAMESTOWN, ND	F: 69	RUNNER	206	00:35:16.73	11:21	5.3mph	:
125	BARB LOOYSEN	JAMESTOWN, ND	F: 70	RUNNER	277	00:35:36.78	11:27	5.2mph	:
126	BRYNN HOOVESTOL		F: 71	RUNNER	380	00:36:03.47	11:36	5.2mph	:
127	TREVEN IVERSON		M: 56	RUNNER	382	00:36:19.34	11:41	5.1mph	:
128	STEPHANIE MORSE	JAMESTOWN, ND	F: 72	RUNNER	234	00:36:19.59	11:41	5.1mph	:
129	MADDIE SCHNEIDER		F: 73	RUNNER	388	00:36:20.04	11:41	5.1mph	:
130	SHERRY BENSON (JPMC)	JAMESTOWN, ND	F: 74	RUNNER	278	00:36:20.04	11:41	5.1mph	:
131	CAMDYN DEWITZ (TEAM KIA)	VOLTAIRE, ND	F: 75	RUNNER	246	00:36:20.84	11:41	5.1mph	:
132	JESS TRIPP	JAMESTOWN, ND	F: 76	RUNNER	301	00:36:21.45	11:42	5.1mph	:
133	CASEY STOUTT	JAMESTOWN, ND	M: 57	RUNNER	185	00:36:22.92	11:42	5.1mph	:
134	ADDISON SPANIER (SPANIER)	VALLEY CITY, ND	F: 77	RUNNER	195	00:36:51.48	11:51	5.1mph	:
135	JACKSON KOPPERUD	JAMESTOWN, ND	M: 58	RUNNER	196	00:37:01.88	11:55	5.0mph	:
136	ROSS KOPPERUD	JAMESTOWN, ND	M: 59	RUNNER	182	00:37:02.15	11:55	5.0mph	:
137	SHERI GUNDERSON	JAMESTOWN, ND	F: 78	RUNNER	217	00:37:05.31	11:56	5.0mph	:
138	BERKLEY KUSS	JAMESTOWN, ND	F: 79	RUNNER	286	00:37:12.41	11:58	5.0mph	:
139	GRACE RAU	JAMESTOWN, ND	F: 80	RUNNER	221	00:37:12.74	11:58	5.0mph	:
140	JAKSON DAVIS		M: 60	RUNNER	383	00:37:18.08	12:00	5.0mph	:
141	KRISTEN SPANIER (SPANIER)	VALLEY CITY, ND	F: 81	RUNNER	194	00:38:28.20	12:22	4.8mph	:
142	DENNIS GRANSEE	JAMESTOWN, ND	M: 61	RUNNER	254	00:38:31.09	12:23	4.8mph	:
143	BRANDON SCHMIDT		M: 62	RUNNER	354	00:38:48.87	12:29	4.8mph	:
144	MCKINLEY JOHNSON		F: 82	RUNNER	10	00:38:50.45	12:30	4.8mph	:
145	ANGELA GARCIA		F: 83	RUNNER	293	00:38:50.54	12:30	4.8mph	:
146	JAMESON PORTER (DAKOTA SPIRIT)	JAMESTOWN, ND	M: 63	RUNNER	224	00:38:54.79	12:31	4.8mph	:
147	MARLEY PORTER (DAKOTA SPIRIT)	JAMESTOWN, ND	F: 84	RUNNER	223	00:38:55.58	12:31	4.8mph	:
148	KAYSTEN LEON		M: 64	RUNNER	313	00:39:27.37	12:41	4.7mph	:
149	CARTER KLEIN		M: 65	RUNNER	385	00:39:28.39	12:42	4.7mph	:
150	JEANETTE BERNTSON	NORTHOME, MN	F: 85	RUNNER	255	00:39:50.45	12:49	4.7mph	:
151	LEO MCKENNA		M: 66	RUNNER	13	00:39:52.10	12:49	4.7mph	:
152	OWEN MCKENNA		M: 67	RUNNER	12	00:39:53.08	12:50	4.7mph	:
153	CATHLEEN PORTER (DAKOTA SPIRIT)	JAMESTOWN, ND	F: 86	RUNNER	227	00:40:35.37	13:03	4.6mph	:
154	JILL ACKLAND	JAMESTOWN, ND	F: 87	RUNNER	189	00:41:04.65	13:13	4.5mph	:
155	HAILEY JOHNSON		F: 88	RUNNER	11	00:41:46.13	13:26	4.5mph	:
156	ELIZABETH HEER (JPMC)	JAMESTOWN, ND	F: 89	RUNNER	205	00:42:04.20	13:32	4.4mph	:
157	RHETT NIELAND	PINGREE, ND	M: 68	RUNNER	279	00:42:04.76	13:32	4.4mph	:
158	MARIANNE KLOSTERMAN		F: 90	RUNNER	399	00:42:33.31	13:41	4.4mph	:
159	CALLY STROMBERG	JAMESTOWN, ND	F: 91	RUNNER	208	00:42:43.95	13:45	4.4mph	:
160	RYA GRAY		F: 92	RUNNER	378	00:42:55.11	13:48	4.3mph	:
161	SHEPARD NIELAND	PINGREE, ND	M: 69	RUNNER	280	00:43:35.71	14:01	4.3mph	:
162	ERIN NIELAND		F: 93	RUNNER	210	00:43:36.05	14:02	4.3mph	:
163	AUBREY KRAPP		F: 94	RUNNER	5	00:45:00.39	14:29	4.1mph	:

5K Run - LIVE EVENT

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164	SHOSHANNA BOHLEN	BISMARCK, ND	F: 95	RUNNER	299	00:45:39.32	14:41	4.1mph	:
165	EMILY MONTGOMERY	MANDAN, ND	F: 96	RUNNER	183	00:45:40.58	14:42	4.1mph	:
166	KENNEDY CONZEMIUS		F: 97	RUNNER	397	00:45:55.28	14:46	4.1mph	:
167	THEYAN HOFF		F: 98	RUNNER	389	00:46:17.36	14:53	4.0mph	:
168	ANDREA ANTEAU		F: 99	RUNNER	386	00:48:37.76	15:39	3.8mph	:
169	LUCAS LYNN		M: 70	RUNNER	355	00:48:47.35	15:42	3.8mph	:
170	ZOE SABANJO		F: 100	RUNNER	316	00:48:47.64	15:42	3.8mph	:
171	SHERRY SANDER		F: 101	RUNNER	318	00:49:45.05	16:00	3.7mph	:
172	GRAYSON STROMBERG	JAMESTOWN, ND	M: 71	RUNNER	209	00:49:45.72	16:01	3.7mph	:
173	ANDREA CRUZ (CAVENDISH)	JAMESTOWN, ND	F: 102	RUNNER	235	00:52:02.07	16:44	3.6mph	:
174	SEAN LAWLER	FARGO, ND	M: 72	RUNNER	307	00:53:13.58	17:07	3.5mph	:
175	ANDREA KJERGAARD	KULM, ND	F: 103	RUNNER	262	00:54:16.75	17:28	3.4mph	:
176	EMILY REIMER (TEAM KIA)	VOLTAIRE, ND	F: 104	RUNNER	249	00:54:25.29	17:30	3.4mph	:
177	CLAIRE SELL		F: 105	RUNNER	4	00:56:10.81	18:04	3.3mph	:
178	MIREYA SANCHEZ		F: 106	RUNNER	400	01:01:27.89	19:47	3.0mph	:
179	MALLORY RIZZO		F: 107	RUNNER	393	01:06:31.59	21:24	2.8mph	: