**SYSTEM NAVIGATION** 

# **Epilepsy Disclosure Chart**

TIME OF DISCLOSURE	ADVANTAGES	DISADVANTAGES	ISSUES
ON A JOB APPLICATION	<ul> <li>Honesty. Peace of mind.</li> <li>Easy. Lets employer decide if epilepsy is an issue.</li> <li>An employer may be seeking someone with a disability to diversify their staff.</li> </ul>	<ul> <li>Might disqualify you with no opportunity to present yourself and your qualifications and no recourse.</li> <li>Potential for discrimination.</li> </ul>	• If you use this technique, you may have a harder time finding work, but usually have no epilepsy-related problems when you do.
DURING AN INTERVIEW	<ul> <li>Honesty. Peace of mind.</li> <li>Opportunity to respond briefly and positively – in person – to specific epilepsy issues.</li> <li>Discrimination less likely face-to-face.</li> </ul>	<ul> <li>Puts responsibility on you to handle epilepsy issues in a clear, non-threatening way.</li> <li>Too much emphasis on issue indicates possible problem. You are not being evaluated on your abilities.</li> </ul>	<ul> <li>How comfortable are you with discussing your epilepsy? Are you too preoccupied with epilepsy? These are very difficult questions, but ones that you can prepare to answer.</li> <li>Disclosing early on may be best for someone who will likely have a seizure sooner rather than later, and/or who wants appropriate care and accommodation</li> </ul>



## **Epilepsy Disclosure Chart** continued

TIME OF DISCLOSURE	ADVANTAGES	DISADVANTAGES	ISSUES
AFTER THE INTERVIEW (When you have been offered a job but before you begin work.)	<ul> <li>Honesty. Peace of mind.</li> <li>If the epilepsy information changes the hiring decision, and you are sure that your seizures will not interfere with your ability to perform the job, there may be legal recourse.</li> </ul>	<ul> <li>Employer might feel you should have told him before hiring decision was made.</li> <li>Might lead to distrust with personnel department.</li> </ul>	<ul> <li>Need to evaluate seizure condition honestly in light of the specific tasks of the job you are applying for.</li> <li>Need to be able to explain how epilepsy will not interfere with ability to perform job. This includes job safety.</li> </ul>
AFTER YOU START WORK	<ul> <li>Opportunity to prove yourself on the job before disclosure.</li> <li>Allows you to respond to epilepsy questions with peers at work.</li> <li>If disclosure affects employment status and the condition doesn't affect ability to perform job or job safety, you may be protected by law.</li> </ul>	<ul> <li>Nervousness or fear of having a seizure on the job.</li> <li>Possible employer accusation of falsifying your application.</li> <li>Possibility of a seizure before co-workers know how to react.</li> <li>Could change interaction with peers.</li> </ul>	<ul> <li>The longer you put off disclosing, the harder it becomes.</li> <li>It may be difficult to identify who to tell.</li> </ul>
AFTER A SEIZURE ON THE JOB	<ul> <li>Opportunity to prove yourself on job before disclosure.</li> <li>If seizure affects employment status but the seizures do not affect your ability to perform your job or job safety, you may be protected by law.</li> </ul>	<ul> <li>Possible employer accusation of falsifying your application.</li> <li>Possibility that your coworkers will not have known how to react to your seizure.</li> <li>Can perpetuate epilepsy myths and misunderstandings.</li> </ul>	Relationships you establish with coworkers may be hurt if they feel you have been untruthful with them. It may be difficult to re-establish trust.



### **Epilepsy Disclosure Chart** continued

TIME OF DISCLOSURE	ADVANTAGES	DISADVANTAGES	ISSUES
NEVER	Employer can't react to your epilepsy unless you have a seizure	<ul> <li>If epilepsy is discovered, you run the risk of being fired.</li> <li>Nervousness and fear of having a seizure on the job. If you have a seizure, might be hurt by inappropriate first aid.</li> <li>Studies show that people who don't disclose have higher incidence of seizures on the job.</li> <li>Can perpetuate epilepsy myths and misunderstandings</li> </ul>	<ul> <li>If you haven't had a seizure for a long time (over two years) the issues of disclosure become less critical.</li> <li>The seizures may not be an issue but medication side effects might be.</li> </ul>

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