

# Sycamore Canyon Gazette

Barn News

Sycamorecanyonctr.com

June/July 2022

## Summer and Heat



Photo of Mustard Trail  
by Lisa Lighthouse



### Summer is here along with hot sweltering days!

This is the time of year when horses can easily become overheated and dehydrated. Horses who sweat too long without replenishing their fluids can experience a number of health issues including dehydration, impaction colic to tying up.

### Look for signs of dehydration in horses

Signs of dehydration in a horse may include:

**Pale mucous membranes** - A well hydrated horse should have pink gums. One easy test to check your horse's gums is to push on the gums and then release the pressure. In a hydrated horse, the membranes or gums should turn pink again within 1 -2 seconds.

**Sticky or clammy skin** - To perform a simple **hydration pinch test**, squeeze or pinch your horse's skin at its shoulder, pull it upwards into a tent-like shape and then release. The horse's skin should flatten out within one second after being pinched. If it doesn't, the horse may be dehydrated.

**Excessive sweating** or not sweating after a heavy workout

**Loss of appetite & sluggishness**

**Urine Color** - Unusually dark or brown urine - A hydrated horse has clear urine.

**High heart rate and body temperature** - Average body temperature should be between 98 and 101 degrees.

### Some tips to help keep your horse from getting overheated or dehydrated on a hot day...

Avoid working your horse during the hottest part of the day.

**Provide horse access to fresh water and a salt block**

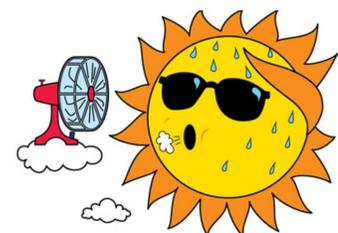
Provide shade and ventilation for horse to get away from the sun and heat.

**Hose your horse down before and after a heavy workout.**

Keep your horse in shape and acclimate him gradually to hot weather.

**Offer your horse an extra bucket of water mixed with electrolytes**

Soak your hay in water to provide extra moisture.



# Why I Love to Ride...

**There are many reasons why we ride.**

Some of us begin this journey as a youngster, hanging out at a barn, feeling privileged just to be allowed to muck a stall or groom a horse. Taking care of our horses offer us stress relief, comfort and a purpose! People get into riding for so many different reasons. Here are some thoughts from some of our SCEC boarders!

***Ever since I was a little girl, I have loved horses.***

*As I got older, I loved riding them. From walking your horse to riding with the wind in your face, there's nothing like it! The feel of their strength to the whinny of their greeting when they see you...it just melts your heart!*

***Hi! My name is Lily Arteaga...Holly's bestie!***

*The reasons I love riding are that it's very therapeutic and calming for me. I also enjoy working hard practicing and lessoning to get ready for the challenge of going to competitions. I love jumping! Sometimes, I feel like I am flying because of how high off the ground I am! It's incredible how fast these horses can go. It feels like I'm Unstoppable!*

*To me the joy of riding encompasses two things I dearly love: Knowledge and challenge. To be able to learn from and with an intelligent horse and be challenged every minute along the way by an animal whose physical skills are far greater than my own, inspires me. And I love him for that! It's what keeps me alive!*

**~ By Ursula Stevenson**



**Ursula and Slate**

*Horses know all your moods, and most importantly... your secrets. The bond and the connection you form with a horse is like no other. Oh yeah...Horse people are a special breed too!*

**~ By Ellen Armijo**



**Ellen  
And  
Jake**

*The teamwork between a horse and rider can be such a beautiful and amazing thing. Horses are the most wonderful, caring animals I know!*

**~ By Lily Arteaga**



**Lily and Holly**

# Happenings Around the Barn...

## Upcoming Summer BBQ



**When:** Saturday, July 23<sup>th</sup>

**Time:** 5:30 pm

**Where:** Lower Barn by the tank

**Why:** To hang out and have fun

**Who:** SCEC Boarders and Guests

**What:** Bring your favorite side dish or dessert along with your favorite drink!

We will provide hamburgers and hot dogs.

Come on Ya'll and join the fun!

Featuring...Friends, Music, Food, Fun!

## New Ranch Hands

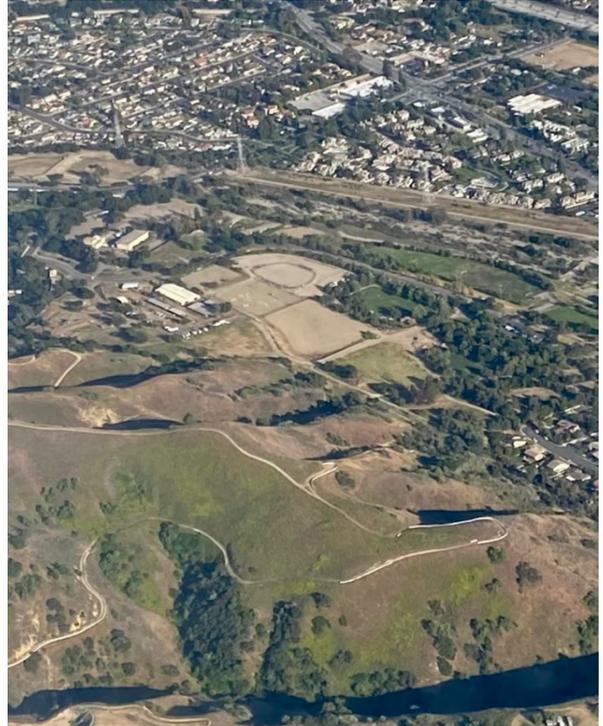


**Callie**

**Karen**

**Our two newest Ranch Hands!  
Welcome Callie and Karen!!**

## Happy Trails



Aerial View of our Sycamore Canyon ranch and trails  
by George Yniguez



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# MORE HAPPENINGS...



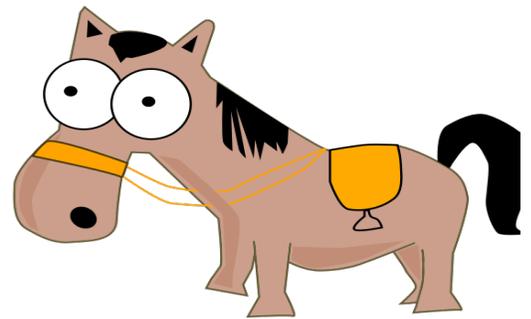
## Emergency Evacuation Plan!

An Emergency Evacuation Plan for stabling at the Fairplex was sent out in an email! Hopefully, you have had a chance to look it over!

There will be a Sycamore Canyon Emergency Preparedness Meeting on **Thursday, June 9th at 6pm**. The meeting is open to anyone who would like to attend. The meeting will take place in the **Barn Office**. Bring a folding chair if you have one!

## Helpful tips for keeping your horse safe during an emergency

- Make sure your *horse's halter* is accessible and hanging on or in front of your stall.
- Keep your *contact information* updated and on file in the barn office.
- Attach an *identification tag* to your horse's halter!
- Practice *trailer loading* especially if your horse does not load well!



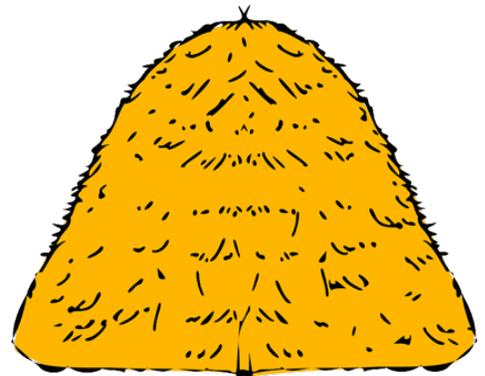
## Barn Management Reminders:

### Shavings and Hay

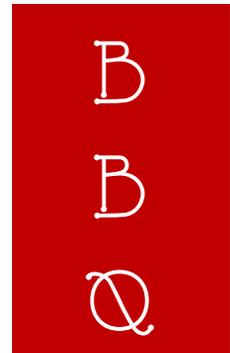
Just a reminder...As per contract, please store your extra bags of **shavings** and **hay** in your personal locker or storage containers within 24 hours of delivery. This will prevent the occasional loose horses and/or little critters from getting into it or spreading it around. Thanks for your help!

### Contact Information

Please remember to update your contact information with Lauree if your email, phone number or address has changed.



# Gathering at the Tank!



Friends!



Mark your Calendars! Our next barn get together will be on Saturday, July 23<sup>rd</sup>!



A  
DAY  
AT  
THE  
BARN



HANGING  
WITH  
OUR  
HORSES!



# Introducing our..

## Fabulous Sycamore Canyon Trainers!

*What would we do without you all!?*

TRAINER



Shawn Falcon

TRAINER



Kristin Keeler

TRAINER



Lisa Lighthouse

TRAINER



Macey McCallion

TRAINER



Janelle Nicolas-  
Young

### **Shawn Falcon - Falcon Riding Academy**

Shawn specializes in English riding lessons. Her program includes training for both horse and rider.

Contact Information:

Phone: (951) 233-7744 (Text)

<https://www.facebook.com/pages/category/pet/Falcon-Riding-Academy-194213770593816>

### **Kristin Keeler and Janelle Nicolas-Young - JKK Performance Horses and Mules**

Kristin and Janelle specialize in both Western and English riding lessons. Together they have over 30 years of experience. Along with lessons, their program includes trail riding, trail competitions, riding in the arena and competing in horse shows.

Contact Information:

Phone: (951) 201-7110

<https://jkkperformancehorsesandmules.com>

### **Lisa Lighthouse**

Lisa specializes in helping her clients learn how to connect with and build a better relationship with their horse.

Contact information:

(909) 772-5265

### **Macey McCallion**

Macey has over 20 years of experience and specializes in building solid partnerships between a horse and their rider. Her program includes horse training, horsemanship classes, private riding lessons, equine facilitated learning and horse clinics.

Contact information:

Phone: (951) 218-8283

<http://truenorthequinellc.com>

# Did You Know?

## Highlighting Shawn Falcon!

**Shawn Falcon is the youngest of 8 and has always loved being part of a big family.**

**Shawn has always loved horses and as a young child Shawn was always begging her parents for a horse.** At the age of 10, her wish finally came true. Her dad surprised the family with a sweet Palomino mare named Pepsi who he had ridden all the way from Irwindale to their home in Covina on Christmas morning. Pepsi turned out to be a great beginner horse for a family who knew little about horses. There were not many places to ride Pepsi except for a dirt driveway and on the streets of Irwindale so she was not ridden very much her first few years. Shawn would sometimes pick Pepsi up in Irwindale and then ride her back to Covina where Pepsi would often end up spending the night in their backyard.

**At the age of 12, Shawn and her family moved Pepsi to a ranch at the Via Verde Equestrian Center with Dorothy Miller, a well-known Hunter/Jumper trainer.** Here, Shawn spent her days soaking in as much knowledge as she could, watering the ranch lawns in exchange for lessons and volunteering at the George Morris clinics that Dorothy hosted just so she could watch and learn from George without having to pay to be at his clinics.

**After leaving Via Verde, Shawn was fortunate to find and get the support of a trainer who had been taught by George Morris.** This trainer helped Shawn campaign and promote her horse on the A circuit. Eventually, Shawn was able to save up enough money to successfully show her horse on her own.

**In 1999, Shawn tragically lost her mom and brother 9 days apart.** In early 2000, she started her business, "Falcon Riding Academy" and 6 months later was diagnosed with Breast Cancer. SHE IS A SURVIVOR OF 22 YEARS!!!!

**Besides working with horses, one of Shawn's favorite things to do in her spare time is design and build things with wood.** Not only was she the only girl to take wood shop in her Jr. high school, but she also won the wood shop school trophies both years in a row. Woohoo!

**Shawn's absolute favorite thing in life is her dog "Sandi."** According to Shawn, Sandi is not only the smartest dog she has ever met but also a pretty darn special one! Besides being her constant companion at the barn, Sandi would often help exercise Shawn's horses by holding onto the lead rope and walking them for her. Even after losing her eyesight due to an eye disease, Shawn swears that Sandi must have a third eye somewhere because amazingly, she has no problem getting around and sensing things around her. Not long ago during one of their daily walks, Shawn shared how she and Sandi came across a group of police cars and a helicopter looking for an elderly man with Dementia. Sandi seemed to know right where the man was, and despite her normal reluctance to go to strangers...Sandi lead Shawn right to him. What an amazing dog!



# Kid's Corner

## Farm Animals Word Search

D T T A O G G N E U I E  
O H U W Y K I P E E H S  
N O D R E S O O G T A C  
K R U L K N E K C I H C  
E S C G R E W O C G O D  
Y E K F V H Y J G I P A

cat  
chicken  
cow  
dog  
donkey  
duck  
goat  
goose  
horse  
pig  
sheep  
turkey



# CLASSIFIEDS

## Stall Mats for Sale!

4 x 6 ft lightly used (For a gym) stall mats for sale

Contact Lauree at (909) 753-4996 \$45 each



## Your classified Ad here!

Send pictures and info to [mmackessy@verizon.net](mailto:mmackessy@verizon.net)

## Saddle Rack

Metal saddle rack for sale! \$75 Please contact Marina at (909) 477-1864



## Fly Sheet

Light Green Mosquito Mesh V-Free Fly Sheet Size 80 (worn twice) and matching Fly Mask with ears and removable nose piece (never worn) \$75 for both



Contact Margot at (909)935-6577

## Kensington Fly Sheet

Size 75 \$15



Contact Marina at (909) 477-1864

## Horse Cooling blanket

Horse Cooler for sale! Modeled by Slate. Too large for Ellie! \$10 Please contact Marina at (909) 477-1864



## Lost and Found

Black bareback pad was accidentally left at the lower barn by the tank a few months ago. If found...please contact Veronica Calderon at 626-991-4375 (cell)



ATTENTION ALL BOARDERS! If you have any fun photos you would like to share (photos with your horses, arena riding or trail rides) please forward them to [mmackessy@verizon.net](mailto:mmackessy@verizon.net). We would love to add them to our future newsletters and SCEC Website!

**TO ALL OWNERS OF HORSE TRAILERS ON SCEC PROPERTY**

Please fill out the attached form and return to Lauree as soon as possible! Thanks!

<b>SYCAMORE CANYON EQUESTRIAN CENTER HORSE TRAILER PARKING INFORMATION</b>		
<hr/>		
<b>COLOR</b>	<b>YEAR</b>	
<b>MAKE</b>	<b>MODEL</b>	
<b># OF HORSES</b>	<b>PULL TYPE</b>	
<b>LICENSE PLATE NUMBER</b>	<b>STATE REGISTERED</b>	
<div style="border: 1px dashed black; padding: 5px; width: fit-content; margin: 0 auto;"><b>REGISTERED OWNER'S INFORMATION</b></div>		
<b>FIRST</b>	<b>M.I.</b>	<b>LAST</b>
<b>STREET NAME</b>		<b>APT #</b>
<b>CITY</b>	<b>STATE</b>	<b>ZIP</b>
<b>AREA CODE</b>	<b>PHONE NUMBER</b>	
<b>SIGNATURE</b>	<b>DATE</b>	