

## LEVEL 2- ONE BATON TRICKS

**P.J. Roll-** hold baton at chest, roll baton down arms palms up, turn hands over, lift arms and tuck head down, roll baton down back catching at waist.

**Leg Toss-** baton in right hand, toss under left leg, catch left and right hand.

**Hand Over Hands**

**W/ Grapevine (Girl Series)**

**Thumb Flip (w/ Left Arm Circle)**

**Leg Roll-** hold baton in right hand, bring baton under left leg and roll over the top of the thigh catching with the right hand.

**Butterfly-** 3 step process

**Elbow Roll (w/ Extension)**

**Palm Roll w/ Bat-up-** do a horizontal in left or right hand, when palm is facing up open hand flat allowing baton to continue the motion on flattened palm.

**Shoulder Rolls-** bring baton behind back and up to the same shoulder, roll baton over shoulder, try catching in the same and opposite hands.

**Pretzel-** circle baton under left leg, wrap around right ankle, catch left

**Taffy Pull-** start by tucking baton at chest, swing baton up and over head, slid hands to the ends.

**Fingertip Flips-** holding baton vertical push away with thumb, trying to catch baton after a full circle, end same end up from when started.

**Chestwrap (Ele-** wrap baton around neck to front of chest, wrap other arm around waist, roll baton across chest catching in other hand at waist. Left and right hands

**Right Arm Drop (Pencil Drop)-** catch backhand right

**Toe Tap**

**Swing Series**

**Pancake (with toss)**

**Horizontal Toss**

**W/ Pancake**

**Thump Flip (at right leg)-** thumb flip at right knee and catch with left hand under right leg

**Back Drop**

**Shoulder Drop**

**Windup**

**Grapevine (Girl Series)**

**Ariel (toss)-** arms straight out

**Backhand Flip-** right and left hands

**Vertical Fingers**

**Hug Toss-** thumb toss, wrap arm behind (left behind, right in front)

**½ Spin Blind** (catch behind back)

**Horizontal One Spin-** toss left catch right, push off on right spinning on left foot

**Thumb Flip One Spin-** toss from right, push off on right spinning on left foot, catch left or right hand

## **Parade Routine- Blue Group**

### **Counts:**

**1-2 Circle right arm up in to diagonal**

**3-4 Circle left arm up in to diagonal (both arms should form a “V”)**

**5-8 Big arm circle with both arms**

**9-10 Bring baton up on to right shoulder**

**11-12 Point baton up to sky**

**13-16 Big arm circle with both arms**

**1-4 Horizontal right hand**

**5-8 Tuck at chest, pass to left hand**

**9-12 Horizontal left hand**

**13-14 Pass baton behind head to right hand, step left foot, kick right leg**

**15-16 Horizontal right hand**

**1-4 Stir-the-pot, over under 2 times**

**5-6 Tuck at chest**

**7-8 Bring baton down to waist and above head, slide hands to ends**

**9-12 Holding ends: bring baton down to the right, circle up and around to bottom left**

**13-14 Holding ends: bring baton down to the left, circle up and around to bottom right**