



## **What does it mean to betray ones' trust?**

I believe it can be a much deeper matter than people might think. When one opens up and makes themselves vulnerable to someone, having faith and confidence in their words, in what they say; in what they say they're going to do or not going to do...Only to find out that what one had believed to be true, was not or is not true. So now, the offender is tasked with a very challenging job. The job to rebuild. Rebuilding from the rubble and fragments of what once was. When rebuilding that thing, it almost never returns to its original solid and whole state, why? Because it loses integrity. Both the person

themselves and whatever relationship they brought their dishonesty into loses integrity:

Integrity is defined as:

1. The quality of being honest and having strong moral principles; moral uprightness.
2. The state of being whole and undivided

What the offender will have to work with are fragmented and damaged pieces. If they care to rebuild, they'll work hard to glue the pieces together and oftentimes only until there is a time of remembrance. A time when actions, words, situations and circumstances trigger memories, emotions and thoughts taking one right back to the beginning only to start all over trying to believe again. It can be a vicious cycle. It might take the Lord for one to truly FORGET, as forgiving is not the same as forgetting. In many cases it is easier to FORGIVE rather than to FORGET. Dr. Pamela Hadley [Hadley Consulting](#)