



X P E R I E N C E

Pakistan

Taking you on a life changing
adventure in Pakistan

www.experiencepakistan.co.uk



Food Discovery Tours

16 Day Discovery Food Tour

Swat, Islamabad, Peshawar, Lahore, Multan & Karachi

Time Period: October - March

MAP OF PAKISTAN



LET US HELP YOU CREATE A LIFE CHANGING HOLIDAY



The company came into fruition in 2018 as my desire to put Pakistan on peoples radar for the right reasons. I wanted to show people Pakistan through my eyes as I know the country has a plethora of beauty, culture, culinary delights & hospitality to offer those seeking something off the beaten track.

I wanted people from around the world to experience and enjoy some of the great holidays I have enjoyed in Pakistan with my family.

It is also my way of giving back to the people of Pakistan & doing my bit as a Pakistani overseas, which is why a strong emphasis of my itineraries involve working with local boutique hotels and local businesses so that the common man / woman in Pakistan benefits from the tourism I bring in. This also provides you with the most authentic holiday.





OUR SERVICE

Apart from flights, we take care of everything. Our specialism lies in the creation & development of authentic, cultural holidays in Pakistan from the North to the South, whether its food, nature, culture, history or golf you enjoy, we have it all covered.

Once you arrive at the airport in Islamabad, you become our guests and our responsibility. We have everything covered from hotels, transportation to all the excursions & guides, so you can just focus on taking pictures, chatting to the locals & basically having a great time. All of our guides have over 20 years experience on the ground and great knowledge about the sites they take you to but also off the beaten track activities like watching truck art being painted on the trucks.

We are proud to be recognised for this & have won 5 awards related to best Pakistan Experience service provider by SME news, best customer service & Adventure Tour Agency of the Year for 3 years running by Prestige Awards.

It's your holiday so our team go above and beyond, our goal is to ensure that we make it the most memorable experience for you & that you leave the country as brand ambassadors of Pakistan, telling the world how welcoming & culturally rich Pakistan is.

16 DAY FOOD DISCOVERY TOUR



Food brings communities together and is often the common language where politics & religious beliefs make no difference. This tour takes you to the heart of street food in Pakistan which is enjoyed by so many of the locals. If you don't like spices or have a delicate stomach then this probably isn't the tour for you.

Whilst we ensure the key attractions are included this tour does have a food focus to it, taking you to the local Sunday Markets & food experiences enabling you to watch and learn from local home and street chefs.

Within this tour we cover Rawalpindi, Islamabad, Lahore & Peshawar. You can experience some of the differences in cuisines between these cities. Aside from the local cuisine we will also take you to some of the plus places where you can enjoy some of the local Chinese restaurants, which have flavours unlike those enjoyed in the West.

PROPOSAL COST - 16 DAYS / 15 NIGHTS

Group Size	Based on Twin / Double Sharing
2	£7140 PP
4-6	£6700 PP
8	£5670 PP
Single Supplement	£1583 PP

COST INCLUDES:-

- Hotel Accommodation based on single room for each passenger
- Breakfast, Lunch & Dinner as per the itinerary
- English speaking tour guide
- Air-conditioned private car throughout the trip
- domestic airfare between islamabad - gilgit & skardu - islamabad with 20kg check in baggage and 7kg carry on baggage
- air conditioned transportation throughout the trip
- Entrance fees to sites, forts and museums
- 2 bottles of 500ml mineral water pp per day in the vehicle.
- Porterage at hotels

COST DOES NOT INCLUDE:-

- International flights
- All items of personal nature such as telephone calls, mini bar and other Beverages
- Lunches & dinners where not specified on the itinerary
- Other than above mentioned
- Day use rooms if incase of flight delayed or cancellation
- Tips for Guide & Drivers
- Visa

16 DAY FOOD DISCOVERY TOUR

DAY 1- ARRIVE ISLAMABAD

Upon arrival at Islamabad airport, you will be greeted by Xperience Pakistan's ground representative and transferred to the hotel.

After some rest we will start with a Dhaba Lunch and spend the afternoon sightseeing around Islamabad. Key sites we will take you are Faisal Mosque, Lok Virsa museum & Pakistan monument.

We will end the day by having dinner at Monal, a restaurant, which provides you with a great panoramic view of Islamabad and is a popular place for families to congregate at on the weekend.

DAY 2- RAWALPINDI

Early morning food tour of Rawalpindi to enjoy the best Nihari (a slow-cooked meal made up of lamb / beef shanks eaten for breakfast), followed by a live demo on how to make Lassi, a traditional yoghurt based drink, which can be made sweet or salty.

We will also take you on a trip to spice Bazaar and fruit market to introduce you to the basic spices used in Pakistani Cuisine.

Overnight Roomy Signature, Islamabad

DAY 3- RAWALPINDI - SWAT

Soak in the scenic drive to Swat. Stop over for lunch to enjoy freshly caught fish from Swat River right beside the river, enjoy the fresh tandoor naan and some lentils.

Dinner will be at Swat Serena, where an array of food is on offer on their menu's.

Overnight Swat Serena

10 DAY FOOD DISCOVERY TOUR

DAY 4 SWAT

Enjoy some of the local sites in Swat with lunch at a local restaurant in Mangora.

Overnight Swat Serena.

DAY 5 DRIVE TO PESHAWAR PM

Stop over at PC for a comfort break. Followed by a Peshawar food sampling tour & sightseeing tour of Qissa Khwani bazaar, one of the oldest bazaars in this region.

Qissa Khwani means to story tell and in earlier days it was the hub where tradesmen would stopover in the evenings to get some rest and exchange tales of their business and travel adventures. You will find many green tea hubs, where you can sit and enjoy some traditional Kawa chai.

In the evening you will be able to sit down dinner at a restaurant in Qissa Khwani and enjoy the evening ambience.

Overnight Serena Peshawar

DAY 6 PESHAWAR PM

Enjoy the morning time to relax, we can take you to visit the local rug markets or the grounds of Islamia College. In the afternoon learn how to cook with a home chef the KPK Cuisine and enjoy the true hospitality of Pakhtoons.

Dinner with a view of the Fort

Overnight stay at Serena Peshawar

DAY 7 PESHAWAR - ISLAMABAD

Islamabad - Lahore G.T road stop over for a scrumptious lunch at a driver hotel. Evening trip the Badshahi Mosque and a Lahore food street sampling dinner.

Overnight stay at Luxus Grand

16 DAY FOOD DISCOVERY TOUR

DAY 8 LAHORE

Start the morning at 9am to visit Lahore museum followed by Liberty market trip for shopping & grab some snacks.

Return to the hotel to freshen up.

Visit the Shalimar and Wagha Border, which will take place at 4.30 - 5pm.

The experience at Wagha Border lasts around 2 hours, after this we will head back towards the centre of Lahore and take you to experience the modern side of the city of Lahore.

Evening meal at 'The Poet', which is food theatre at its best, if this is still closed for renovation we will take you to Dan Dan - 'A Chinese Hot Pot', a very popular eatery amongst the locals.

Overnight Lexus Grand

DAY 9 LAHORE

In the morning we will take you to enjoy a traditional Lahori breakfast –Pathorai- channai and halwas, followed by a Photo walk of the walled city tour.

The afternoon will be free for shopping at the local markets.

Late Lunch at 'Go Flour' Cafe, which is all about empowering women, changing their lives one loaf at a time.

In the evening we will take you for a late dinner at the 'Havelli' on food street, an authentic way to end the trip, overlooking the Badhshahi mosque with live music or option to go to 'Dynasty', a Chinese restaurant. Chinese in Pakistan is very different to the flavours experienced in the West.

Overnight Lexus Grand

DAY 10 LAHORE - HARRAPA - MULTAN

Enjoy evening street food.

Overnight stay at Faletti's Multan

16 DAY FOOD DISCOVERY TOUR

DAY 11 - MULTAN

Multan (Madinat-ul-Auliya) is known as the City of Saints, largely due to the abundant number of Sufi shrines that lie scattered across the city. In the morning you will visit some monuments like shrines of Shah Rukn-i-Alam, Bhahuddin Zikria and Shams Tabraz etc. Here we will also visit one of the workshops making the world renowned Multani Blue Tile. From Multan the journey takes you on to the capital of the Punjab next, as you drive to Lahore. Time permitting, stop en route at the famous archaeological site at Harappa, to discover the remains of a Bronze Age fortified city whose origins have been dated back to 2600 BC.

Overnight stay in Multan Faletti's

DAY 12 - MULTAN - KARACHI

Today we will explore upper Hunza & take you to the famous Attabad Lake created from a natural disaster, over here you can enjoy a small stint on a jet ski or on a boat.

In the afternoon we will take you to Moksha cafe, a cafe run by Faiz and Saira a couple committed to help support and educate the youth to becoming active and refined citizens of the community. They run a cafe, popular amongst the locals. They grow their own vegetables.

Saira will give you a live demo of one of the local popular cuisines, you can then enjoy a feast sitting in the traditional manner on the ground or at a table.

Overnight stay at Beach Luxury Hotel

DAY 14 - KARACHI

After enjoying a typical Karachi breakfast we will take you to the Spices bazar in the evening followed by a live demo on seafood cooking.

Overnight stay at Beach Luxury Hotel

16 DAY FOOD DISCOVERY TOUR

DAY 15 - KARACHI

After breakfast, proceed for a city tour of Karachi, including Karachi Museum, which contains an important collection of items relating to Pakistan's Cultural heritage. Some other galleries display Indus Civilization artifacts, Gandhara Civilization Sculptures, Islamic Art, Miniature Paintings, Ancient Coins and Manuscripts documenting Pakistan's Political History. There is also an interesting Ethnological Gallery with life size statues of different ethnicities living in the four provinces of Pakistan. Then visit Mausoleum of Muhammad Ali Jinnah, one of the most impressive landmarks in Karachi which refers to the tomb of the founder of Pakistan, This monument is situated at the heart of the city which was completed in 1960s. Continue on to visit the Shrine of Abdullah Shah Ghazi. Born in Medina in 720 AD and widely revered throughout Pakistan, he is considered the patron saint of Karachi. In the late afternoon, we will go on a “crab fishing” tour on a local fishing vessel. We set sail from the Kemari port in a traditional, decorated fishing boat and enjoy the crisp sea breeze as you sail away from the buzz of the city. Once you leave the congestion of the port and enter clear waters, the gentle, lapping waves with the soft music on deck is enchanting. The captain drops anchor after about 45 minutes or so in order for the crew to prepare your food. It’s a treat to watch the crew dextrously cook the freshly caught crabs live and serve them within minutes. You will enjoy a piping hot meal of crab masala, crab lollipops, crab cutlets, prawn masala, potato cutlets/french fries, tomato chutney, naan and parathas, along with chilled cold drinks and mineral water. While dining, you can enjoy the hubbub of the port from afar. Return to the port after enjoying 2 to 3 hours on the boat, and take the vehicle back to the hotel.

DAY 16 KARACHI

Departure from Karachi. Airport transfers will be arranged.

SOME TESTIMONIALS FROM PREVIOUS CLIENTS



Kathy Montgomery

11th November 2023

...I loved just about everything in my tour, the guide was very knowledgeable & extremely flexible in catering for my needs...thank you Saadia for putting so much effort in planning my itinerary & managing the components. It has been a truly memorable trip in which I have learned so much about the history & customs....



Paul & Tara

13th October 2023

One of the best holidays we've had, it was lovely not to see so many other foreigners but what threw us was the hospitality of the people of Pakistan. Peshawar despite being a place advised against travel by the FCO was one of our favourites because of the rich culture and warmth of the people.



Nathan Hale

May, 2023

The service was excellent, due to the flooding in Pakistan in 2022, I decided to postpone my trip to 2023 only 6 weeks before my travel date. Saadia and her team were very accommodating & were able to do this without making a fuss or any penalties....

I love the Trucks in Pakistan and even got to ride in one..

FAQ

- Is Pakistan safe to travel to?

In the main Pakistan is a safe country to travel around, there are some random incidents but this is like anywhere in the world these days. On a day to day basis it is safe to get around especially key cities like Islamabad & Lahore. Like any country one must be vigilant, our team is always aware of the situation so if precautionary measures need to take place these are implemented.

- What do I need to wear?

You can wear western clothes as a woman or man. However it must be remembered that Pakistan is a muslim country so clothes should generally be loose, 3/4 arm length sleeves, skirts or dresses should be below the knees. Hair does not have to be covered except when entering places of worship. Shoes should also be taken off when entering a mosque. For the North it is best to dress with layers, for Islamabad & Peshawar their seasons follow the UK and temperatures do get cold Oct - March so warm attire is recommended.

- How much money do I need to take?

Eating out & shopping in the main in Pakistan is cheap, particularly at the moment when the currency is so weak. £3 will get you a 3 course meal at a very nice restaurant.

- What's the weather like?

The weather in Sindh, from Multan down to Karachi tends to be hot all year around. The best time to visit this region is Nov - Feb. The Northern areas of Pakistan get very cold with temperatures dropping below freezing. The best to visit this part is April - October. Islamabad, Lahore & Peshawar tend to have similar seasons to the UK, with the need of a coat or cardigan in the winters.

- What's the local currency?

The local currency is Pakistan Rupees, our guide will arrange to take you to a local Bureau De Exchange where you can exchange your currency and get the best rates. We will also help you get a local SIM which you can use throughout your trip to ensure you remain connected without paying exuberant international charges.

- Who can I get travel insurance with?

You can get insurance with Battle Face who cover countries which are off the beaten track.

NEXT STEPS

- Give us a call on 0203 150 1444 or email us on info@xperiencepakistan.co.uk if any of the tours are of interest to you or you would like a bespoke tour created for you.
- Deposit of 50% to be paid once happy with the itinerary or we can arrange an instalment plan of 3 payments, if time permits. Final payment would be due 8 weeks before your departure date.
- If interested in a group tour, we only require a £500 deposit to secure your place on the tour, if we are unable to get two people and the tour doesn't go ahead the full deposit is refunded minus any bank charges which would be applicable to international clients.
- The maximum group sizes are 8, if we are able to get 8 the price pp would reduce to that quoted which is based on 2 and the final balance owed would reflect this.
- We would provide you with all the documentation you would need for your visa application which is all done online now and takes 2-3 weeks to process. This would be provided after the 50% deposit payment.
- 3 weeks before your travel date we could create a whatsapp group made up of you, me and the team in Pakistan so that you can greet each other before your arrival in Pakistan. I would be contactable throughout your time in Pakistan, should a need arise for you to contact me, such as any changes in plan to due to ill health or change in interest once in the country. However rest assure that the team are very well versed to help you with all of these aspects.
- For group tours we would create a whatsapp group sooner and arrange a zoom call before your departure so you can meet and greet and compare notes.
- Scan the QR Code & be inspired about the adventure which awaits you.





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Pakistan

We look forward to taking you on
your next adventure



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