## Station 1: Check-In for Registration:

Firstly: please ensure you are a member of the Canadian Physique Alliance & have your CPA Membership Card with you or on your phone for verification. If you are not a member you must purchase one online before advancing to Station 2. ID must be provided for verification of identity and date of birth (i.e. Driver's License or Birth Certificate/Picture ID). You, the Competitor, will get a sheet with your classes and information along with a liability form on the back you must sign.

## Station 2 – Height/Weight Station:

Competitors will pass their signed sheet to the CPA officials and will be directed where to go to be heighted or weighed. The information will be recorded on your form. Suit checks will be conducted for all Competitors here, please bring your suits with you.

## Station 3 – Verification/Music/Buttons:

Pass your paper to the head registration table for data entry, indicate if changes were made at Station 2 or if you wish to add and pay for an extra class. Pick up your competitor button. It is worn on the left hip. One button is used over multiple divisions. Bikini or Wellness competitors may wear their button on either the left or right hip.

Music must be on a USB FLASH DRIVE by itself and music must be cut. Disciplines have 60 seconds for their routines. Please indicate at registration whether the music piece starts on or off stage. Take a small ziplock bag (these will be provided) and put your name & button # and indicate (on or offstage). The use of profane, vulgar and offensive language is strictly prohibited in all posing and routine music and it must be cut at 60 seconds. If you are in Bodybuilding & Classic Physique you must do (2) posing routines for both disciplines. You will only pose once in your first class you compete in (in whatever discipline you are competing in).

Station 4 - Ticket Purchase and Gift Bags: To purchase tickets for friends and family you can do so here (Cash). Also pick up a competitor PEI Potato Board gift bag.

**Station 5 – Purchase your Official Photography:** To purchase stage or backstage photography, the official photographers will be set up at the registration table taking orders. Competitors can pay for photos at registration.

Station 6 – Purchase your Official Video: To purchase your official stage and backstage video, the official videographer will be set up at the regsitration table taking orders.