

Happy Birthday!!

Mary L. - 3rd
Valera P. - 10th
Irene G. - 11th
Marianne Q. - 16th
Betty J. - 17th
Sue L. - 19th



May your year be as brilliant and extraordinary as you are!

APRIL

				8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Feed the Bunny 11:30am: Lunch 1:00pm: April Fools Coloring 2:15pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Piano by Aleene 11:30am: Lunch 2:00pm: Golden Moments Club: Sock Bunnies 3:00pm: Snack & Hydration! PB&J's 4:30pm: Dinner 5:30pm: Activity with the CNAs	Nail Day! 8:00am: Breakfast 10:00am: Mini Manicures 11:30am: Lunch 1:00pm: Mini Manicures 3:00pm: Snack & Hydration! Bunny Dirt Cups 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: LDS General Conference on TV Channel 5 11:30am: Lunch 2:00 LDS General Conference on TV Channel 5 3:00pm: Snack & Hydration 4:30pm: Dinner 5:30pm: Activity with the CNAs
HAPPY EASTER! 8:00am: Breakfast 10:00 LDS General Conference on TV Channel 5 11:30am: Lunch 2:00 LDS General Conference on TV Channel 5 3:00pm: Snack & Hydration 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Balloon Batting 11:30am: Lunch 1:00pm: Craft: Beaded Flower Garden 2:15pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise: Tappy Toes! 11:00am: Daily Chronical & News 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:00pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Name the Flower 11:30am: Lunch 1:00pm: Craft: Pool Noodle Stamping 2:15pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Word Chain Challenge 11:30am: Lunch 2:00pm: Golden Moments Club: Building & Painting Bird Houses 3:00pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	Nail Day! 8:00am: Breakfast 10:00am: Mini Manicures 11:30am: Lunch 1:00pm: Mini Manicures 3:00pm: Snack & Hydration! Cinnamon Crescents 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:30pm: Activity with the CNA's 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner 5:30pm: Activity with the CNAs	
8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:30pm: Activity with the CNA's 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Balloons, Balloons! 11:30am: Lunch 1:00pm: Craft: Butterfly Painting 2:15pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Don't Find the Wabbit 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:00pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Sweet Surprise Cup Game 11:30am: Lunch 2:00pm: Music- Heart & Soul 2:15pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Piano by Aleene 11:30am: Lunch 2:00pm: Golden Moments Club: Birthday Visits 3:00pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	Nail Day! 8:00am: Breakfast 10:00am: Mini Manicures 11:30am: Lunch 1:00pm: Mini Manicures 3:00pm: Snack & Hydration! Cheeseball & Crackers 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:30pm: Activity with the CNA's 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner 5:30pm: Activity with the CNAs	
8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:30pm: Activity with the CNA's 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Spring Block Words 11:30am: Lunch 1:00pm: Treasure Boxes 2:15pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Giant Bananagrahms 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:00pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Box Golf 11:30am: Lunch 1:00pm: Craft: Wooden Peg Dolls 2:15pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Piano by Aleene 11:30am: Lunch 2:00pm: Golden Moments Club: Chick Planters 3:00pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	Nail Day! 8:00am: Breakfast 10:00am: Mini Manicures 11:30am: Lunch 1:00pm: Mini Manicures 3:00pm: Snack & Hydration! 4:30pm: Dinner 5:30pm: Activity with the CNAs	8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:30pm: Activity with the CNA's 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner	
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Activities are subject to change



"Spring adds new life and new beauty to all that is."
-Jessica Harrelson

“I’m so incredibly lucky to exist at the same time as you”.



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A Perfect Pairing

Is there a more perfect sandwich than peanut butter and jelly? In celebration of one of the best food combinations of all time, April 2 is Peanut Butter and Jelly Day.

When it comes to PB&J, many think, “If it ain’t broke, don’t fix it.” However, if you’re looking to expand your PB&J horizons, do what Elvis did and swap the jelly for fresh fruit. Bananas, strawberries, or even pomegranates fit the bill.

More adventurous types opt for grilling their sandwiches in a frying pan, while others ditch the bread and slather their pancakes with PB&J.

When it comes to food combinations, PB&J certainly tops the list. But is this humble sandwich tastier than bacon and eggs? Macaroni and cheese? Spaghetti and meatballs? A burger and fries? Cookies and milk? Dietician Katherine Brooking offers some insight into PB&J’s allure.

“Humans have an innate predilection for salt, sweet, and fat,” she says. Add the creamy texture of peanut butter, and this sandwich becomes “one of the hardest foods to eat in moderation.”



April 2026

April Birth Flowers:



Daisy and Sweet Pea



- Daisy: Symbolizes innocence, new beginnings, and purity. It is a classic, cheerful flower with white petals and a yellow center.
- Sweet Pea: Symbolizes pleasure, gratitude, and, in some cultures, good luck. Known for its sweet fragrance, it comes in various colors, including pink, purple, and white.

April Birthstone:



Diamond



- Meaning: Associated with strength, clarity, and everlasting love.
- Characteristics: Known for being the hardest material (10 on the Mohs scale), representing invincibility.
- Colors: While commonly colorless, they exist in various colors, including yellow, blue, pink, and green.
- Alternative: Clear quartz is sometimes used as an alternative

