

Saturday



	 <h1 style="text-align: center;">AUGUST</h1>					<div>1</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: 16 Letter Squares 11:30am: Lunch 1:00pm: Fresh Flowers 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>2</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Memory Tray 11:30am: Lunch 1:30pm: Sun Catchers 3:00pm: Snack & Hydration 4:30pm: Dinner</div>
<div>3</div> <div>8:00am: Breakfast 9:30am: Sacramento Meeting 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>4</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily News & Views 11:30am: Lunch 1:00pm: Activity Stations 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>5</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Pool Noodle Fishing 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner</div>	<div>6</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Whiteboard Game: These Hands 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>7</div> <div>Salon Day! 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Piano with Aleene 11:30am: Lunch 2:00pm: Fun w/ Friends! 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>8</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Musical Bingo 11:30am: Lunch 1:00pm: Fresh Flowers 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>9</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Alphabet Game 11:30am: Lunch 1:30pm: Playdough Sculpting 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	
<div>10</div> <div>8:00am: Breakfast 9:30am: Sacramento Meeting 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>11</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily News & Views 11:30am: Lunch 1:00pm: Activity Stations 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>12</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Photograph Puzzle 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner</div>	<div>13</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Beat the Clock 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>14</div> <div>Salon Day! 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Pass the Parcel 11:30am: Lunch 2:00pm: Fun w/ Friends! 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>15</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Finish the Nursery Rhyme 11:30am: Lunch 1:00pm: Fresh Flowers 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>16</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Chuck the Duck 11:30am: Lunch 1:00pm: Q-Tip Painting 2:00pm: Music- Heart & Soul 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	
<div>17</div> <div>8:00am: Breakfast 9:30am: Sacramento Meeting 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>18</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily News & Views 11:30am: Lunch 1:00pm: Activity Stations 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>19</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: How Many Balls? 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner</div>	<div>20</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Bow and Arrow Shooting 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>21</div> <div>Salon Day! 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Piano with Aleene 11:30am: Lunch 2:00pm: Fun w/ Friends! 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>22</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Pipe Ball 11:30am: Lunch 1:00pm: Fresh Flowers 2:30pm: Music- Scott Larrabee 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>23</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Balloon Volleyball 11:30am: Lunch 1:30pm: Flowers in a Jar 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	
<div>24/31</div> <div>8:00am: Breakfast 9:30am: Sacramento Meeting 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>25</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily News & Views 11:30am: Lunch 1:00pm: Activity Stations 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>26</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Hungry, Hungry Residents! 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner</div>	<div>27</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Knock the Balloon 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>28</div> <div>Salon Day! 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Piano with Aleene 11:30am: Lunch 2:00pm: Fun w/ Friends! 3:00pm: Snack & Hydration 4:30-6:00PM: End of Summer BBQ! Fishing, Food, & Fun!</div>	<div>29</div> <div>8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Beach Ball Soccer 11:30am: Lunch 1:00pm: Fresh Flowers 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	<div>30</div> <div>8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Get Rid of It! 11:30am: Lunch 1:30pm: Making Bracelets 3:00pm: Snack & Hydration 4:30pm: Dinner</div>	

Activities are subject to change





Carrington Court

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801-676-8787



The Wizard of Oz Word Search

D A O R K C I R B W O L L E Y T K T Q
N S Y E K N O M G N I Y L F O W N W V
C O R W M S M M A D T T M T R Y Y M J
O J P Q I L C M I I O S O U G P D D P
W W D L B C N A C S N R B L H R N W L
A U T Y A I K D R I S Y O C N O R R B
R N J W T C L E K E S G T T D G V L J
D C G N N A E H D L C I U A H D M P B
L L W M R V C L I W W R N L R Y D Y N
Y E M E J N M P I D I R O A C Y G X T
L H M E U T P D O K O T Z W R H R K D
I E T M T E N O L T E I C A D N I L G
O N X M R N G W G X W H K H B M B K N
N R Y S N G U G X T G D O K A N S A S
Y Y J Y Y Y K A L Y Y R Y M J G L Y N
Y M J B J D P Q W W V P D D E P D D Z



- Toto
- Aunt Em
- Glinda
- Dorothy
- Tornado
- Munchkins
- Scarecrow
- Wicked Witch
- Cowardly Lion
- Flying Monkeys
- Yellow Brick Road
- Ruby Slippers
- No Place Like Home
- Uncle Henry
- Tin Man
- Miss Gulch
- Kansas
- Wizard
- Emerald City
- Good Witch

A Little Bit About the Month of August

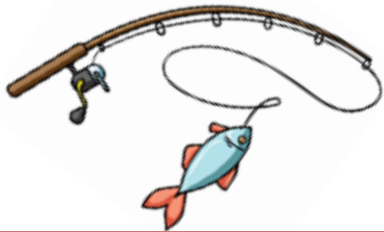
August, the eighth month of the Gregorian calendar, holds a rich history and a unique set of characteristics. Originally named Sextilis, meaning “sixth month” in the early Roman calendar, it was later renamed in honor of Emperor Augustus Caesar. This change made the month equal in length to July, which was named after Julius Caesar. August is known for being a month of transition, where the peak heat of summer slowly begins to wane in the Northern Hemisphere, leading into the first hints of autumn. It’s also a popular time for vacations and outdoor activities.



August 2025

END OF SUMMER PARTY!

Carrington Court Memory Care will be hosting an end of summer barbeque and fishing spectacular! Come join us and your loved one anytime between 4:30 - 6:00PM on Thursday August 28th. Fish will be limited and BYOR&B (bring your own rod & bait!) Please RSVP to Meghan at meghanr@carringtoncourtal.com



What do you call a Labrador at the beach in August?

A: A hot dog!