September 2025

Happy Birthday!!!

September 8th: Mick M. September 15th: John O. September 19th: Larry S. September 23rd: Marilyn F.



The birthstone for September is the sapphire. While often associated with a deep blue color, sapphires actually come in a wide array of colors, including pink, yellow, and green!



The Sepmtember flowers are morning glories and aster. The aster symbolizes love, affection, wisdom, daintiness, and patience. Morning glory symbolizes love, affection, and the fleeting nature of life, and are also associated with peace, harmony, and positive thinking

8:00am: Breakfast

**Labor Day** 8:00am: Breakfast 0:00am: Sit Down Exercises: 10:30am: Daily News & Views 11:30am: Lunch 1:00pm: Activity Stations 3:00pm: Snack & Hydration 4:30pm: Dinner

10:00am: Exercise with

Weights

10:30am: News & Daily

Chronical

11:00am: Watermelon Toss

11:30am: Lunch

3:00pm: Snack & Hydration

4:30pm: Dinner

8:00am: Breakfast

10:30am: Daily News &

Views

11:30am: Lunch

1:00pm: Activities w/the

CNA's

4:30pm: Dinner

Monday

8:00am: Breakfast 10:00am: Exercise with Weights: 10:30am: News & Daily Chronical 11:00am: Tic Tac Toe Balloons 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner

8:00am: Breakfast

10:30am: News & Daily

Chronical

11:00am: Balloon Bullseye

11:30am: Lunch

1:00pm: Afternoon Bus Ride

3:30pm: Snack & Hydration

4:30pm: Dinner

8:00am: Breakfast

10:30am: Daily News &

Views

11:30am: Lunch

1:00pm: Activities w/the

CNA's

4:30pm: Dinner

8:00am: Breakfast

10:00am: Exercise with Weights:

10:30am: News & Daily

Chronical

11:00am: Pop the Balloon

11:30am: Lunch

1:30pm: Craft- Puzzled

**Pumpkins** 

3:30pm: Snack & Hydration

4:30pm: Dinner

10:00am: Sit Down Exercises: 10:00am: Sit Down Exercises:

3:00pm: Snack & Hydration : 3:00pm: Snack & Hydration

10:00am: Exercise with Weights:

Tuesday

10:30am: News & Daily Chronical 11:00am: Guess the Animal **Noise** 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner

Wednesday

8:00am: Breakfast

10:00am: Sit Down Exercises

8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Guess the Scent 11:30am: Lunch

1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner

8:00am: Breakfast 9:00am: Morning 10:00am: Exercise with Weights Bus Ride 0:30am: News & Daily Chronical 11:30am: Lunch 1:00pm: Manicures & 2:00pm: Fun w/ Friends! Fall Movies 3:00pm: Snack & Hydration 4:30pm: Dinner

8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: News & Daily Chronical 11:00am: Whiteboard Challenge

11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner

8:00am: Breakfast 10:00am: Exercise with Weights:

Thursday

Salon Day!

10:30am: News & Daily Chronical 11:00am: Piano with Aleene

11:30am: Lunch 2:00pm: Fun w/ Friends! **Sweet Treats** 3:00pm: Snack & Hydration

4:30pm: Dinner

3:00pm: Snack & Hydration

4:30pm: Dinner

Salon Day!

8:00am: Breakfast

11:00am: Piano with Aleene

11:30am: Lunch

Tree

**Sponge Painting** 

3:00pm: Snack & Hydration

4:30pm: Dinner

Salon Day!

8:00am: Breakfast

9:00am:Morning Bus Ride

11:30am: Lunch

:00pm: Music- Jen Bradshaw!

2:00pm: Fun w/ Friends!

Walking to Maverick

3:00pm: Snack & Hydration

4:30pm: Dinner

Salon Day! 8:00am: Breakfast 10:00am: Exercise with Weights 0:30am: News & Daily Chronical 11:00am: Piano with Aleene 11:30am: Lunch 2:00pm: Fun w/ Friends! **Birthday Visits** 

4:30pm: Dinner

8:00am: Breakfast 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Balloons Out the Hoop!

Saturday

8:00am: Breakfast

10:00am: Exercise with Weights

10:30am: News & Daily

Chronical

11:00am: In the Shaving Cream!

11:30am: Lunch

1:30pm: Craft- Giant Fall Trees

3:00pm: Snack & Hydration

4:30pm: Dinner

8:00am: Breakfast

10:30am: Daily News &

Views

11:30am: Lunch

1:00pm: Activities w/the

CNA's

4:30pm: Dinner

11:30am: Lunch 1:30pm: Pool Noodle Stamping 3:00pm: Snack & Hydration 4:30pm: Dinner

> 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical 11:00am: Giant Kerplunk 11:30am: Lunch 1:30pm: Game- Penny

Pinching 3:00pm: Snack & Hydration 4:30pm: Dinner



10:00am: Sit Down Exercises 10:30am: News & Daily Chronical :11:00am:Memory 1 through 9: 11:30am: Lunch

1:00pm: Fresh Flowers 3:00pm: Snack & Hydration 3:30pm: Music-Sterling Cottam!

Friday

8:00am: Breakfast

4:30pm: Dinner

8:00am: Breakfast :10:00am: Sit Down Exercises :10:00am: Sit Down Exercises: 10:30am: Daily News & Views 11:30am: Lunch 1:00pm: Activities w/the CNA's

3:00pm: Snack & Hydration : 3:00pm: Snack & Hydration

10:00am: Sit Down Exercises 10:30am: News & Daily Chronical

11:00am: Bacon Racing! 11:30am: Lunch 1:00pm: Fresh Flowers

3:00pm: Snack & Hydration 4:30pm: Dinner

> 10:00am: Sit Down Exercises

8:00am: Breakfast

10:30am: News & Daily Chronical 1:00am: Name the Smile!

11:30am: Lunch 1:00pm: Fresh Flowers

3:00pm: Snack & Hydration 4:30pm: Dinner

**Grandparents Day!** 

Sunday

8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration: 1:30pm: Cupcake Decorating 4:30pm: Dinner

8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner

8:00am: Breakfast 9:30am: Sacrament Meeting : 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration: 4:30pm: Dinner

28: 8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:00pm: Activity Stations 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner

**Autumn Begins** 8:00am: Breakfast 10:00am: Sit Down Exercises

10:30am: Daily News & Views

11:30am: Lunch 1:00pm: Activity Stations 3:00pm: Snack & Hydration 4:30pm: Dinner

8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily News & Views 11:30am: Lunch 1:00pm: Activity Stations 3:00pm: Snack & Hydration

4:30pm: Dinner

8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: News & Daily Chronical

11:00am: Name Three 11:30am: Lunch 1:00pm: Afternoon Bus Ride. 3:30pm: Snack & Hydration 4:30pm: Dinner

\*Activites are subject to change\*



#### "Back to School" Wordsearch

SKOOBETONTXXPNJR BUZBMMDNNGCIOGQN AXPNLDQEYLYIVLRN CSZPNADLATTBLVXG KJCYLUCSNARYWYQG PSXITISKTLOCKERS AYLSSRENBREHCAET CRDIOSESHOMEWORK KAEOCIOLEJARBYJT MRMARNORRRERGQVG ZBXODOEWSCADDVMM GIMZHIYPEMYSYDLX NLRCTJNSTBMJEWTL LYSLBYSGBVMZLRJL



Backpack Blackboard Classroom Eraser Homework Library Lockers Notebook Orientation



Pencils Reading Recess Schools Scissors Student Supplies Teacher











### Play Doh Flower Craft Fun!









### Celebrating Grandparents

Grandparents Day, celebrated on the first Sunday after Labor Day in the United States, is a heartfelt occasion dedicated to honoring the invaluable contributions of grandparents in our lives. This special day serves as a reminder of the wisdom, love, and guidance that grandparents offer, bridging generations with their stories and experiences. It's a time for families to come together and show appreciation, whether through heartfelt cards, shared meals, or simply spending quality time. Grandparents Day not only celebrates the unique bond between grandparents and grandchildren but also emphasizes the importance of family heritage and traditions, fostering a sense of belonging and continuity.



# September 2025

## The Dough Must Go On

Over almost 70 years, more than one billion pounds of Play-Doh have been extruded into billions of little plastic canisters for kids to play with. In 1998, this modeling compound was even inducted into the National Toy Hall of Fame. And now it has its own holiday on September 16: National Play-Doh Day.

Play-Doh was invented to be wallpaper cleaner (rolled on walls to remove dirt and grime), but the glob of off-white putty soon inspired the imagination of school children. In 1956, Play-Doh inventor Joe McVicker cut a deal with Captain Kangaroo and other children's show hosts to promote the product.

There are many unofficial recipes for homemade dough, but what you may not be able to replicate, however, is Play-Doh's trademark smell. Even this was offered on its 50th anniversary—as a Demeter-brand cologne for creatives.





What do you call a cold day in September?



