

THE FIRST
THANKSGIVING

The people who comprised the Plymouth Colony were a group of English Protestants called Puritans who wanted to break away from the Church of England. These “separatists” initially moved to Holland. But after 12 years of financial problems, they received funding from English merchants to sail across the Atlantic Ocean in 1620 to settle in a “New World.” Carrying 101 men, women, and children, the Mayflower traveled the ocean for 66 days and was supposed to land where New York City is now located. But windy conditions forced the group to cut their trip short and settle at what is now Cape Cod, Massachusetts. One day, Samoset, a leader of the Abenaki people, and Tisquantum (better known as Squanto) visited the settlers. Squanto was a Wampanoag who had experience with other settlers and knew English. Squanto helped the settlers grow corn and use fish to fertilize their fields. After several meetings, a formal agreement was made between the settlers and the native people, and in March 1621, they joined together to protect each other from other tribes. The settlers began to hunt for food for a celebration and Massasoit sent some of his own men to hunt deer for the feast and for three days, the English and native men, women, and children ate together. The meal consisted of deer, corn, shellfish, and roasted meat, different from today’s traditional Thanksgiving feast. They played ball games, sang, and danced.

							1 9:30 University of Utah leads activities 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner
2 CLOCKS FALL BACK ONE HOUR 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	3 9:30 Let's Move! 10:30 Mountain Ridge High School Jazz Choir Performs 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	4 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner 6:00 Young Women from the Parkway 3rd Ward Visit	5 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:30 Concentration 12:00 Lunch 1:30 <i>Afternoon Matinee "Dances with Wolves" starring Kevin Costner</i> 5:00 Dinner	6 9:00 Outing Scenic Drive 12:00 Lunch 3:00 Craft Corner: We make a Christmas craft with Kathy 5:00 Dinner	7 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 4:30 Elizabeth and daughters will play the harp in the dining room 5:00 Dinner	8 9:30 University of Utah leads activities 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	
9 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	10 9:30 Let's Move! 10:30 Parachute Craziness 11:00 Resident Council Meeting and all residents are encouraged to attend 12:00 Lunch 3:00 Musical Performance by Troy Gogan 5:00 Dinner	11 Veterans Day 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 Veterans Day Program all residents are invited to attend 5:00 Dinner	12 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 We walk the block! 12:00 Lunch 2:30 <i>Afternoon Matinee "Father Goose" starring Cary Grant</i> 5:00 Dinner	13 9:00 Outing – Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	14 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 Special History Presentation by Alex 5:00 Dinner	15 9:30 University of Utah leads morning activities 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	
16 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	17 9:30 Let's Move! 10:30 Thanksgiving Reader's Theater 11:15 Sort it Out! 12:00 Lunch 3:00 Musical Performance by Scott Papenfuss 5:00 Dinner	18 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	19 9:00 Outing - Scenic Drive 12:00 Lunch 3:00 <i>Afternoon Matinee "Escape from Germany" based on a true story</i> 5:00 Dinner	20 10:00 Fifth Grade Students from Jordan Ridge Elementary Visit 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	21 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	22 9:30 University of Utah lead activities 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	
23/30 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	24 9:30 Let's Move! 10:30 Bocce Ball 11:00 We list all the words we can think of that begin with "N" 12:00 Lunch 3:00 Musical Performance by Moods-N-Music 5:00 Dinner	25 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	26 9:00 Outing - Scenic Drive 12:00 Lunch 2:30 <i>Afternoon Matinee "Marty" winner of four academy awards</i> 5:00 Dinner	27 	28 9:30 Let's Move! 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	29 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	



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HONOR OUR VETERANS

Let us pay tribute to the veterans of Carrington Court; Alan (Army), Calvin (Army), Crae (Air Force), Deborah (Army), Donald (Navy), Kirk (Army), Leonard (Navy), Marty (Air Force), Mike (Air Force), Noal (Navy), Ralph (Army), Ray (Army), and Willard (Army). We thank you, and all veterans, for your service.



Leonard served 20 years in the Navy aboard the U. S. S. America, Constitution, Kennedy, Lexington and the Midway.

November 2025

GIVING THANKS IN NOVEMBER

In the United States, November is perhaps best known for Thanksgiving. Since 1621, the fourth Thursday in November has served as a holiday to gather with friends and family and give thanks for the blessings in our lives and also eat the incredible food reaped from the fall harvest. That's over 404 years of turkeys!



Happy Birthday!



- Jeane L. - 1st
- Leonard C. - 3rd
- Maurine B. - 18th



VETERANS DAY

By Cheryl Dyson

On Veterans Day we honor all,
Who answered to a service call.
Soldiers young, and soldiers old,
Fought for freedom, brave and bold.
Some have lived, while others died,
And all of them deserve our pride.
We're proud of all the soldiers who,
Kept thinking of red, white and blue.
They fought for us and all our rights,
They fought through many days and nights.
And though we may not know each name,
We thank ALL veterans just the same.

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