

INTERESTING FACTS
 Where did November come from? Novem is the Latin word for 9. But wait, isn't November the 11th month? Interestingly, before January and February were added to the calendar, November was the 9th month. Instead of changing November to Unidecember (Latin for 11), they kept the name. There you have the most confusing of all the November facts!

Rock the vote
 If you're American you know the presidential election is always in November. But do you know why? It comes down to the farmers. Not wanting to disturb the planting, growing or harvest seasons, the month of November was chosen as the most logical month for everybody to be able to vote.

The power to turn invisible?
 The official flower for the month of November is the chrysanthemum. Meaning 'golden flower' the chrysanthemum represents honesty, joy and optimism.

The official birthstone of November is the topaz. This orange-yellow gemstone is said to represent friendship. The Greeks also believed that Topaz had the power to turn you invisible. Are you a scorpion or a Sagittarius? The two zodiac signs represented in the month of November are Scorpion and Sagittarius.

Scorpios are born between November 1st and November 22nd and are known to be intense and imaginative. Sagittarians are born between November 23rd and November 30th and are known to be energetic and idealistic.

Sweet dreams in November
 It is always a relief in November when the clocks turn back and we all get an extra hour of sleep. But get your extra beauty sleep in while you can. There is growing consensus that changing the clocks twice a year is not necessary and may be eliminated in the future.



6
CLOCKS FALL BACK ONE HOUR
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Music and the Spoken Word (TV Channel 5)
 10:30 LDS Sacrament Meeting
 11:15 Sunday School
 12:00 Lunch
 5:00 Dinner

13
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Music and the Spoken Word (TV Channel 5)
 10:30 LDS Sacrament Meeting
 11:15 Relief Society/Priesthood
 12:00 Lunch
 5:00 Dinner

20
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Music and the Spoken Word (TV Channel 5)
 10:30 LDS Sacrament Meeting
 11:15 Sunday School
 12:00 Lunch
 5:00 Dinner

27
 ENJOY YOUR SUNDAY!
 8:00 Breakfast
 9:30 Music and the Spoken Word (TV Channel 5)
 10:30 LDS Sacrament Meeting
 11:15 Relief Society/Priesthood
 12:00 Lunch
 5:00 Dinner

7
 9:30 Let's Move!
 10:15 **Resident Council Meeting – All residents are encouraged to attend**
 11:00 Bocce Ball
 12:00 Lunch
 3:00 **LIVE Entertainment**
 "Easy Street" Performs
 5:00 Dinner

14
 9:30 Let's Move!
 10:15 Parachute Craziiness
 11:00 Sort it Out!
 12:00 Lunch
 3:00 **LIVE Entertainment**
 5:00 Dinner

21
 9:30 Let's Move!
 10:15 Carrington Court Horse Race
 Winner takes home SOMETHING??!
 11:00 Thanksgiving Reader's Theater
 12:00 Lunch
 3:00 **LIVE Entertainment**
 5:00 Dinner

28
 9:30 Let's Move!
 10:15 November Poem written by Us!
 11:00 We make our "friendship wed"
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

1
 9:30 Let's Move!
 10:15 November in History
 10:30 Fill-in-the-Blanks
 11:00 Marvelous Manicures
 12:00 Lunch
 3:00 Craft Corner – "Turkeys"
 5:00 Dinner

8
 9:30 Let's Move!
 10:15 November in History
 10:30 Fill-in-Blanks
 11:00 Marvelous Manicures
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

15
 9:30 Let's Move!
 10:15 November in History
 10:30 Fill-in-Blanks
 11:00 Marvelous Manicures
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

22
 9:30 Let's Move!
 10:15 November in History
 10:30 Fill-in-Blanks
 11:00 Marvelous Manicures
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

29
 9:30 Let's Move!
 10:15 November in History
 10:30 Fill-in-Blanks
 11:00 Marvelous Manicures
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

2
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 11:15 Concentration
 12:00 Lunch
 2:30 **Afternoon Matinee – "The Other Side of Heaven" based on a true story**
 5:00 Dinner

9
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 11:00 Concentration
 12:00 Lunch
 2:30 **Afternoon Matinee – "The Other Side of Heaven Part 2" the true story continues**
 5:00 Dinner

16
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 11:00 Dice Game
 12:00 Lunch
 2:30 **Afternoon Matinee – "Adam's Rib" Spencer Tracy & Katharine Hepburn**
 5:00 Dinner
 5:30 **LDS Carrington Court Branch Activity Night**

23
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 11:00 Twenty Questions – Everything Thanksgiving
 12:00 Lunch
 2:30 **Afternoon Matinee – "An Old-Fashioned Thanksgiving"**
 5:00 Dinner
 5:30 **LDS Carrington Court Branch Activity Night**

30
 9:30 Let's Move!
 10:15 Clever Crossword Puzzle
 11:00 **LIVE Entertainment**
Deci-Bells Perform Christmas Program
 12:00 Lunch
 2:30 **Afternoon Matinee – "Love, Kennedy" a true story**
 5:00 Dinner

3
 9:30 Let's Move!
 10:15 Balloon Badminton
 11:15 Cranium Crunches
 12:00 Lunch
 3:30 B-I-N-G-O
 5:00 Dinner

10
 9:30 Let's Move!
 10:15 Balloon Badminton
 11:00 Cranium Crunches
 12:00 Lunch
 3:00 **LIVE Entertainment**
Steve Warren plays the Accordion
 5:00 Dinner

17
 9:30 Let's Move!
 10:15 Balloon Badminton
 11:00 Cranium Crunches
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner



4
 9:00 **Outing – Scenic Drive**
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

11
Veterans Day
 9:00 **Outing – Scenic Drive**
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

18
 9:00 **Outing – Scenic Drive**
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

25
 9:00 **Outing – Scenic Drive**
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

5
 9:30 Morning Activities with the U of U students
 10:30 Catholic Communion Service in Family Room
 12:00 Lunch
 3:00 B-I-N-G-O
 5:00 Dinner

12
 9:30 Morning Activities with the U of U students
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19
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26
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Carrington Court

1928 W 9800 S

South Jordan, UT 84095

801-676-8787



Pine Wood Derby at Carrington Court!



GIVING THANKS IN NOVEMBER
In the United States, November is perhaps best known for Thanksgiving. Since 1621, the fourth Thursday in November has served as a holiday to gather with friends and family and give thanks for the blessings in our lives and also eat the incredible food reaped from the fall harvest. That's over 400 years of turkeys!



Resident Marty standing next to his display of accomplishments from the Airforce.

Let us pay tribute to all veterans on November 11, especially the veterans residing at Carrington Court. Thank you for your service!

November 2022

HAPPY 100TH BIRTHDAY
BONNIE!



Happy Birthday!

- Jeane L. - 1st
- Bonnie H. - 12th
- Wanda H. - 13th
- Penny M. - 29th