

Welcome to Carrington Court GayLynne, Norma and Lenore!

November is the month to remind us to be thankful for the many positive things happening in our life. 



8:00 Breakfast 1
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Balloon Noodle
11:30 Lunch
2:00 Ice Cream Social
2:45 Magnificent Manicures
3:30 B-I-N-G-O
4:30 Dinner

8:00 Breakfast 2
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory/ Game
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner

Salon Day! 3
8:00 Breakfast
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Story Time
11:30 Lunch
2:00 Snack Time
2:30 Creative Crafts
3:30 B-I-N-G-O
4:30 Dinner

8:00 Breakfast 4
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory/ Instruments
11:30 Lunch
2:00 What's Cookin'??
3:00 Movie Matinee- Tasty Treat
4:30 Dinner

8:00 Breakfast 5
10:30 Snack time
11:30 Lunch
2:00 Snack Time
3:00 B-I-N-G-O
4:30 Dinner

ENJOY YOUR SUNDAY! 6
8:00 Breakfast
9:30 Sacrament Meeting
10:30 Snack Time
11:30 Lunch
2:00 Snack Time
4:30 Dinner

8:00 Breakfast 7
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Carrington Court Bowling
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner

8:00 Breakfast 8
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Balloon Noodle
11:30 Lunch
2:00 Ice Cream Social
2:45 Magnificent Manicures
3:30 B-I-N-G-O
4:30 Dinner

8:00 Breakfast 9
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory/ Game
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner

Salon Day! 10
8:00 Breakfast
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Story Time
11:30 Lunch-
2:00 Snack Time
2:30 Creative Crafts
4:30 Dinner

Happy Veterans Day!! 11
8:00 Breakfast
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory Instruments
11:30 Lunch
2:00 Salute to our "Veterans" program
4:30 Dinner

8:00 Breakfast 12
10:30 Snack time
11:30 Lunch
2:00 Snack Time
3:00 B-I-N-G-O
4:30 Dinner

ENJOY YOUR SUNDAY! 13
8:00 Breakfast
9:30 Sacrament Meeting
10:30 Snack Time
11:30 Lunch
2:00 Snack Time
4:30 Dinner

8:00 Breakfast 14
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Mike/Bible Story
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner

8:00 Breakfast 15
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Balloon Noodle
11:30 Lunch
2:00 Ice Cream Social
2:45 Magnificent Manicures
3:30 B-I-N-G-O
4:30 Dinner

8:00 Breakfast 16
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory/ Game
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner

Salon Day! 17
8:00 Breakfast
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Story Time
11:30 Lunch
2:00 Snack Time
2:30 Creative Crafts
3:30 B-I-N-G-O
4:30 Dinner

8:00 Breakfast 18
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory/ Instruments
11:30 Lunch
2:00 What's Cookin'??
3:00 Movie Matinee- Tasty Treat
4:30 Dinner

8:00 Breakfast 19
10:30 Snack time
11:30 Lunch
2:00 Snack Time
3:00 B-I-N-G-O
4:30 Dinner

ENJOY YOUR SUNDAY! 20
8:00 Breakfast
9:30 Sacrament Meeting
10:30 Snack Time
11:30 Lunch
2:00 Snack Time
4:30 Dinner

8:00 Breakfast 21
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Carrington Court Bowling
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner

8:00 Breakfast 22
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Balloon Noodle
11:30 Lunch
2:00 Ice Cream Social
2:45 Magnificent Manicures
3:30 B-I-N-G-O
4:30 Dinner

8:00 Breakfast 23
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory/ Game
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner



8:00 Breakfast 24
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Music & Memory/ Instruments
11:30 Lunch
2:00 Movie Matinee- Tasty Treat
4:30 Dinner

8:00 Breakfast 25
10:30 Snack time
11:30 Lunch
2:00 Snack Time
3:00 B-I-N-G-O
4:30 Dinner

ENJOY YOUR SUNDAY! 27
8:00 Breakfast
9:30 Sacrament Meeting
10:30 Snack Time
11:30 Lunch
2:00 Snack Time
4:30 Dinner

Frosty the Snowman Week!! 28
8:00 Breakfast
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Carrington Court Bowling
11:30 Lunch
2:00 "Adventure Awaits" **Van Ride**
4:30 Dinner

8:00 Breakfast 29
9:30 Groove'n & Move'n Exercise
10:30 Snack Time
11:00 Balloon Noodle
11:30 Lunch
2:00 Ice Cream Social
2:45 Magnificent Manicures
3:30 B-I-N-G-O
4:30 Dinner

8:00 Breakfast 30
9:00 **Outing to the Festival of Trees**
10:30 Snack Time
11:00 Music & Memory/ Game
11:30 Lunch
2:00 B-I-N-G-O
4:30 Dinner





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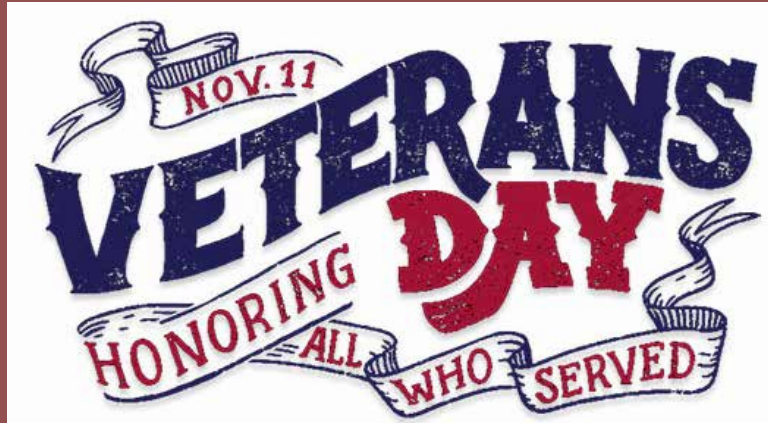
Carrington Court Cooking Class!!
(Making homemade Chocolate Ice Cream with Bananas in a bag) Everyone helps make the ice cream.....BRRRRRR.....
FROZEN HANDS!!!



Happy Thanksgiving Everyone!!



Salute to our "Veterans" program
November 11th at 2:00 p.m.



November 2022

Festival of Trees 2022



This month we will be venturing out to attend the Festival of Trees 2022. It is scheduled for Wednesday, November 30th, we will load the bus at 9:00 a.m., and leave by 9:30 a.m. It should be a beautiful event that gets us all in the Christmas spirit.



Happy Birthday!

- Herb O. - 17th
- Rhea P. - 18th
- Dorothy S. - 18th

