

November 2025	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Thanksgiving Trivia! 1. Which U.S President made Thanksgiving a national holiday? 2. Which U.S state consumes the most turkey every Thanksgiving? 3. True or false: Turkeys can fly. 4. How long did the first Thanksgiving meal last? 5. Who began the tradition of ‘breaking the wishbone’? 6. What are male turkeys called? Answers: 1. Abraham Lincoln. 2. California. 3. True. 4. 3 Days 5. The Ancient Romans. 6. Toms		NOVEMBER					1 8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:00pm: Afternoon Exercise 1:30pm: Activity with the CNA’s 3:00pm: Snack & Hydration 4:30pm: Dinner
	2 Daylight Saving Time Ends 8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:30pm: Activity with the CNA’s 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner	3 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Match the Kisses 11:30am: Lunch 1:00pm: Afternoon of Coloring 3:00pm: Snack & Hydration 4:30pm: Dinner	4 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Giant Turkey Bingo 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner	5 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Hangman 11:30am: Lunch 1:00pm: Craft: Paper Plate Turkeys 3:00pm: Snack & Hydration 4:30pm: Dinner	6 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Land on the Bullseye 11:30am: Lunch 2:00pm: Fun w/ Friends! Turkey Bean Art 3:00pm: Snack & Hydration 4:30pm: Dinner	7 8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily Chronical & News 11:00am: Pool Noodle Golf 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner	8 8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:00pm: Afternoon Exercise 1:30pm: Activity with the CNA’s 3:00pm: Snack & Hydration 4:30pm: Dinner
	9 8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:30pm: Activity with the CNA’s 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner	10 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Watermelon Toss 11:30am: Lunch 1:00pm: Oreo Turkeys 3:00pm: Snack & Hydration 4:30pm: Dinner	11 Veterans Day 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Game: Dice & Grab Bag 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner	12 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: I am Thankful For 11:30am: Lunch 1:00pm: Bean Bag Foot Fling 3:00pm: Snack & Hydration 4:30pm: Dinner	13 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Fling a Hanger 11:30am: Lunch 2:00pm: Fun w/ Friends! GameRoll a Turkey 3:00pm: Snack & Hydration 4:30pm: Dinner	14 8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily Chronical & News 11:00am: Flying Balloon 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner	15 8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:00pm: Afternoon Exercise 1:30pm: Activity with the CNA’s 3:00pm: Snack & Hydration 4:30pm: Dinner
	16 8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:30pm: Activity with the CNA’s 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner	17 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Balloon Volleyball 11:30am: Lunch 2:00pm: Music- Heart & Soul 3:00pm: Snack & Hydration 4:30pm: Dinner	18 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Name that Shadow 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner	19 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Pumpkin Ring Toss 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner	20 8:00am: Breakfast 10:00am: Wake Up with CNA’s 11:30am: Lunch 1:00pm: Afternoon Exercise 2:00pm: Music-WYLD Wood 3:00pm: Snack & Hydration 4:30pm: Dinner	21 8:00am: Breakfast 10:00am: Wake Up with CNA’s 11:30am: Lunch 1:00pm: Afternoon Exercise 1:30pm: Activity with the CNA’s 3:00pm: Snack & Hydration 4:30pm: Dinner	22 8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:00pm: Afternoon Exercise 1:30pm: Activity with the CNA’s 3:00pm: Snack & Hydration 4:30pm: Dinner
	23/30 8:00am: Breakfast 9:30am: Sacrament Meeting 11:30am: Lunch 1:30pm: Activity with the CNA’s 2:30pm: Afternoon Exercise 3:00pm: Snack & Hydration 4:30pm: Dinner	24 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Words that Start with Th 11:30am: Lunch 1:00pm: Craft: Fall Jars 3:00pm: Snack & Hydration 4:30pm: Dinner	25 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Stuff the Turkey 11:30am: Lunch 1:00pm: Afternoon Bus Ride 3:30pm: Snack & Hydration 4:30pm: Dinner	26 8:00am: Breakfast 10:00am: Exercise with Weights 10:30am: Daily Chronical & News 11:00am: Fall Word Unscramble 11:30am: Lunch 1:00pm: Craft: Puzzled Pumpkins 3:00pm: Snack & Hydration 4:30pm: Dinner	27 	28 8:00am: Breakfast 10:00am: Sit Down Exercises 10:30am: Daily Chronical & News 11:00am: Table Ball 11:30am: Lunch 1:00pm: Manicures & Movies 3:00pm: Snack & Hydration 4:30pm: Dinner	29 8:00am: Breakfast 10:00am: Daily Chronical & News 11:30am: Lunch 1:00pm: Afternoon Exercise 1:30pm: Activity with the CNA’s 3:00pm: Snack & Hydration 4:30pm: Dinner
	Activities are subject to change						

T for time to be together, turkey, talk, and tangy weather.
H for harvest stored away, home, and hearth, and holiday.
A for autumn’s frosty art, and abundance in the heart.
N for neighbors, and November, nice things, new things to remember.
K for kitchen, kettles’ croon, kith and kin expected soon.
S for sizzles, sights, and sounds, and something special that abounds.
That spells ~~~THANKS~~~for joy in living and a jolly good Thanksgiving



1928 W 9800 S

South Jordan, UT 84095

801-676-8787

Talkin’ Turkey

Let’s talk turkey! Wild turkeys can fly—surprisingly fast and far, actually—and they sleep in trees. They’re also pretty clever at dodging predators and, yes, humans. Domesticated turkeys, on the other hand, aren’t quite so nimble. Their flashy fans and “gobble gobble” calls are iconic this time of year, but only the male’s gobble; females stick to more modest clucks and chirps.

The tradition of turkeys and Thanksgiving dates to the 1800s, when turkey became the centerpiece partly because it was large enough to feed a crowd and not typically used for eggs or milk like other livestock. These days, though, more people are switching things up—serving roast chicken, Tofurky, lentil loaf, or lasagna layered with roasted squash for Thanksgiving’s main course. Some people even decide on breakfast-for-dinner, with stacks of pancakes and cozy casseroles taking center stage. Whether you prefer a traditional meal or trying something new, the spirit of the holiday isn’t in the bird—it’s in the gathering. No matter what’s on the plate, it’s the company that counts. Happy Thanksgiving!



November 2025



Veterans Day holiday was originally called Armistice Day, commemorating the end of World War I. It was renamed Veterans Day in 1954 to honor all American veterans, not just those who served in WWI. In 1968, the bill that moved four federal holidays, including Veterans Day, to Mondays was passed. However, the date for Veterans Day was moved back to November 11 permanently in 1975. We are so grateful to all those who have served. Happy Veterans Day!

