

# DECEMBER



**Salon Day!** 1  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Story Time  
 11:30 Lunch  
 2:00 Snack Time  
 2:30 Creative Crafts-  
 3:30 B-I-N-G-O  
 4:30 Dinner

2  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/  
 Instruments  
 11:30 Lunch  
 2:00 What's Cookin'?? Tasty Treat  
 3:00 Movie Matinee- (How the  
 Grinch Stole Christmas!)  
 4:30 Dinner

3  
 8:00 Breakfast  
 11:30 Lunch  
 4:30 Dinner

4  
 ENJOY YOUR  
 SUNDAY!  
 8:00 Breakfast  
 9:30 Sacramento  
 Meeting  
 11:30 Lunch  
 4:30 Dinner

**Rudolph the Red Nose** 5  
**Reindeer Week!!**  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Carrington Court Bowling  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van  
 Ride  
 4:30 Dinner

6  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Balloon Noodle  
 11:30 Lunch  
 2:00 Ice Cream Social  
 2:45 Magnificent Manicures  
 3:30 B-I-N-G-O  
 4:30 Dinner

7  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/ Game  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van  
 Ride  
 4:30 Dinner

**Salon Day!** 8  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Story Time  
 11:30 Lunch-  
 2:00 Snack Time  
 2:30 Creative Crafts- (Reindeer)  
 4:30 Dinner

9  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/  
 Instruments  
 11:30 Lunch  
 2:00 What's Cookin'?? Tasty Treat  
 3:00 Movie Matinee- Rudolph the  
 Red Nose Reindeer!  
 4:30 Dinner

10  
 8:00 Breakfast  
 11:30 Lunch  
 4:30 Dinner

11  
 ENJOY YOUR  
 SUNDAY!  
 8:00 Breakfast  
 9:30 Sacramento  
 Meeting  
 11:30 Lunch  
 4:30 Dinner

**Polar Express Week!!** 12  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Mike/Bible Story  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van  
 Ride  
 4:30 Dinner

13  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Balloon Noodle  
 11:30 Lunch  
 2:00 Gingerbread Houses  
 3:30 B-I-N-G-O  
 4:30 Dinner

14  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/ Game  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van  
 Ride  
 4:30 Dinner

**CHRISTMAS** 15  
**SWEATER DAY!**  
**Salon Day!**  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Story Time  
 11:30 Lunch  
 2:00 Snack Time  
 2:30 Creative Crafts  
 3:30 B-I-N-G-O  
 4:30 Dinner

16  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/  
 Instruments  
 11:30 Lunch  
 2:00 Hot Cocoa & Cookies Bar  
 3:00 Movie Matinee- Polar  
 Express!  
 4:30 Dinner

17  
 8:00 Breakfast  
 11:30 Lunch  
 4:30 Dinner

18  
 ENJOY YOUR  
 SUNDAY!  
 8:00 Breakfast  
 9:30 Sacramento  
 Meeting  
 11:30 Lunch  
 4:30 Dinner

**Santa Claus is Coming to** 19  
**Town Week!!**  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Carrington Court Bowling  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van  
 Ride  
 4:30 Dinner

20  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Balloon Noodle  
 11:30 Lunch  
 2:00 Ice Cream Social  
 2:45 Magnificent Manicures  
 3:30 B-I-N-G-O  
 4:30 Dinner

21  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/ Game  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van  
 Ride  
 4:30 Dinner

**CHRISTMAS** 22  
**PAJAMA DAY!**  
**Salon Day!**  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Story Time  
 11:30 Lunch-  
 2:00 Snack Time  
 2:30 Creative Crafts  
 4:30 Dinner

23  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/  
 Instruments  
 11:30 Lunch  
 2:00 Visit from (Santa & Mrs.  
 Claus bring gifts to residents)  
 3:00 Movie Matinee- Santa Claus is  
 Coming to Town!!  
 4:30 Dinner



25  
**Frosty the Snowman Week!!** 26  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Carrington Court Bowling  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van Ride  
 4:30 Dinner

27  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Balloon Noodle  
 11:30 Lunch  
 2:00 Ice Cream Social  
 2:45 Magnificent Manicures  
 3:30 B-I-N-G-O  
 4:30 Dinner

28  
 8:00 Breakfast  
 9:30 Groove'n & Move'n  
 Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/ Game  
 11:30 Lunch  
 2:00 "Adventure Awaits" Van  
 Ride  
 4:30 Dinner

**Salon Day!** 29  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Story Time  
 11:30 Lunch  
 2:00 Snack Time  
 2:30 Creative Crafts- (Snowman)  
 3:30 B-I-N-G-O  
 4:30 Dinner

30  
 8:00 Breakfast  
 9:30 Groove'n & Move'n Exercise  
 10:30 Snack Time  
 11:00 Music & Memory/  
 Instruments  
 11:30 Lunch  
 2:00 What's Cookin'?? Tasty Treat  
 2:30 Visit from (Frosty the Snow-  
 man)  
 3:00 Movie Matinee- Frosty the  
 Snowman!  
 4:30 Dinner

31  
**New Year's Eve!!**  
 8:00 Breakfast  
 11:30 Lunch  
 4:30 Dinner

Merry Christmas & Happy New Year!!  
 We would like to wish all of resident and their families a wonderful holiday season. May the upcoming weeks be filled with family, friends and fun. Let the joy of the season find Peace, Happiness and Love in your heart.





What is Christmas?  
Christmas is more than a day in December,  
It's all of those things that we love to remember.  
It's carolers singing familiar refrains,  
Bright colored stocking and shiny toy trains.  
Streamers of tinsel and glass satin balls,  
Laughter that rings through the house and its halls.  
Christmas is more than a day in December,  
It's the Magic and Love that we'll always remember.

December 2022

Merry Christmas!



Happy Birthday!  
Leah P.- 19th  
Jeanne J.- 20th