



F&T
Management
Solutions

CAPABILITIES STATEMENT

Where Strategy Meets Execution – And Measurable Results Flow



Grow Your Business. Deliver Your Projects. Improve Your Operations.

F&T Management Solutions (F&T) provides consulting, business development, project management, and operational improvement services to help organizations grow, manage complex initiatives, and improve business operations.

HOW WE HELP BUSINESSES



PURSUE NEW BUSINESS OPPORTUNITIES

What We Do: Provide proposal support, strategic planning, and business development services for government and commercial opportunities.

Client Benefits: A more organized approach to pursuing new opportunities, developing proposals, and supporting business growth.



LEAD CRITICAL PROJECTS

What We Do: Lead and manage complex projects from planning through implementation.

Client Benefits: Clear project leadership, coordinated communication, and structured project support.



STREAMLINE OPERATIONS

What We Do: Evaluate processes and develop practical solutions to improve workflow efficiency.

Client Benefits: Clear process recommendations, streamlined workflows, and practical strategies to support day-to-day operations.

WHY BUSINESS LEADERS CHOOSE F&T

- **Service Quality:** 100% of surveyed clients rated our service quality as Excellent, report maximum satisfaction, and state they are very likely to continue working with and recommending F&T.
- **Fast Turnaround & Execution:** Recognized by clients for speed of deliverables, strong organization, and rapid response times.
- **Deep Hands-On Experience:** Over 20 years of hands-on experience delivering complex solutions across federal, state, and private commercial sectors.
- **Personalized Strategic Partnership:** We go beyond task execution—providing dedicated support that keeps business leaders focused on their priorities and growth.

HOW TO GET STARTED

We collaborate with clients to understand requirements, establish priorities, and deliver consulting support tailored to organizational needs.

- 1 THE 15-MINUTE DISCOVERY CALL**
Identify organizational priorities, requirements, and areas of focus.
- 2 THE 90-DAY ROADMAP**
Develop a structured approach to support your strategic objectives.
- 3 SEAMLESS EXECUTION**
We support initiatives from planning through execution.

COMPANY DATA & CODES

SAM UEI: KRHEAEKD7XJ1

CAGE: 0GQW7

NIGP Codes: 91806, 91821, 91875, 95877

PSC: R408, R410

Primary NAICS: 541611 – Administrative Management and General Management Consulting Services

CERTIFICATIONS

- **Individual:** Certified Project Management Professional (PMP®, PMI, 2017)
- **Socioeconomic:** AABE | ESBE | MBE | SBE | WBE | WOSB | DBE

READY TO TACKLE YOUR NEXT BUSINESS CHALLENGE?

Rachel Forde, PMP — Founder & CEO | Phone: (210) 473-7200 | Email: Rachel.Forde@ftmgmtsolutions.com | Web: ftmgmtsolutions.com