

# The Gardeners of Lima

September 2023

Sprigs N Sprouts

## Upcoming Meeting

Our next meeting will be at the Faurot Park clubhouse on September 12<sup>th</sup> at 7:00 p.m.

Bill Kelley will speak on Renovating Gardens. I know I'm looking forward to this topic! Consider inviting a friend to attend with you. Also, if you need a ride to the meeting, please do not hesitate to contact another member. We want you to be there!

## In Loving Memory

We say goodbye to Frank Cooley who passed away on September 5<sup>th</sup>. Frank had been a member of the club since 2008. We'll always remember Frank for his witty poems and his dedication to the club newsletter and web page. Even though Frank was in his 90's, he was helping plant flowers at the clubhouse just two years ago. We'll miss you, Frank!



## **Around the yard**

What an inviting section of the Walsh's yard to sit and enjoy the beautiful roses.



**Do you have any garden photos or recipes to share? If so, please email them to [sheilabug100@hotmail.com](mailto:sheilabug100@hotmail.com)**

**It's hard to believe, but fall is just around the corner.** I came across an article at [gardening.org](http://gardening.org) entitled "15 Perennials to Cut Back in Fall". Here are the 15 on the list:

- |                 |             |                   |
|-----------------|-------------|-------------------|
| 1. Bearded Iris | 6. Bee Balm | 11. Hostas        |
| 2. Daylilies    | 7. Lavender | 12. Hollyhocks    |
| 3. Other lilies | 8. Yarrow   | 13. Bronze fennel |
| 4. Peonies      | 9. Catmint  | 14. Liatris       |
| 5. Tall phlox   | 10. Salvia  | 15. Columbine     |

Pruning some flowers too early in the year can reduce their flowering in the coming year, so it's a good idea to check on your particular plants to see if they should be pruned in the fall or the spring. Ideally, plants like iris and daylilies should be cut back after the first frost. This also makes for easier division in the spring. Pruning the above 15 plants in the fall protects plants

from developing problems such as mildew. You may also want to trim the seed heads off of some plants, such as Bee Balm, to keep them from spreading further (although many birds love to eat the seeds during the winter!) Lavender is a tricky plant to prune. It may be pruned in fall or spring, but you're less likely to over-prune if you do it in the fall. It should be pruned no later than 6 weeks before your first frost date. Cutting back hosta leaves in the fall can reduce slug and snail populations.

“Though you may be tired at the end of the fall gardening season, taking time to clean up gardens can help prevent diseases, stop insect infestations, and start the spring with a tidier garden.”

## **Take Care Out There**

The Ohio State University has an article on their website, [health.osu.edu](http://health.osu.edu), warning us of the “Risks of gardening with an open wound”. While gardening has many benefits, there are potential dangers. If you have a cut or wound, even one that seems minor, there is potential that gardening can lead to a serious infection. Be sure to cover any existing wounds, and wear gloves to help avoid new wounds. If you do get a new wound, or get an old wound dirty, be sure to wash it thoroughly with soap and water. See your doctor if you notice changes in your skin, signs of infection, or poor healing. Be sure to tell your doctor that you were gardening before your symptoms started.



### **The Gardeners of Lima**

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