MY INTERNAL COMPASS

# GHOST RANCH, NEW MEXICO MARCH 2027

*This agenda is intended as a gentle guide for our time together. We will move with intention rather than rush, and may adjust timing as needed to honor the pace of the group, the depth of conversation, and the experience of the moment.*

## THURS. 3/11· ARRIVAL AND GROUNDING

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|---|---|
| 3:00 PM | Check-in |
| 4:00 PM | Opening Ceremony at the Labyrinth |
| 5:00 PM | Ghost Ranch Orientation |
| 5:30 PM to 6:30 PM | Dinner at the Cafeteria |
| 7:30 PM – 9:30 PM | Evening conversation in Tumbleweed Mesa living room |

## FRI. 3/12· VISION & ALIGNMENT

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|---|---|
| 7:30 to 8:30 AM | Breakfast at the Cafeteria |
| 9:00 AM - 10:00 AM | Gentle yoga in Tumbleweed Mesa living room |
| 10:15 AM to 11:15 AM | Identifying a clear vision |
| 11:30 to to 12: 30 PM | Gaining clarity on your personal values |
| 12:30 to 2:30 PM | Picnic Lunch and drive to Ojo Caliente |
| 2:30PM to 9:30 PM | Soak in Mineral Baths, stay for dinner |

## SAT. 3/13· CLARITY & DISCOVERY

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|---|---|
| 7:30 to 8:30 AM | Breakfast at the Cafeteria |
| 9:00 AM to 10:30 AM | Tumbleweed Mesa living room: Sound Bath & Inner Mentor |
| 10:45 AM to 11:45 AM | Claim your strengths |
| 11:45 AM to 12:30 PM | Bagged lunch (Some head to Georgia O'Keefe Museum Abiquiu) |
| 12:30 PM to 3:00 PM | Studio Tour or Mindful Walk with Watercoloring |
| 3:00 PM to 5:30 PM | Free time to walk, watercolor, journal, sleep, take photos.... |
| 5:30 PM to 6:30 PM | Dinner at the cafeteria |
| 7:00 to 8:00 PM | Optional art project in Tumbleweed Mesa living room |
| 8:00 to 10:00 PM | Optional stargazing outside or conversation in the living room |

## SUN. 3/14 · INTEGRATION & RETURN

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|---|---|
| 7:30 AM to 8:30 AM | Breakfast at the Cafeteria |
| 9:00 AM to 9:45 AM | Gentle yoga in Tumbleweed Mesa living room |
| 9:45 AM to 10:45 AM | Post Card to future self |
| 11:00 am to 12:00 PM | Closing Ceremony at the Labyrinth |

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LION'S TOOTH
LEADERSHIP CONSULTING