



St. Anthony Baseball

INSIDE:

- PAGE 3**
SAVHS SECTION RUNNERS-UP
- GRANT SUBMITTED FOR FIELD LIGHTS**
- JV FIELD GETS FACELIFT**
- PAGE 4**
CONCESSIONS UPDATE
- BOOSTERS RECAP**
- PAGE 6**
SAVHS ALUMNI PLAYING IN COLLEGE
- LEGION RECAP**
- PAGE 7**
MARK HESS INDUCTED INTO STA HALL OF FAME
- NORSEMEN RECAP**
- HOGS RECAP**

DATES TO REMEMBER:

- 12.31.09 & 2.7.10**
CUB FOODS GROCERY BAGGING
- 1.27.10 & 2.6.10**
SPORTS BOOSTERS BASEBALL SIGNUPS
- 3.8.10**
HIGH SCHOOL BASEBALL SIGNUPS
- 4.10.10**
SPRING FIELD WORKDAY
- 4.18.10**
ST ANTHONY BASEBALL DAY
- 5.21.10**
SAVHS ALUMNI DAY AND BARBECUE

ST. ANTHONY GOES PRO Dan Kaczrowski Gets Drafted

St. Anthony Village High School Alumnus, Dan Kaczrowski completed his senior year at Hamline University this spring before being signed by the St. Paul Saints and drafted by the Arizona Diamondbacks. The following is an account of the past summer through Kaczrowski's eyes after being asked to talk about his experiences following one season of pro ball.

After completing my senior year at Hamline, I was signed by the St. Paul Saints. June 11, 2009 started off like any other playing for the Saints. I woke up around 11:30 AM, met some of my fellow rookie teammates for lunch around 1pm, and arrived to Midway Stadium for early work at 2pm. After doing some early work I decided to take a break in the clubhouse and check my phone while relaxing before team batting practice began. When I first looked at my phone, it said I had 38 unread text messages and five missed calls. Scrolling through a few text messages from friends, I realized that I was just picked by the Arizona Diamondbacks in the 26th round of the Major League Baseball Draft.

continued on page 5

VFW Places Fourth in State

The Post #230 (St. Anthony) VFW team finished a great season placing fourth at the 2009 VFW State Tournament in St. Cloud this August. Post #230, composed of 15 and 16 year old SAVHS students, finished 34-5 on the season, playing in a very strong 7th District. More than 30 teams compete in the 7th District, composed of an area covering much of the north and northwest Metro. In very well-played, closely fought games St. Anthony topped Centennial (2-1), Robbinsdale Cooper (9-5), Champlin Park (4-3) and Maple Grove (4-3) to earn a berth in the 55th annual state tournament. In the District 7 championship game Ryan Ferkinhoff stole home in dramatic fashion for what proved to be the winning run.

Post #230 VFW finished 34-5 on the season.

Nicho Roesler threw a gem to limit a very talented and physically impressive Maple Grove team to three runs. In state tourney play, Post #230 went 3-2 for a fourth place finish and end to a great season. The Post #230 players would like to thank their Columbia Heights VFW post sponsors for all of their support this season.



SABA

Upcoming Events

Pitching Clinic

TBA

Contact Steve Peterson at sjpeterson@comcast.net for more information on this winter's clinic with Hamline Coach Jason Verdugo. The camp will begin after the Holidays.

Sports Boosters Signups

Wednesday, January 27 and
Saturday, February 6

All spring sports, including baseball, will have a "walk-up" registration on Wednesday, January 27th from 7 to 9pm, and again on Saturday, February 6th from 10am to noon. Online baseball registration opens January 13th and closes February 24th.

Field Workday Projects

Saturday, April 10

The Fall 2009 workday was a success with many winterizing projects completed, including new trees beyond the left field fence, sod repairs, grass line edging, mound and home plate reconditioning, and concessions housekeeping. The Spring 2010 field workday to prepare for the upcoming season will be Saturday, April 10th (weather permitting) at 9am.

SABA 2010 Twins Game

Sunday, April 18

SABA has selected Sunday April 18, 2010 for our annual Twins game fundraiser. Please plan on joining us at this afternoon game against the Kansas City Royals at the new Target Field! Tickets will not be available until after TwinsFest in January, so another communication with ticket prices and seating locations will be sent out sometime around mid-February. To make this a successful fundraiser we need every family to participate, so please put this game/date on your calendars.

Baseball Alumni Day

Friday, May 21

All former SAVHS baseball players and their families are invited to attend our second annual alumni barbecue. Please come support the Huskies on Friday, May 21st for some food and camaraderie as the Huskies take on the Minnehaha Redhawks at 4:30pm. Following the game there will be a barbecue hosted by the Dugout Club with hot dogs, chips, and beverages provided.

What is SABA?

The St. Anthony Baseball Association was founded in 2005 with the intent to support and promote baseball in St. Anthony Village. The support and promotion includes improving facilities, providing training resources, providing instruction, and aid in funding and communication. At this time, participation in the St. Anthony Baseball Association includes teams in the Youth Sports Boosters Program (T-Ball through Traveling teams), St. Anthony Village High School teams, VFW Post #230, Tri City Blue American Legion, St. Anthony Hogs (Class A Amateur Men's Baseball), and St. Anthony Norsemen (Senior Men's Baseball).

The SABA board members are all volunteers with representation from each level of participation. The board meets quarterly at St. Anthony Village High School. Further information on SABA or any of the teams mentioned can be found at SABA's webpage: www.stanthonybaseball.org.

Please Help Update Our Directory

Former players and parents – we realize some of our contact information may need to be updated. Please mail, email (turdahl@stanthony.k12.mn.us), or call (612 706-1105) Troy Urdahl to update any contact information, or to add or remove any names from our mailing list. Thank you for your help!

CHECK OUT OUR WEBSITE

www.stanthonybaseball.org

SAVHS SECTION RUNNERS-UP IN 2009

The SAVHS baseball team ended a Cinderella run in the section finals dropping two games to DeLaSalle. After the state championship team from 2008 graduated eight starters, the Huskies fielded an entirely new lineup for the 2009 campaign. With a new face to the team, the outlook in 2009 was difficult to predict. The Huskies quickly proved they were a formidable team once again, going on to a fantastic 17-7 mark prior to the section finals. Running into a DeLaSalle buzz-saw, the Huskies season ended abruptly and much earlier than hoped for, losing a one-run game to earn their way to state and then losing a lopsided final chance to play in the MSHSL championships. A great group of seniors provided a strong core of leadership to achieve results beyond what most expected prior to the season's start. The graduates of 2009 will be missed – but they laid the foundation that our 2010 team hopes to continue building this spring to fight its way back to the title of Section 4 champions.



St. Anthony – New Brighton Schools Submits Grant for Field Lights

Big news – the St. Anthony-New Brighton School Board has requested \$345,000 for Central Park field improvements from Hennepin County. As part of the Twins Stadium financing, annual grant monies have been made available by the Hennepin County Board of Commissioners specifically for athletic field improvements. The St. Anthony – New Brighton School Board requested funds to light the JV and varsity baseball fields in addition to adding environmental enhancements to the park and covered bleacher areas on the varsity softball and baseball fields. An important criterion of this grant request was matching monies. The St. Anthony Baseball Association is responsible for upward of \$10,000 in matching money. Please help our light campaign and consider making a tax-deductible donation to SABA to help us reach our goal of lighting the baseball fields!



High School Baseball Statistics

To view the current list of records, please visit the St. Anthony Baseball Association's webpage at www.stanthonybaseball.org and click on the High School page.

St. Anthony Village has many records in the state's top-ten lists. To view complete lists of Minnesota High School Baseball records, please visit www.mshsbca.com.

JV Baseball Field Gets a Facelift

The JV baseball field (*left*) received some much needed improvements at the end of the 2009 summer. Using St. Anthony Baseball Association, Minnesota Twins Community Fund, and St. Anthony Sports Boosters funding, a grass infield (capable of 80' and 90' bases) was installed with irrigation and drain tile. The JV baseball field had always been a dirt infield, causing level of play and maintenance issues for years. Grass on this infield will be a great improvement for St. Anthony Baseball!

Concessions Update

Starting in the spring of 2010 you will see some new faces at the St. Anthony Baseball Concession stand. Theresa Ferkinhoff is stepping down from her position as Concessions Director, a spot she has held since the stand was built 6 years ago.

Theresa has put in timeless hours and has been very dedicated to helping the stand run as smoothly as possible.

Everyone at SABA would like to thank Theresa for all of her energy & selflessness over the years. She will be greatly missed.

Jessica Kelly & Amy Kraus have been elected the new Concessions Directors and will be ready to hit the ground running come baseball season.



Theresa Ferkinhoff

Jessica and Amy both have sons involved in St. Anthony Baseball and are eager to get started.

Baseball parents will find that when registering a player for a team in the spring you will be asked to volunteer at the concession stand. Volunteers are critical to the success of SABA and the wonderful baseball programs it offers. The concession stand profits are used toward strengthening our baseball programs, maintaining our fields and supporting our community. Players volunteering with their parents will be able to count worked volunteer hours toward their school community service requirement. See you in the Spring!

High School Team to Travel to Florida

With fundraised dollars (and parent help), the 2010 Huskies are planning a return trip to Florida this coming March for Spring Training at the Walt Disney Wide World of Sports complex. Twenty baseball players will make the one week trip to the Magic Kingdom. In addition to a couple of scrimmages and practicing each day, the Huskies will see an Atlanta Braves versus New York Yankees spring training game and visit two water parks and three of the Disney theme parks.

Sports Boosters Recap

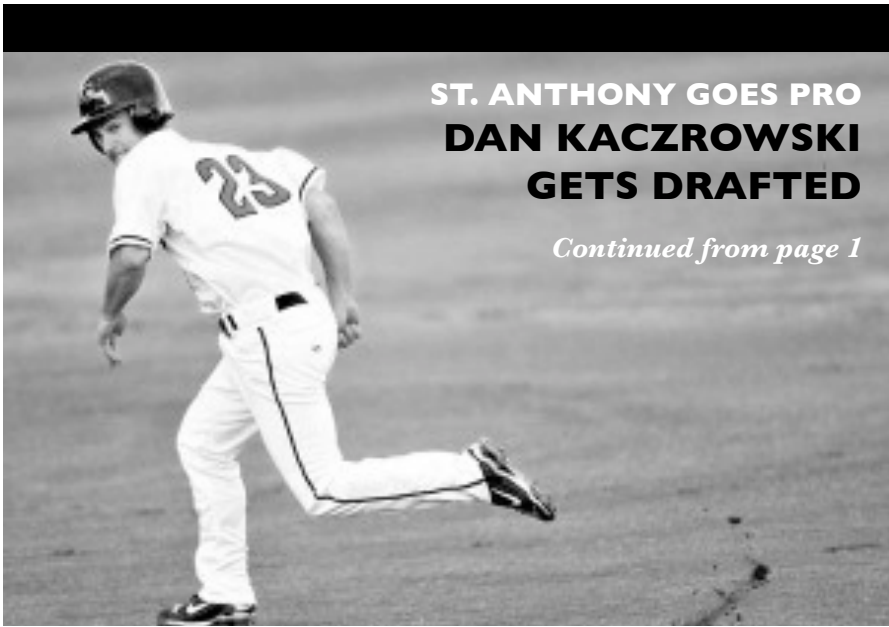
St. Anthony Sports Boosters baseball had a lot of success this year in their In-house and Traveling programs. Here is a quick wrap up of the 2009 booster baseball season: The In-House 3rd and 4th grade Blue Sox went undefeated through their regular season and kept a perfect record into the playoffs. Three of the 5th/6th grade In-House teams this year reached the playoffs and two ended up playing each other to earn first and second place out of 19 teams. The 11U and 13U traveling teams played in MBL. The 11U traveling baseball team won the Tier 2 AA playoffs and the 13U traveling

team took second place in Tier 1 AA. The 12U traveling team competed in MYAS at the AAA level. They had a successful season and won the Tier 2 AAA championship. Great job to everyone!

In October 2009, two new baseball commissioners were elected. Paul Wolf is the Traveling Baseball Commissioner, and Paul Werni is the In-House Baseball Commissioner.

The 12U traveling team.





ST. ANTHONY GOES PRO DAN KACZROWSKI GETS DRAFTED

Continued from page 1

Through talking with scouts during my senior season at Hamline, I knew there was a chance that I may get picked by Major League organization but I wasn't keeping my hopes up. My dream has always been to play professional baseball, and signing a contract with the Saints was more than I could have asked for, especially in my hometown. I had the time of my life playing pro ball in front of friends and family everyday, but playing affiliated ball was something too good to pass up.

I was to report to camp in Tucson, Arizona on the 13th of June at noon. When I arrived in Tucson, I had to go through an in-depth physical and take a few different tests. The next day was the beginning of minicamp which consisted of a meeting at 7am, a full defensive practice lasting until around 10am, batting practice

after that, followed by conditioning/base running. We had a 45 minute break and then began a 9 inning game, finishing around 4pm. Minicamp lasted for three days, and was not the most fun I have ever had playing baseball due to the extremely long days in the scorching Arizona heat. Everyone who was in minicamp were players who were drafted in this year's draft.

On my birthday (June 17th), the 50-or-so players that were down in Tucson for minicamp were split up into two teams, one headed for Rookie league ball in Missoula, Montana, and another group that headed to Yakima, Washington for Short-Season A league, of which I was a part. We had two days of practice and then the season began on the road in Spokane, Washington.

Looking presentable was a requirement in the Diamondbacks' organization. The coaches and our manager kept a close eye on us at all times to make sure we always wore a collared shirt and were cleanly shaven. If not, there would be a small fine that the offending player was due to pay. In Yakima, I lived in a rented house with three other teammates. The

time spent at our house was minimal due to the fact that we were at the stadium almost eight hours each day. For most home games, our manager would require some of the players to arrive at the stadium by 2 or 2:30pm for early work. Usually the entire team wouldn't show up for early work since this time is used to work individually with a position coach or hitting coach. This summer was the first time I ever played in the outfield so a lot of times I would show up early to work on tracking fly balls and my footwork. After early work, batting practice began around 4:00pm, lasting 50 minutes. During this time, players could spend more time working on their defense, along with their bunting, base running, in addition to hitting. The opponents would take their batting practice following ours, giving us time to take a break in the clubhouse to grab a sandwich and rest for a bit. Our manager then hit an infield/outfield at 5:50 PM. By the end of "in and out," it was around 6 PM, and we had approximately another half hour break to clean up and put our uniforms on before our pre-game warm up began with game time scheduled for 7pm. During the first part of the season, the amount of work seemed a little absurd before a game, but after a while, we got used to it.

Even though our stadium wasn't the nicest, I was still able to play in some very cool parks, in front of some very large crowds. The grind of 76 games in 79 days was very tiring, requiring proper nutrition, adequate sleep, and frequent trips to the team trainer and conditioning coaches who were very helpful in keeping the players healthy.

It was a very exciting summer for me and I hope to continue playing as long as there is a jersey hanging up in my locker. After my experiences over the past few years, when I am able to give advice to young players, I tell them to hold their dreams high, play hard, but more importantly, play with your whole heart, and you will have success.





St. Anthony Alumni Playing 2009 College Baseball

Tim Duffy

Sophomore Pitcher
Augustana College (Sioux Falls, SD)

Tim appeared in 12 games and logged 15 innings in a relief role. He was 1-0 and tallied 14 strikeouts.

Jarron Farah

Freshman Pitcher
Augsburg College (Mpls, MN)

Jarron made 4 appearances all in relief, with 3 strikeouts and no decisions in 6 innings of work.

Dan Halstengard

Junior Catcher/1B/DH
Northwestern College (Roseville, MN)

Dan started all 42 games and finished the year with 7 doubles, 2 home runs, 37 RBI, and a .408 batting average. With his 64 hits, he also broke the Eagles single-season hits record that was set in 1998.

Dan Kaczrowski

Senior SS
Hamline University (St. Paul, MN)

Dan capped-off a great college career with an outstanding senior season. He was named to the D-III All-Midwest Region 1st Team after batting .393 with 10 doubles, 4 home runs, and 26 RBI. He led the MIAC conference with 23 stolen bases in 23 attempts, and had an amazing season total of only 5 strikeouts in 150 at-bats.

Chad Peterson

Sophomore 2B
College of St. Scholastica (Duluth, MN)

After missing a third of the season to a knee injury, Chad finished the year strong, batting .391 in 92 at-bats with 9 doubles, 1 triple, 1 grand slam, and 32 RBI in his 29 games.

Chris Peterson

Freshman Pitcher
Concordia College (St. Paul, MN)

Chris made 5 appearances, including one start, and was 1-0. He threw 8 innings and logged 8 strikeouts for the Division II Golden Bears.

Joe Stark

Junior 1B
UW Superior (Superior, WI)

Joe appeared in 18 games while starting 9 times. In 31 at-bats he had 4 RBI to go along with 3 walks, and 1 sacrifice fly.

Dan Zurbey

Freshman 3B
Hamline University (St. Paul, MN)

Dan played in 17 games and started 1. He compiled a .292 batting average on 7 hits in 24 at-bats, with 6 RBI, 2 walks, and 2 runs scored.

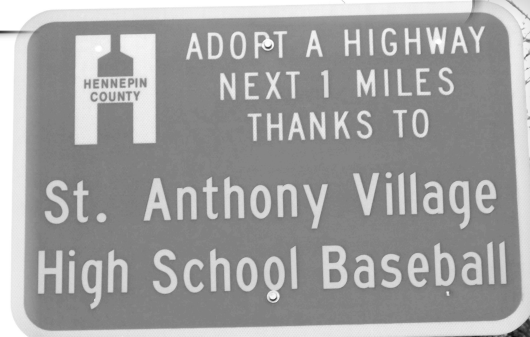
Legion Recap

The Tri-City Blue American Legion baseball team finished another fun summer of baseball this year. The team consists of 16 to 19 year old players who either currently attend or have graduated from either St. Anthony or Columbia Heights high schools. This year's team featured 13 players from St. Anthony and 2 from Columbia Heights. The team plays a very competitive schedule against some of the biggest high schools in the state.

Highlights from the 2009 season included playing in the Edina, Delano, and Big Lake wood bat tournaments.

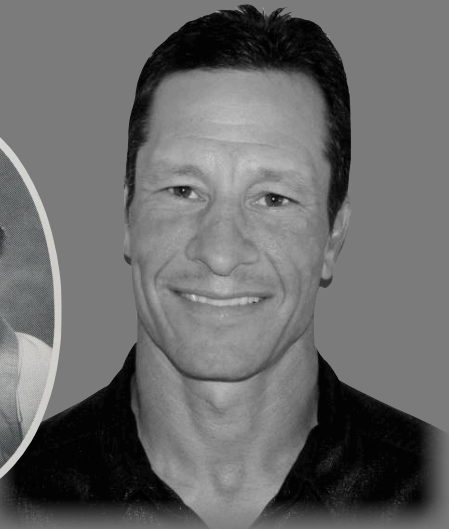
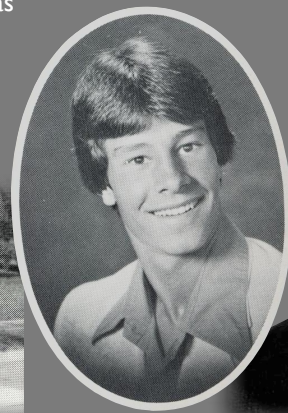
ST. ANTHONY BASEBALL ADOPTS A HIGHWAY

Go ahead – feel free to litter (not really) between County Road C2 and Stinson on Highway 88. As a community service project, the St. Anthony Village High School baseball team will be cleaning this stretch of Highway 88 twice a year.



MARK HESS INDUCTED INTO SAVHS HALL OF FAME

Mark Hess, Class of 1982, was recently inducted into the St. Anthony Village High School Hall of Fame. Mark was a three sport athlete at Village High. He was the starting quarterback in football and played hockey, but excelled in baseball. He started at shortstop for four years and gobbled up everything hit his way (he only had two errors in four years). Mark was All-Conference in all three sports. He started at short for three years at the U of M and was second in the Big Ten in hitting one year. Hess was named to the All Big Ten baseball team and All Big Ten Academic team his senior year before going on to play two years of Minor League baseball. Mark still plays town team baseball and has won many state amateur titles. In addition, he is the reigning Club Champion at the Wilds Golf Course. Hess is a Captain in the Minneapolis Fire Department and lives in Prior Lake. Congratulations, Mark!



Norsemen Recap

Despite a 6-18 record, the St. Anthony Norsemen made significant progress in 2009. In their third season, the Norse Nine were competitive in nearly every match-up, losing ten games by two runs or fewer. The team's pitching improved this season with the addition of 35-year old rookie Steve Jahnke. The lanky right-hander added a fresh arm to the rotation, giving journeyman Steve Peterson and southpaw Chris Nogosek much needed rest between starts. Fire-baller Doug Zezulka also joined the staff in '09, and looks to be an impact player in the future.

Norsemen bats improved in 2009, as well, with the team average jumping to .298. Catcher Paul Morita was among league leaders with a blistering .490 average and 25 hits. Slap-hitter Matt Arntzen had 24 hits and batted .329, with speedster Phil Schenkenberg right behind at .324. Rod Bloom and Tim Nichols

combined for three homers, and Steve Green topped the team RBI board with fourteen. Defensively, the Norsemen continued their solid play. Outfielders Mezzenga, Austin, Nogosek and Bloom provided reliable coverage, with center-fielder Tim Nichols emerging as an outstanding leader of the corps. Randy Stille was an impenetrable wall at first base, and middle infielders Phil Schenkenberg and Paul Melchior allowed few balls through the middle, while turning a team record twelve double plays.

Undoubtedly, the highlight of the year came during the first round of the Federal League playoffs, when Chris Nogosek pitched a near-perfect, no-hit shutout against the powerful Richfield Rockets. The left-hander was brilliant, allowing only one batter to reach first base on a seventh-inning walk. Several sterling defensive plays sealed the game, and the Norse won 7-0.

Hogs Recap

The 2009 season was the most successful to date for the St. Anthony Hogs, who finished with an overall record of 16-14. The team benefited from the addition of several new players, including a group of recent SAVHS graduates. This is a trend the Hogs hope to see continue – keeping the talent of St. Anthony baseball within the city, and helping the Hogs continue to improve into a Skyline League championship contender.

The highlight of the year was a mid-season nine game winning streak that saw the Hogs take down perennial state tournament

participant (and 2005 state champion) Wesley Homes. The Hogs, on the arm of team ace Chris Peterson, played a highly contested game capped off by Brandon Wolf's eighth inning walk-off single to secure a 2-1 victory.

The Hogs are eagerly anticipating the 2010 season, and are looking to build on the team's successes in 2009. As always, the Hogs will be looking to improve their roster, especially in the pitching department. The Hogs welcome all roster inquiries and will hold try-outs in the spring if necessary. See you in 2010!



ST. ANTHONY BASEBALL ASSOCIATION :: 3303 33RD AVENUE NE • ST. ANTHONY, MN 55418

ST. ANTHONY BASEBALL NEWS

**Issue 2
Fall 2009**

The St. Anthony Baseball Association is a 501c(3) non-profit organization promoting baseball in St. Anthony Village and the surrounding area.

www.stanthonybaseball.org



Home of
St. Anthony Village Baseball

Newsletter design by Kyle Rosenberg '09 • www.kylerosenberg.com

Photos on pages 1, 3, 4, and 6 courtesy of Dave Wiggins • www.davewiggins.smugmug.com

St. Anthony Baseball Association
3303 33rd Avenue NE
St. Anthony, MN 55418

Non-Profit Organization
U.S. Postage
PAID
Minneapolis, MN
Permit No. 3343