



Alkalise, detoxify  
and cleanse

# Chlorophyll

## Do you eat enough green vegetables?

Green leafy vegetables like spinach and parsley are packed with chlorophyll - the compound that makes plants green and enables them to perform photosynthesis. Scientists believe chlorophyll's antioxidant properties and supportive actions on the body's detoxification processes may help explain why eating a diet rich in leafy greens goes such a long way towards keeping us healthy.

Adding just 15 mL of **Nature's Sunshine Liquid Chlorophyll** to your water or juice each day provides 60 mg of chlorophylls - approximately the same amount you'd get from eating 2½ cups of spinach.

- Alkalise, detoxify and cleanse
- An ideal companion to your herbal or juice-based detox program
- A natural internal deodoriser, ideal for those concerned about body odour or bad breath
- Easy to add to your juice or water bottle, with a refreshing minty flavour and preservative-free formula

Ask for Nature's Sunshine Liquid Chlorophyll at leading health food stores and selected pharmacies.



NATURE'S SUNSHINE





## Portfolio of spec ads reconstructed by Nic

**Richards. Please compare with scanned originals.**

### 1. Nature's Sunshine

#### **GO GREEN, BE CLEAN AND BE NATURAL.**

Who would have thought one colour could be so important. But green is. It's the colour of life. Green plants are the basis of most of our food system, which we all depend upon. They are packed full of vitamins, nutrients and most importantly Chlorophyll. That collection of molecules that takes sunlight, water and carbon dioxide and turns it into food. It's one of nature's many miracles: staggering in its complexity, beautiful in its function and form.

And now chlorophyll is working its magic in other ways. Scientists believe chlorophyll's antioxidant properties support the body's detoxification processes. This may explain why eating leafy greens really is good for you.

Now at **Nature's Sunshine** we can make getting your daily dose of Chlorophyll easier for you, with convenient Liquid Chlorophyll. Just 15 ml a day is all you need to help alkalise, detoxify and cleanse your body. That's about what you will get from eating 2.5 cups of spinach. **Nature's Sunshine Chlorophyll** is an ideal companion for your juice or herbal based detox program also. It's easy to add to your juice or water bottle when you are on the go, with a refreshing minty flavor, free of all preservatives and non-naturals. And what's more it's great for bad breath and body odour.

So get with the program and go green today. Get some of **Nature's Sunshine** in a bottle into your body, at leading health food shops and pharmacies.

[www.naturessunshine.com.au](http://www.naturessunshine.com.au)

### 2. Nescafe instant coffee

**Stop searching, this is as good as instant coffee gets.**

Great flavor, aroma and colour, with a full body. The qualities that you don't always find in instant coffees. Nescafe coffees are made from the freshest and finest coffee beans, always. We have saved the best for last, with the new Nescafe Gold Instant Coffee. The best flavor of all, in an instant.

Our new coffee gives you the Barista experience and taste, from instant coffee, infused with roasted, specialty coffee beans. It's the connoisseur's coffee experience in a cup, without having to leave your home or office. Choose from two sensationally crafted blends. The Smooth Blend, with its rich, well balanced flavor, capped with a delicate and fragrant, golden crema. Or choose the Intense Blend,

*What*  
• **MAKES THIS** •  
**OUR BEST**  
**COFFEE**

*Yet?*



New NESCAFÉ® Gold Barista Style is a perfect combination of premium instant coffee with added finely ground roasted coffee beans, inspired by café-quality, barista-made coffee. There are two blends to enjoy – Smooth, with its rich, well rounded taste and a layer of silky golden crema, or Intense with a sharper, dark, full-bodied flavour and deep aroma. So once you try it, we're sure you'll agree, it's our best coffee yet.





# Get our private room or money back guarantee.\*



Before you realise just how important privacy is, get Bupa and get our private room or money back guarantee.\* Just another reason why so many families are choosing Bupa.

Get Bupa >

[bupa.com.au](http://bupa.com.au)  
134 135 | Bupa Stores





sharper in taste, dark, full bodied, and wonderfully aromatic. With a hint of mystery and the exotic. It's your choice: you deserve it.

So go ahead and try our new blends now. We're sure they are the best, the king of instant coffees.

### **3. BUPA HEALTH INSURANCE**

#### **YOUR NEW DELIVERY WITH THE PRIVACY OF HOME**

Having a new child is a wonderful and challenging experience. You want the best facilities and the best medical support team to help you through it all. And to have family and loved ones there to support you. Having a private room, away from the hustle and bustle of hospital life is an important part of this. Your own oasis where you can prepare for the event, and bond with baby after.

At Bupa we know how important this is to parents. That's why we offer our clients a money back guarantee if we cannot get you a private room. But it does not end there. We guarantee you the same professional attention and care, and the access to the best facilities and medical staff. Regardless of what type of accommodation you have.

So why not find out more about our guarantees. Don't leave your most important family events to chance. You will always be covered with Bupa.

Get Bupa: [bupa.com.au](http://bupa.com.au) or 134135/ Bupa Stores

### **4. EXXON MOBIL PNG**

#### **EXXON MOBIL: PUTTING RESOURCES TO WORK FOR PAPUA NEW GUINEANS.**

Millions of years ago or even longer, this beautiful country was created. Along with it, precious resources of gas and oil were deposited. Today the PNG LNG Project is using those resources for the benefit of all Papua New Guineans.

We have contributed 14 billion Kina to the country's economy since construction of the LNG project in 2002. To local businesses contractors, for PNG Government employment taxes, MRDC and Kumul disbursements, development levies, royalty payments to beneficiaries and business costs. Our community development work has had a tremendous impact, with more than 780 million Kina invested thus far. In community infrastructure projects, employment programs, social programs and to build the skills and knowledge of rural communities especially. It's a fact that 82% of our workforce of 2400 employees are Papua New Guineans. That is something we are really proud of.

We have helped to improve the lives of XXX Papua New Guineans through such contributions and efforts. At Exxon Mobil are committed to this country and its people, and will continue to bring these





# ExxonMobil is committed to PNG for the long term

The PNG LNG Project is responsible for some of the most significant and widespread economic development of recent years.

Since construction, we have contributed 14 billion Kina to local businesses, the government in employment taxes, MRDC disbursements, Kumul disbursements, development levies, royalties, and license maintenance fees.

We are proud of the work we are doing with local communities and have invested more than 780 million Kina to build infrastructure, develop social programs, and enhance skills and knowledge to improve the quality of life for the people of Papua New Guinea.

We are proud that 82 percent of our workforce of 2400 are Papua New Guineans.

We are committed to remaining a valued member of the communities in which we are working and look forward to continuing our positive partnership with the people of PNG.

[www.pnglng.com](http://www.pnglng.com)

**ExxonMobil**

*Dear Sir,  
Action*





benefits to communities across PNG. We value our partnerships with the community greatly, and through these, benefits can be shared equitably and development can be sustainable.

Information is power. Find out more about us and the PNG LNG project and how it can help you. Visit us at [www.pnglng.com](http://www.pnglng.com) and sign up for newsletters and updates.

**ExxonMobil**

## **5. TELIKOM PNG**

### **TELIKOM PNG: WE CONECT YOU TO THE WORLD**

Our country Papua New Guinea is beautiful and blessed with picture perfect landscapes of mountains, rivers, forests and seas, made for tourists. But these same blessings are also our challenges. In communications, travel and services.

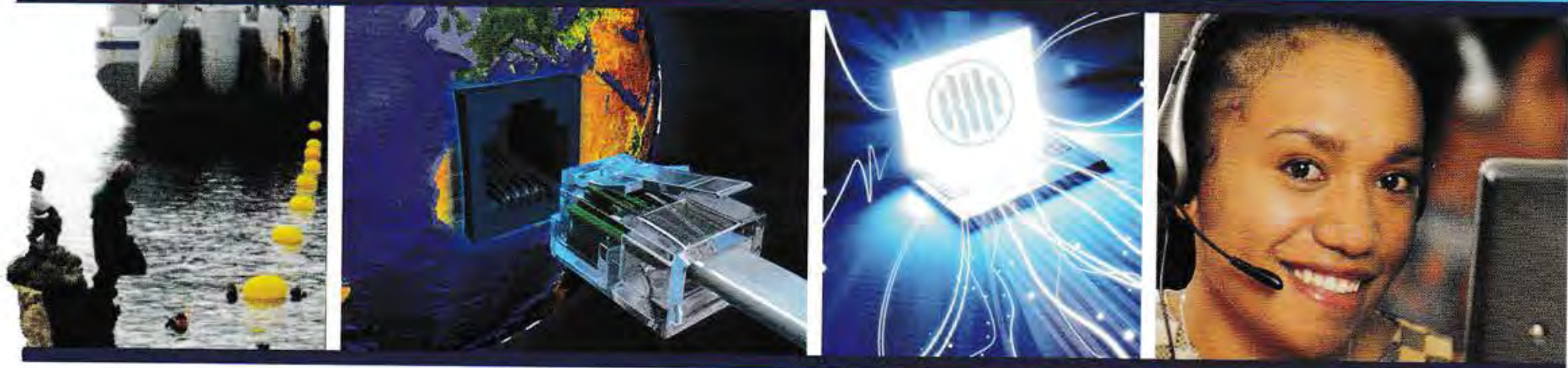
TELIKOM PNG is in the business of connecting Papua New Guineans to the world, and across our challenging landscapes. We provide you with high speed internet connections, quality national and international connections, and a mobile service second to none. All backed up by our satellite earth station network, undersea cables connections and more capacity than our competitors.

For business, for family, for fun. Let us connect you to the world, make contact and stay connected longer. Contact your nearest branch office or visit us at [www.telikompng.com.pg](http://www.telikompng.com.pg)

**TELIKOM PNG...Always there!**



# GLOBAL REACH



## Connecting PNG to the world.

Telikom PNG provides:

- Point to point International Private Leased Circuits
- Connection of Toll Quality International calls
- High speed internet access to the world
- Satellite earth station offering diversity and capacity
- Bigger capacity and improved redundancy through two undersea cables connecting Port Moresby to Sydney, Madang to Sydney and Madang to Guam

Contact your nearest Telikom branch office

Call 24/7 Customer Care on **345 6789**

[www.telikompng.com.pg](http://www.telikompng.com.pg)

