



## **Confidentiality Statement for Empowered Relationships**

At Empowered Relationships, we are committed to safeguarding your privacy and maintaining the highest standards of confidentiality. We take your privacy seriously and adhere to the General Data Protection Regulation (GDPR) guidelines. Our confidentiality policy is as follows:

### **1. Confidentiality Assurance:**

- All information and discussions shared during coaching sessions, including personal, professional, or sensitive matters, are treated with the utmost confidentiality.

### **2. Exception to Confidentiality:**

- Confidentiality may be breached only in cases where there is a significant risk of harm to you or others. In such circumstances, our primary duty is to ensure the safety and well-being of all parties involved.

### **3. Course of Action in Case of Risk:**

- If a risk of harm to yourself or others is identified, we will, wherever possible, advise you of our concerns and the need for further action to address the risk.

### **4. Referral and Possible Action:**

- In cases of harm, we may recommend or facilitate a referral to appropriate mental health professionals or relevant authorities to ensure your safety or the safety of others.

### **5. Informed Consent:**

- Before any action is taken, we will strive to obtain your informed consent to share necessary information with the relevant parties, explaining the reasons for doing so.

### **6. Shared Information:**

- If confidentiality is breached, you will be informed about what information has been shared and with whom, to the extent permitted by law and ethical standards.

Your trust and privacy are paramount to us, and we take our responsibility to protect your well-being seriously. If you have any questions or concerns about this confidentiality statement, please feel free to discuss them with your coach or contact our team.