



Disclaimer for Empowered Relationships Therapeutic Relationship Coaching

Roles and Responsibilities

Empowered Relationships - Therapeutic Relationship Coaching is committed to providing a supportive environment for clients to explore possibilities of growth and change. Our approach is rooted in EMBTherapy theory and methodology, which is underpinned by sociological and psychological perspectives. However, it is essential to clarify the roles and responsibilities of both the coach and the client in this therapeutic relationship:

Responsibilities of the Coach:

1. The coach's role is to hold the space for the client to explore their own path towards empowerment and personal growth within the framework of the Empowerment Programme.
2. The coach will not provide direct advice or make decisions on behalf of the client. Instead, they will assist the client in self-discovery and help them make their own informed choices.
3. The coach follows the code of ethics of the International Authority for Professional Coaching & Mentoring (IAPC&M) and is committed to maintaining the highest standards in the coaching profession.
4. Accreditation is granted by the IAPC&M, recognising the coach's status as a Master Practitioner Relationship Coach.

Responsibilities of the Client:

1. Clients are responsible for their own learning and progress. The coach's role is to facilitate this process, but the onus is on the client to engage actively and take ownership of their personal development.
2. Clients are expected to turn up for sessions, commit to the work, and be consistent in their efforts. A successful coaching relationship requires mutual respect and dedication from both parties.
3. Empowered Relationships Therapeutic Relationship Coaching respects the client's autonomy and supports their journey toward empowerment, but it is the client's responsibility to make choices and decisions that align with their goals and values.

Please understand that the effectiveness of our coaching relationship is contingent on the collaboration and commitment of both the coach and the client. If you have any questions or concerns about this disclaimer or our approach, please feel free to discuss them with your coach.