



Empowered Relationships Therapeutic Relationship Coaching Privacy Policy:

1. Introduction:

Empowered Relationships recognises the importance of your privacy and is committed to protecting the confidentiality of your personal information. This Privacy Policy outlines how we collect, use, and safeguard your data when you engage with our Therapeutic Relationship Coaching services, including the use of EMBTherapy.

2. Information We Collect:

We may collect personal information such as your name, contact details, and relevant background information for the purpose of providing effective coaching services. Additionally, EMBTherapy may capture session data, including audio or written content, solely for therapeutic assessment and improvement.

3. Use of Information:

Your personal information is utilised exclusively for the provision of Therapeutic Relationship Coaching services. We do not share, sell, or disclose your data to third parties without your explicit consent, except where required by law.

4. Data Security:

Empowered Relationships employs industry-standard security measures to protect your personal information. We use encryption, access controls, and secure storage to ensure the confidentiality and integrity of your data.

5. Consent:

By engaging in Therapeutic Relationship Coaching with EMBTherapy, you consent to the collection and use of your personal information as outlined in this Privacy Policy. You have the right to withdraw your consent at any time, which may impact the provision of our services.

6. Data Retention:

We retain your personal information only for as long as necessary to fulfil the purposes outlined in this Privacy Policy. Session data is anonymised and stored securely for a limited period to enhance coaching effectiveness.

7. Access and Correction:

You have the right to access, correct, or update your personal information. If you wish to exercise this right or have concerns about the accuracy of your data, please contact us at louise@empoweredrelationships.co.uk.

8. Changes to Privacy Policy:

Empowered Relationships reserves the right to update this Privacy Policy periodically. Any changes will be communicated through our website or directly to you, ensuring transparency about how your data is handled.



By continuing to engage with Empowered Relationships and EMBTherapy, you acknowledge and agree to the terms of this Privacy Policy. If you have any questions or concerns, please contact us at louise@empoweredrelationships.co.uk

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