



Terms and Conditions for Data Protection

1. **Introduction:** These Terms and Conditions for Data Protection (hereafter referred to as "Terms") govern the data protection practices of Empowered Relationships Ltd, a company registered in the United Kingdom (Company Registration Number: 15206169). These Terms outline our commitment to protecting your personal data in compliance with UK data protection regulations, including the General Data Protection Regulation (GDPR).
2. **Data Collection and Processing**
 - 2.1. Purpose of Data Collection Empowered Relationships Ltd collects and processes personal data for the sole purpose of providing our services, which may include relationship counselling, coaching, or related services. Data collected may include, but is not limited to, names, contact information, medical information, and relationship history.
 - 2.2. Data Minimization We collect only the data that is necessary to fulfil our service offerings. Personal data will be processed lawfully, fairly, and transparently.
 - 2.3. Verbal Data Confidentiality In addition to written and electronic data, Empowered Relationships Ltd acknowledges the importance of verbal data confidentiality. Any information shared during verbal consultations will be treated with the utmost confidentiality and will not be disclosed to third parties without your explicit consent.
3. **Consent**
 - 3.1. Explicit Consent By engaging with our services, you provide explicit consent for Empowered Relationships Ltd to process your personal data in accordance with these Terms.
 - 3.2. Withdrawal of Consent You have the right to withdraw your consent at any time. If you choose to do so, please contact us at [Your Contact Information]. However, please be aware that withdrawing your consent may impact our ability to provide services effectively.
4. **Data Security**
 - 4.1. Data Security Measures Empowered Relationships Ltd takes comprehensive measures to ensure the security of your personal data. These measures include encryption, access controls, regular security audits, and staff training.
 - 4.2. Data Breach Notification In the event of a data breach, we will promptly notify you and the appropriate regulatory authorities in accordance with UK regulations.
5. **Data Sharing**
 - 5.1. Third-Party Data Sharing We may share your data with third-party service providers or other entities, but only when necessary for the provision of our services. These third parties are contractually bound to uphold data protection standards that align with our own.
 - 5.2. Legal Requirements We may also share your data when required by law or as necessary to protect our legal rights or comply with legal obligations.
6. **Data Retention**

We will retain your data only for as long as is necessary to fulfil the purposes outlined in these Terms or as required by applicable laws and regulations.

7. Your Rights

You have the following rights regarding your personal data:

- Right to access: You can request access to your personal data.



- Right to rectify: You can request corrections to inaccurate or incomplete data.
- Right to erasure: You can request the deletion of your personal data under certain circumstances.
- Right to object: You can object to the processing of your data for specific purposes.
- Right to data portability: You can request the transfer of your data in a structured, commonly used, and machine-readable format.

8. Contact Information

If you have any questions, concerns, or requests related to your personal data and these Terms, please contact us at:

Empowered Relationships Ltd – <https://empoweredrelationships.co.uk/more-info-please>

9. Changes to the Terms

Empowered Relationships Ltd reserves the right to update or modify these Terms as necessary to comply with evolving data protection regulations. We will notify you of any significant changes.

By engaging with our services, you signify your acceptance of these Terms and consent to the processing of your personal data as described herein.